

AgeClass	Wt. Class	Name	Club	Bwt.	M/F	1stSq	2ndSq	3rdSq	Squat	1stBen	2ndBen	3rdBen	Bench	Sub Total	1stD/L	2ndD/L	3rdD/L	D/L	Total	Wilks	Place
Junior	57	Jennifer Wilkinson	.	54	Female	72.5	77.5	82.5	82.5	37.5	42.5	-45	42.5	125	92.5	102.5	110	110	235	284.4895	1
M1	63	Frances Manias	Dundas Valley	62.8	Female	112.5	117.5	120	120	67.5	70	72.5	72.5	192.5	142.5	152.5	-160	152.5	345	371.409	1
Open	63	Lynn Wardle	.	57.3	Female	92.5	100	105	105	60	65	-70	65	170	125	135	142.5	142.5	312.5	361.1353	2
Open	63	Phoebe Rockman	.	62.7	Female	-85	90	-95	90	42.5	47.5	-52.5	47.5	137.5	100	107.5	115	115	252.5	272.1572	3
Open	72	Krystal Ramsden	.	69.8	Female	-92.5	-92.5	-92.5													
Junior	72	Jenna Rogers	Niagara	64	Female	97.5	105	110	110	52.5	57.5	-62.5	57.5	167.5	97.5	107.5	115	115	282.5	299.8155	1
Open	66	Craig Latendresse	.	64.8	Male	160	-165	-165	160	120	125	-130	125	285	190	-197.5	197.5	197.5	482.5	384.6761	1
Open	74	Alexander Franchuk	.	70.5	Male	165	175	182.5	182.5	110	-115	-115	110	292.5	180	190	200	200	492.5	367.0798	1
Junior	74	Winston Kelly-Campbell	.	72.9	Male	137.5	145	150	150	75	82.5	-87.5	82.5	232.5	155	170	182.5	182.5	415	301.7376	2
Open	74	Benedict San Juan	.	72.2	Male	145	-155	-155	145	80	85	-92.5	85	230	145	160	170	170	400	292.8848	3
Junior	74	Matthew Goldsmith	Steel City	74	Male	125	-132.5	-132.5	125	92.5	-100	-100	92.5	217.5	125	137.5	-142.5	137.5	355	255.3563	4
Open	83	Nikkolas Trillo	StrengthWOD	78.3	Male	217.5	227.5	-237.5	227.5	137.5	142.5	-147.5	142.5	370	247.5	262.5	-277.5	262.5	632.5	437.7976	1
M2	83	James Abraham	.	83	Male	-175	185	190	190	120	125	127.5	127.5	317.5	210	230	240	240	557.5	372.1309	2
Open	83	Christopher Reali	Toronto Rex	79.6	Male	160	170	-180	170	117.5	122.5	-127.5	122.5	292.5	210	220	230	230	522.5	357.8437	3
Junior	83	Lucas Franchuk-	.	82.4	Male	170	180	182.5	182.5	120	125	-130	125	307.5	205	-215	215	215	522.5	350.2808	4
M1	83	Mike Lambie	.	79.7	Male	120	127.5	135	135	95	107.5	-117.5	107.5	242.5	200	217.5	227.5	227.5	470	321.6316	5
Open	83	Jamal Eiriksson	Steel City	81.6	Male	140	-150	150	150	127.5	-137.5	-137.5	127.5	277.5	170	182.5	190	190	467.5	315.2649	6
M2	83	Peter Ring	.	79.9	Male	130	140	145	145	110	115	-120	115	260	165	175	-182.5	175	435	297.2084	7
Junior	93	Zach Pare	Steel City	90.5	Male	170	182.5	-187.5	182.5	127.5	137.5	140	140	322.5	205	215	225	225	547.5	348.5431	1
M3	93	Miroslav Koprnicky	.	92.7	Male	140	155	165	165	125	135	-143	135	300	165	185	200	200	500	314.5785	2
Junior	93	Lee Eckensweiler	.	84.5	Male	172.5	180	-185	180	110	-117.5	-117.5	110	290	172.5	185	192.5	192.5	482.5	318.7209	3
Open	93	Colin Marshall	.	92.9	Male	125	-175	-175	125	82.5	110	-137.5	110	235	150	200	230	230	465	292.2577	4
Junior	93	Jeff Cloutier	Ultimate Fitness	89.6	Male	-145	145	165	165	82.5	90	92.5	92.5	257.5	172.5	187.5	195	195	452.5	289.5313	5
aSubJun	93	Seamus Smith	.	91.6	Male	130	-140	140	140	110	117.5	-125	117.5	257.5	190	-195	190	190	447.5	283.1788	6
Open	105	Jordan Barber	.	93.1	Male	220	-232.5	240	240	160	165	-175	165	405	220	230	240	240	645	404.9764	1
Open	105	Cass Evans	.	97	Male	-185	200	-212.5	200	130	140	-145	140	340	232.5	247.5	260	260	600	369.7998	2
Open	120	Zachary Warrick	.	113.1	Male	212.5	230	235	235	152.5	-165	-165	152.5	387.5	257.5	270	275	275	662.5	386.7069	1
Open	120	Pedro Tondo	.	117.9	Male	215	225	230	230	130	147.5	-162.5	147.5	377.5	190	210	227.5	227.5	605	349.2987	2
Junior	120	Yaroslav Mormil	Dundas Valley	115.5	Male	205	215	227.5	227.5	125	130	-135	130	357.5	217.5	-230	230	230	587.5	340.975	3
M1	120	Kevin Blanchette	.	115.9	Male	-145	155	-160	155	145	157.5	-165	157.5	312.5	187.5	-205	217.5	217.5	530	307.3249	4
Open	120+	Michael Zivanovich	Steel City	139.5	Male	260	272.5	290	290	190	205	-220	205	495	255	270	277.5	277.5	772.5	431.9101	1
Open	120+	Stephen Jesso	.	146.8	Male	160	170	200	200	160	170	-182.5	170	370	150			150	520	288.5899	2