

2012 Squat

	Wt. Class	First Name	Surname	Squat	Wilks	
Equipped						
Mens Sub Jun, Junior	1	120.0	Andrew	Cameron	332.5	193.7
	2	74.0	Justin	Van Schyndel	217.5	161.4
	3	83.0	Jake	Wood	237.5	159.8
	4	74.0	Justin	Van Schyndel	210.0	156.9
	5	93.0	Andrew	Wilson	240.0	151.2
Classic						
	1	74.0	Michael	Clement	220.0	158.2
	2	83.0	Mark	Marotta	227.5	152.2
	3	66.0	Daniel	Daniel Remulla	192.5	151.3
	4	93.0	Chad	Patrick	235.0	149.8
	5	83.0	Nikkolas	Trillo	217.5	147.6

2012 Bench

	Wt. Class	First Name	Surname	Squat	Wilks	
Equipped						
	1	120.0	Andrew	Cameron	230.0	134.0
	2	74.0	Justin	Van Schyndel	150.0	112.0
	3	83.0	Jake	Wood	165.0	111.0
	4	93.0	Andrew	Wilson	150.0	94.5
	5	120+	Chad	Farquhar	147.5	82.3
Classic						
	1	66.0	Daniel	Daniel Remulla	135.0	106.1
	2	74.0	Michael	Clement	140.0	100.7
	3	83.0	Mark	Marotta	135.0	90.3
	4	83.0	Ferando	Serraino	130.0	90.0
	5	83.0	Cody	Buchenauer	130.0	87.3

2012 Deadlift

	Wt. Class	First Name	Surname	Squat	Wilks	
Equipped						
	1	83.0	Jake	Wood	285.0	191.8
	2	120.0	Andrew	Cameron	285.0	166.0
	3	120.0	Kevin	O'Brien	265.0	156.2
	4	93.0	Andrew	Wilson	247.5	155.9
	5	74.0	Justin	Van Schyndel	200.0	149.4
Classic						
	1	93.0	Chad	Patrick	287.5	183.2
	2	83.0	Nikkolas	Trillo	260.0	176.4
	3	66.0	Daniel	Remulla	220.0	173.0
	4	74.0	Michael	Clement	240.0	172.6
	5	83.0	Cody	Buchenauer	255.0	171.3

2012 Total

	Wt. Class	First Name	Surname	Squat	Wilks	
Equipped						
	1	120.0	Andrew	Cameron	847.5	493.6
	2	83.0	Jake	Wood	687.5	462.6
	3	74.0	Justin	Van Schyndel	567.5	421.2
	4	93.0	Andrew	Wilson	637.5	401.5
	5	120.0	Kevin	O'Brien	620.0	365.4
Classic						
	1	74.0	Michael	Clement	600.0	431.6
	2	66.0	Daniel	Daniel Remulla	547.5	430.4
	3	74.0	Michael	Clement	562.5	409.4
	4	83.0	Nikkolas	Trillo	600.0	407.1
	5	83.0	Ferando	Serraino	587.5	406.6

	Wt. Class	First Name	Surname	Squat	Wilks	
Equipped						
Mens M1	1	93.0	Dave	Walters	307.5	195.6
	2	83.0	Hoi	Leung	260.0	173.7
	3	120.0	Sheldon	Duncan	290.0	170.2
	4	105.0	Roberto	Celio	275.0	166.9
	5	83.0	Sandro	D'Angelo	240.0	160.9
Classic						
	1	120+	Robert	Fortney	272.5	153.9
	2	120+	Chris	Yantha	257.5	146.0
	3	93.0	Dave	Walters	230.0	145.2
	4	93.0	Leon	Brown	225.0	143.2
	5	105.0	Brent	Cecchini	235.0	141.9

	Wt. Class	First Name	Surname	Squat	Wilks	
Equipped						
	1	93	Dave	Walters	255	162.245
	2	120	Sheldon	Duncan	227.5	133.552
	3	120+	Peter	McGill	215	121.405
	4	83	Hoi	Leung	170	113.638
	5	83	Sandro	D'Angelo	160	107.263
Classic						
	1	93.0	Leon	Brown	190.0	121.4
	2	93.0	Dave	Walters	185.0	116.8
	3	120.0	Gerry	Frenette	175.0	101.1
	4	105.0	Andy	Childs	168.5	100.9
	5	120+	John	Beres	175.0	97.7

