

# OPA Men's Top 31 All-Time Unequipped Bench Press

Effective 20th February 2016

Rank	Name	Prov	B/W	Class	Age	Bench	Wilks	Contest
1	Kelly Branton	ON	154.8	120+	Open	256.0	<b>141.00</b>	VI Commonwealth Championships
2	Leon Brown	ON	100.0	105	Masters 1	221.5	<b>134.80</b>	IPF Classic Worlds
3	Chris Aviado	ON	63.1	66	Masters 1	162.5	<b>132.52</b>	Ontario Classic Provincials
4	Michael Sinclair	ON	119.3	120	Open	227.5	<b>130.97</b>	Ottawa 3 Lift 2014
5	Mark Griffin	ON	118.3	120	Masters 2	225.0	<b>129.80</b>	Classic Nationals
6	Kenny Burton	ON	102.1	105	Open	205.0	<b>123.76</b>	Ottawa Strong Open
7	Stephen Jesso	ON	183.1	120+	Open	230.0	<b>123.44</b>	Ontario Classic Provincials
8	Michael Zivanovich	ON	141.3	120+	Open	220.0	<b>122.76</b>	Ontario Classic Provincials
9	Jason Byrne	ON	133.7	120+	Open	217.5	<b>122.43</b>	Ontario Classic Provincials
10	Vincent Byrne	ON	88.6	93	Open	190.0	<b>122.28</b>	Belle River Open
11	Ian Sanderson	ON	117.5	120	Open	210.0	<b>121.34</b>	Ontario Classic Provincials
12	Erik Willis	ON	118.4	120	Open	210.0	<b>121.13</b>	Classic Nationals
13	Khashayar Farzam	ON	81.1	83	Open	177.5	<b>120.15</b>	Classic Nationals
14	Jason Seabrook	ON	118.3	120	Open	207.5	<b>119.70</b>	Belle River Open
15	Tim Ekert	ON	131.7	120+	Open	210.0	<b>118.50</b>	Classic Provincials
16	Daniel Remulla	ON	65.7	66	Open	150.0	<b>118.22</b>	Classic Nationals
17	Mike Pearl	ON	73.0	74	Junior	162.5	<b>118.04</b>	Belle River Open
18	Mike Schin	ON	110.5	120	Masters 1	200.0	<b>117.54</b>	2015 Niagara Open
19	Dave Walters	ON	92.0	93	Masters 1	185.0	<b>116.82</b>	Ontario Provincials
20	Art Chan	ON	79.4	83	Open	170.0	<b>116.52</b>	Classic Nationals
21	Brandon Summers	ON	91.1	93	Open	182.5	<b>115.80</b>	Ontario Classic Provincials
22	Trung Lieu	ON	103.9	105	Open	192.5	<b>115.46</b>	Ottawa 3 Lift 2014
23	William Magyar	ON	81.9	83	Open	170.0	<b>114.40</b>	Belle River Open
24	Kyle Leech	ON	102.8	105	Open	190.0	<b>114.40</b>	Ontario Classic Provincials
25	Fernando Serraino	ON	82.5	83	Open	170.0	<b>113.88</b>	Ontario Classic Provincials
26	Brandon Racicot	ON	108.2	120	Open	190.0	<b>112.40</b>	Classic Nationals
27	Loc Nguyen	ON	71.6	74	Open	152.5	<b>112.35</b>	Ontario Classic Provincials
28	Jesse Moores	ON	65.7	65	Open	142.5	<b>112.30</b>	Classic Nationals
29	Jeffery Herbert	ON	136.8	120+	Open	200.0	<b>112.16</b>	Toronto Supershow
30	Mohamed Arnaout	ON	75.2	83	Junior	157.5	<b>112.01</b>	Belle River Open
31	Nicholas Di Nardo	ON	92.6	93	Junior	177.5	<b>111.74</b>	Classic Nationals

Date
4/Dec/15
7/Jun/15
21/Nov/15
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