

Contest Entry Form



Use this form if you wish to enter an Ontario Powerlifting Association sanctioned contest.
Send the completed form along with the appropriate fees to the contact indicated in the contest details.

Name of Contest: _____ Date of Contest: _____

Meet Registration Fee: _____ Drug Testing Fee: \$15.00 Total (meet fee + drug fee) _____

The OPA and CPU follow the rules and regulations of the World Anti-Doping Agency (WADA). By competing in this competition, you accept the possibility of being selected for drug testing.

Your Name: _____ Phone#: _____

Address: _____

Email: _____

Club Representing: _____ Or Unattached

CPU Card#: _____ Weight Class: _____ kg Male Female Date of Birth (dd/mm/yy): _____

(last 10 digits)

Contest Category Entered: (check all that apply) Equipped Classic

3-Lift Deadlift only Bench only Special Athlete Parasport Novice

Sub-Junior Junior Open Master I Master II Master III Master IV

T-Shirt Size: _____

Required Information for Provincial or National Championships: (Note if this section is not filled out, you will not be considered qualified for Championships. All qualifying totals must be within 24 months of the competition for which you are applying)

Qualifying Total: _____ Date of Qualifying Total: (dd/mm/yy): _____

Where Qualifying Total was obtained: _____

You must be registered with the O.P.A.(Ontario Powerlifting Association) or C.P.U. (Canadian Powerlifting Union) or recognized I.P.F. (International Powerlifting Federation) affiliate. Registration cards must be shown at weigh-in.

I.P.F. Rules will be strictly enforced. The O.P.A. and C.P.U. reserves the right to carry out drug testing at any contest under their jurisdiction. In order to have the right to a Provincial, National or International record, it will be required of me to undergo a drug screening test before I may be declared the record holder.

Should there be an instance during competition where I am not medically able to determine emergency medical care for myself, I authorize the Ontario Powerlifting Association or Ontario Powerlifting Club officials to take such measures and arrange for such medical and hospital treatment as they may deem advisable for my health and well-being.

In consideration of your acceptance, I hereby intend to be legally bound for myself: my heirs, executors or assigns waive and release any and all rights and claims for damages I may have against the C.P.U., the O.P.A., the Directors, the Executives or their representatives and successors and/or assigns, and the sponsors of this contest for any and all injuries suffered by me at the said contest.

The cost of the record application is \$75.00 regardless if you are or are not drug tested. If applying for an Ontario record or both Ontario and Canadian Record the cost is the same. Both Ontario and Canadian records adhere to the 7 day time limit. If we have not received your application and payment within 7 days you lose your chance to claim the accomplishment. National records may be claimed directly through the Canadian Powerlifting Union. Ontario Records may be claimed through the Ontario Records Chairperson.

Signature of Competitor: _____ Date: _____

(Parent/Guardian if under 18)

Complete all areas of the form – Please Print Legibly. **ALL ENTRY FEES ARE NON-REFUNDABLE**