	Wt. Class	First Name	Surname	Squat	Wilks	
Equipped						
	1	83.0	Hoi	Leung	280.0	187.2
	2	120.0	Sheldon	Duncan	302.5	177.6
	3	83.0	Sandro	D'Angelo	262.5	176.0
	4	93.0	Dave	Walters	275.0	175.0
	5	93.0	Dave	Bolton	265.0	171.0
Classic						
	1	83.0	Bhojkumar	Jagnarine	265.0	180.9
	2	83.0	Sandro	D'Angelo	250.0	169.0
	3	105.0	Craig	Hirota	280.0	167.8
	4	105.0	Andy	Childs	280.0	167.8
	5	120+	Chris	Yantha	292.5	165.9

	Wt. Class	First Name	Surname	Squat	Wilks	
Equipped						
	1	93.0	Dave	Walters	835.0	531.3
#	2	120.0	Sheldon	Duncan	820.0	481.4
#	3	83.0	Hoi	Leung	700.0	467.9
#	4	83.0	Sandro	D'Angelo	662.5	444.1
#	5	93.0	Dave	Bolton	670.0	432.2
Classic						
	1	93.0	Leon	Brown	670.0	426.3
	2	93.0	Dave	Walters	655.0	413.6
	3	105.0	Andy	Childs	679.5	407.0
	4	120+	Chris	Yantha	700.0	397.0
	5	83.0	Sandro	D'Angelo	585.0	395.4

	Wt. Class	First Name	Surname	Squat	Wilks	
Equipped						
Mens M2, M3, M4	1	120.0	Ron	Strong	300.0	172.5
	2	105.0	Patrick	Hartwick	272.5	164.3
	3	93.0	Jerry	Marentette	257.5	162.3
	4	74.0	Glyn	Moore	212.5	153.1
	5	74.0	Frank	Nadeau	200.0	144.8
Classic						
	1	120.0	Mark	Giffin	265.0	153.9
	2	120.0	Ron	Strong	242.5	139.6
	3	105.0	Jerry	Marentette	217.5	136.5
	4	93.0	Ross	Lattanzio	205.0	129.0
	5	83.0	Steve	Holden	187.5	126.9

	Wt. Class	First Name	Surname	Squat	Wilks	
Equipped						
	1	74.0	Frank	Nadeau	162.5	117.7
	2	120.0	Ron	Strong	200.0	115.0
	3	120+	Mike	Knott	205.0	114.2
	4	93.0	Jerry	Marentette	177.5	111.9
	5	83.0	Glyn	Moore	150.0	104.7
Classic						
	1	120.0	Mark	Giffin	217.5	126.3
	2	93.0	Rosario	Lattanzio	170.0	107.2
	3	74.0	Greg Platsko	Power Pit	130.0	93.8
	4	120.0	Ron	Strong	162.5	93.5
	5	74.0	Paul	Charron	125.0	90.7

	Wt. Class	First Name	Surname	Squat	Wilks	
Equipped						
	1	120.0	Ron	Strong	320.0	184.0
	2	93.0	Jerry	Marentette	270.0	170.2
	3	83.0	James	Abraham	242.5	163.2
	4	74.0	Frank	Nadeau	215.0	155.7
	5	74.0	Glyn	Moore	210.0	151.3
Classic						
	1	120.0	Ron	Strong	303.0	174.7
	2	105.0	Jerry	Marentette	265.0	166.3
	3	120.0	Mark	Giffin	285.0	165.5
	4	74.0	Greg	Platsko	220.0	158.7
	5	83.0	Donald	Carrieres	217.5	146.6

