

2014 - Contest Entry Form



Use this form if you wish to enter an Ontario Powerlifting Association sanctioned contest.
Send the completed form along with the appropriate fees to the contact indicated in the contest details.

Name of Contest: _____ **Date of Contest:** _____
Your Name: _____ **Phone#:** _____
Address: _____
Email: _____
Club Representing: _____ **Or Unattached**

CPU Card#: _____ **Weight Class:** _____ **kg** **Male** **Female** **Date of Birth (dd/mm/yy):** _____
Contest Category Entered: (check all that apply) **Equipped** **Classic**
3-Lift **Deadlift only** **Bench only** **Special Athlete** **Parasport** **Novice**
Sub-Junior **Junior** **Open** **Master I** **Master II** **Master III** **Master IV**
T-Shirt Size: _____

Required Information for Provincial or National Championships: (Note if this section is not filled out, you will not be considered qualified for Championships. All qualifying totals must be within 24 months of the competition for which you are applying)

Qualifying Total: _____ **Date of Qualifying Total: (dd/mm/yy):** _____
Where Qualifying Total was obtained: _____

You must be registered with the O.P.A. (Ontario Powerlifting Association) or C.P.U. (Canadian Powerlifting Union) or recognized I.P.F. (International Powerlifting Federation) affiliate. Registration cards must be shown at weigh-in.

I.P.F. Rules will be strictly enforced. The O.P.A. and C.P.U. reserves the right to carry out drug testing at any contest under their jurisdiction. In order to have the right to a Provincial, National or International record, it will be required of me to undergo a drug screening test before I may be declared the record holder.

Should there be an instance during competition where I am not medically able to determine emergency medical care for myself, I authorize the Ontario Powerlifting Association or Ontario Powerlifting Club officials to take such measures and arrange for such medical and hospital treatment as they may deem advisable for my health and well-being.

In consideration of your acceptance, I hereby intend to be legally bound for myself: my heirs, executors or assigns waive and release any and all rights and claims for damages I may have against the C.P.U., the O.P.A., the Directors, the Executives or their representatives and successors and/or assigns, and the sponsors of this contest for any and all injuries suffered by me at the said contest.

The cost of the record application is now \$75.00 regardless if you are or are not drug tested. If applying for an Ontario record or both Ontario and Canadian Record the cost is the same. As far as Canadian records are concerned they are adhering to the 7 day time limit. If they have not received your application and payment within 7 days you lose your chance to claim the accomplishment. Ontario is adhering to a 21 day time limit to claim provincial records. National records may be claimed directly through the Canadian Powerlifting Union. Ontario Records may be claimed through the Ontario Records Chairperson.

Signature of Competitor: _____ **Date:** _____

(Parent/Guardian if under 18)

Complete all areas of the form – Please Print Legibly. ALL ENTRY FEES ARE NON-REFUNDABLE