	Wt. Class	First Name	Surname	Squat	Wilks	
Equipped						
	1	120.0	Ron	Strong	820.0	471.6
	2	93.0	Jerry	Marentette	705.0	444.5
	3	74.0	Frank	Nadeau	577.5	418.2
	4	74.0	Glyn	Moore	562.5	405.4
	5	83.0	James	Abraham	602.5	403.9
Classic						
	1	120.0	Mark	Giffin	767.5	445.7
	2	120.0	Ron	Strong	707.5	407.2
	3	105.0	Jerry	Marentette	622.5	390.7
	4	93.0	Rosario	Lattanzio	575.0	362.5
	5	74.0	Greg	Platsko	500.0	360.7

	Wt. Class	First Name	Surname	Squat	Wilks	
Equipped						
Mens Open	1	93.0	Dave	Walters	307.5	195.6
	2	120+	Jason	Byrne	345.5	195.4
	3	120.0	Andrew	Cameron	332.5	193.7
	4	74.0	Jamie	Stephen	252.5	183.0
	5	83.0	Hoi	Leung	260.0	173.7
Classic						
	1	120.0	Michael	Sinclair	320.0	184.9
	2	105.0	Eric	Gagnon	285.0	170.4
	3	93.0	Frank	Butty	265.0	166.6
	4	105.0	Mike	Dickinson	275.0	166.6
	5	120+	Jason	Byrne	287.5	162.9

	Wt. Class	First Name	Surname	Squat	Wilks	
Equipped						
	1	93.0	Dave	Walters	255.0	162.2
	2	120+	Jason	Byrne	237.5	134.3
	3	120.0	Andrew	Cameron	230.0	134.0
	4	120.0	Sheldon	Duncan	227.5	133.6
	5	93.0	Zurab	Dzamukashvili	200.0	132.0
Classic						
	1	120.0	Michael	Sinclair	220.0	127.1
	2	120.0	Mark	Giffin	217.5	126.3
	3	93.0	Leon	Brown	190.0	121.4
	4	93.0	Vincent	Byrne	190.0	119.4
	5	93.0	Leon	Brown	185.0	117.7

	Wt. Class	First Name	Surname	Squat	Wilks	
Equipped						
	1	83.0	Zurab	Dzamukashvili	330.0	221.6
	2	83.0	Jake	Wood	285.0	191.8
	3	74.0	Jamie	Stephen	260.0	188.5
	4	83.0	Hoi	Leung	280.0	187.2
	5	120.0	Ron	Strong	320.0	184.0

Womens M1, M2, M3	Wt.	Class	First Name	Surname	Squat	Wilks
	Equipped					
	1	63.0	Julie	Watkin	142.5	161.4
	2	63.0	Glorianne	Papolis	145.0	156.5
	3	52.0	Jayne	Major	122.5	155.0
	4	84.0	Jackie	Pritchard	157.5	149.7
5	52.0	Sue	Thomson	107.5	138.5	
Classic						
1	52.0	Jayne	Major	105.0	133.7	
2	84+	Lesley	Hammil	142.5	116.3	
3	72.0	Linda	Rousseau	105.0	103.7	
4	57.0	Maria	Commisso	85.0	99.6	
5	84+	Janine	Wheeler	120.0	98.1	

	Wt.	Class	First Name	Surname	Squat	Wilks
	Equipped					
	1	52.0	Sue	Thomson	77.5	99.9
	2	84.0	Jackie	Pritchard	95.0	90.3
	3	52.0	Jayne	Major	70.0	88.6
	4	63.0	Julie	Watkin	80.0	88.4
5	84.0	Lisa	Nigh	90.0	85.1	
Classic						
1	52.0	Jayne	Major	57.5	72.4	
2	63.0	Lynn	Lister	65.0	70.9	
3	84+	Lesley	Hammil	75.0	61.2	
4	72.0	Linda	Rousseau	60.0	59.2	
5	84+	Shelley	Colter	70.0	56.5	

	Wt.	Class	First Name	Surname	Squat	Wilks
	Equipped					
	1	52.0	Jayne	Major	140.0	177.2
	2	63.0	Julie	Watkin	152.5	172.7
	3	63.0	Glorianne	Papolis	160.0	172.7
	4	52.0	Sue	Thomson	125.0	161.1
5	84.0	Lisa	Nigh	162.5	153.7	
Classic						
1	52.0	Jayne	Major	130.0	165.5	
2	84+	Lesley	Hammil	167.5	136.8	
3	63.0	Lynn	Lister	112.5	124.5	
4	57.0	Maria	Commisso	105.0	123.0	
5	84+	Janine	Wheeler	145.0	118.5	

	Wt.	Class	First Name	Surname	Squat	Wilks
	Equipped					
	1	63.0	Julie	Watkin	372.5	421.9
	2	52.0	Jayne	Major	332.5	420.7
	3	63.0	Glorianne	Papolis	382.5	412.8
	4	52.0	Sue	Thomson	310.0	399.4
5	84.0	Jackie	Pritchard	405.0	385.0	
Classic						
1	52.0	Jayne	Major	285.0	362.8	
2	84+	Lesley	Hammil	385.0	314.3	
3	63.0	Lynn	Lister	252.5	279.4	
4	72.0	Linda	Rousseau	280.0	276.7	
5	57.0	Maria	Commisso	227.5	266.6	

Womens Open	Wt.	Class	First Name	Surname	Squat	Wilks
	Equipped					
	1	72.0	Sarah	Leighton	210.0	207.3
	2	63.0	Mary Ann	Kaczor	170.0	183.2
	3	63.0	Stacey	Jensen	160.0	173.1
	4	63.0	Julie	Watkin	142.5	161.4
5	63.0	Glorianne	Papolis	145.0	156.5	
Classic						
1	63.0	Maggie	Rafferty	147.5	166.2	
2	72.0	Sarah	Leighton	145.0	143.8	
3	57.0	Trisha	Boyle	117.5	138.6	
4	72.0	Mary Ann	Kaczor	130.0	136.4	
5	63.0	Frances	Manias	125.0	136.2	

	Wt.	Class	First Name	Surname	Squat	Wilks
	Equipped					
	1	72.0	Sarah	Leighton	127.5	126.1
	2	63.0	Mary Ann	Kaczor	102.5	110.5
	3	63.0	Stacey	Jensen	100.0	108.2
	4	52.0	Sue	Thomson	77.5	99.9
5	72.0	Susan	Abbott	97.5	95.6	
Classic						
1	72.0	Sarah	Leighton	95.0	94.2	
2	63.0	Maggie	Rafferty	75.0	83.7	
3	72.0	Mary Ann	Kaczor	77.5	81.3	
4	84+	Erin	Denton	92.5	78.0	
5	72.0	Frances	Manias	75.0	77.5	

	Wt.	Class	First Name	Surname	Squat	Wilks
	Equipped					
	1	63.0	Stacey	Jensen	172.5	186.6
	2	72.0	Sarah	Leighton	187.5	184.9
	3	63.0	Mary Ann	Kaczor	170.0	182.8
	4	52.0	Jayne	Major	140.0	177.2
5	63.0	Julie	Watkin	152.5	172.7	
Classic						
1	57.0	Maggie	Rafferty	162.5	189.9	
2	63.0	Frances	Manias	157.5	171.6	
3	72.0	Sarah	Leighton	172.5	171.1	
4	72.0	Amy	Welcome	165.0	166.3	
5	52.0	Jayne	Major	130.0	165.5	

	Wt.	Class	First Name	Surname	Squat	Wilks
	Equipped					
	1	72.0	Sarah	Leighton	517.5	511.8
	2	63.0	Mary Ann	Kaczor	442.5	475.8
	3	63.0	Stacey	Jensen	432.5	467.9
	4	63.0	Julie	Watkin	372.5	421.9
5	52.0	Jayne	Major	332.5	420.7	
Classic						
1	57.0	Maggie	Rafferty	365.0	426.5	
2	72.0	Sarah	Leighton	412.5	409.2	
3	63.0	Frances	Manias	352.5	384.2	
4	72.0	Mary Ann	Kaczor	360.0	377.7	
5	57.0	Trisha	Boyle	312.5	368.7	

