

Provincial Championship 2010

23/01/2010																					
Name	Div	BWt	WtCls	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	S/T	D/L 1	D/L 2	D/L 3	Best D/L	Total	Wilks	Placing	Tm Pts	Team
Kristen Sweeney	F-Jr	59.1	60	105.0	-112.5	-112.5	105.0	50.0	-55.0	-55.0	50.0	155.0	125.0	141.0	-150.5	141.0	296.0	333.9	1-F-Jr--60	12	Phoenix
Ashley Werner	F-Jr	65.0	67.5	90.0	95.0	105.0	105.0	62.5	67.5	72.5	72.5	177.5	112.5	127.5	143.0	143.0	320.5	336.2	1-F-Jr-67.5	12	Defining Edge
Stacey Jensen	F-Jr	64.7	67.5	90.0	105.0	-107.5	105.0	55.0	62.5	-67.5	62.5	167.5	125.0	-137.5	-137.5	125.0	292.5	307.9	2-F-Jr-67.5	9	
Rebecca McKeen	F-Jr	68.7	75	115.0	125.0	-142.5	125.0	52.5	-60.0	60.0	60.0	185.0	115.0	-145.0	147.5	147.5	332.5	335.1	1-M-Jr-75	12	Iron Works
Julie Watkin	F-MI	59.3	60	107.5	120.0	130.0	130.0	62.5	67.5	-70.0	67.5	197.5	135.0	145.0	151.0	151.0	348.5	392.1	1-F-MI-60	12	
Jackie Pritchard	F-MI	72.9	75	140.0	150.0	-160.0	150.0	85.0	90.0	-92.5	90.0	240.0	135.0	140.0	145.0	145.0	385.0	372.7	1-F-MI-75	12	Niagara
Ulrike Kruger	F-MI	75.3	82.5	155.0	-165.0	165.0	165.0	60.0	65.0	67.5	67.5	232.5	140.0	150.0	155.0	155.0	387.5	367.5	1-F-MI-82.5	12	Toronto Rex
Tracy Dunning	F-MI	83.5	90	80.0	110.0	-130.0	110.0	70.0	82.5	85.0	85.0	195.0	-145.0	145.0	162.5	162.5	357.5	319.8	1-F-MI-95	12	
Sue Thomson	F-MII	47.4	48	80.0	-85.0	-85.0	80.0	50.0	55.0	57.5	57.5	137.5	95.0	100.0	-105.0	100.0	237.5	317.5	1-F-MII-48	12	Capital Barbell
Grace Bartel	F-MII	53.8	56	-80.0	80.0	-90.0	80.0	-52.5	52.5	57.5	57.5	137.5	115.0	125.0	-135.0	125.0	262.5	318.7	1-F-MII-56	12	Niagara
Jane Lessard	F-MII	59.5	60	105.0	110.0	115.0	115.0	65.0	67.5	-70.0	67.5	182.5	105.0	112.5	117.5	117.5	300.0	336.6	1-F-MII-60	12	
Althea Flegg	F-MII	60.2	67.5	110.0	120.0	125.0	125.0	52.5	57.5	60.0	60.0	185.0	110.0	120.0	-125.0	120.0	305.0	339.2	1-F-MII-67.5	12	
Karen Allison	F-MII	79.7	82.5	132.5	140.0	147.5	147.5	80.0	-85.0	-85.0	80.0	227.5	135.0	140.0	-145.0	140.0	367.5	337.0	1-F-MII-82.5	12	
Maryl Lupton	F-MII	93.5	90+	80.0	85.0	90.0	90.0	45.0	-47.5	-47.5	45.0	135.0	110.0	115.0	122.5	122.5	257.5	219.2	1-F-MII-90+	12	Defining Edge
Carol Brady	F-MIII	65.9	67.5	65.0	70.0	75.0	75.0	42.5	-47.5	47.5	47.5	122.5	80.0	85.0	90.0	90.0	212.5	220.7			Defining Edge
Maggie Rafferty	F-O	55.8	56	105.0	110.0	-117.5	110.0	60.0	62.5	-65.0	62.5	172.5	115.0	120.0	-130.0	120.0	292.5	345.1	1-F-O-56	12	Iron Works
Mary Ann Kaczor	F-O	66.1	67.5	127.5	137.5	-145.0	137.5	67.5	-75.0	75.0	75.0	212.5	145.0	-162.5	162.5	162.5	375.0	388.6	1-F-O-67.5	12	
Anita Santos	F-O	67.1	67.5	130.0	142.5	-147.5	142.5	70.0	-75.0	-75.0	70.0	212.5	130.0	145.0	-165.0	145.0	357.5	366.4	2-F-O-67.5	9	Defining Strength
Krista Miller	F-O	71.9	75	-92.5	102.5	-115.0	102.5	52.5	57.5	60.0	60.0	162.5	110.0	125.0	-135.0	125.0	287.5	280.9	1-F-O-75	12	Defining Strength
Natasha Farrell	F-O	73.9	75	100.0	-115.0	115.0	115.0	45.0	-47.5	-47.5	45.0	160.0	115.0	-137.5	-137.5	115.0	275.0	263.9	2-F-O-75	9	Defining Strength
Sonja Bedic	F-O	74.6	75	85.0	90.0	97.5	97.5	50.0	-52.5	-52.5	50.0	147.5	115.0	125.0	-132.5	125.0	272.5	259.9	3-F-O-75	8	Defining Edge
Dalton Major	M-SJR	65.1	67.5	185.0	202.5	-211.0	202.5	115.0	122.5	-127.5	122.5	325.0	195.0	217.5	220.0	220.0	545.0	432.8	1-M-SJr-67.5	12	PowerPit
Phillip Tofflemire	M-SJR	80.7	82.5	150.0	-165.0	-165.0	150.0	100.0	107.5	-115.0	107.5	257.5	167.5	197.5	-202.5	197.5	455.0	308.9	1-M-SJr-82.5	12	PowerPit
Chad Farquhar	M-SJR	136.2	125+	-202.5	215.0	227.5	227.5	-155.0	155.0	162.5	162.5	390.0	205.0	215.0	230.0	230.0	620.0	347.9	1-M-SJr-125+	12	Steel City
Shaun Mcfadden	M-SJR	140.4	125+	210.0	-215.0	215.0	215.0	-125.0	130.0	135.0	135.0	350.0	-215.0	215.0	-220.0	215.0	565.0	315.6	2-M-SJr-125+	9	London
Justin VanSchyndel	M-Jr	70.7	75	175.0	185.0	192.5	192.5	132.5	142.5	-147.5	142.5	335.0	175.0	187.5	-200.0	187.5	522.5	388.6	1-M-Jr-75	12	Iron Foundation
Mark Whitworth	M-Jr	82.4	82.5	175.0	190.0	195.0	195.0	132.5	142.5	-147.5	142.5	337.5	185.0	195.0	-205.0	195.0	532.5	357.0	1-M-Jr-82.5	12	Steel City
Brian Whitworth	M-Jr	80.7	82.5	175.0	182.5	190.0	190.0	127.5	135.0	-142.5	135.0	325.0	172.5	182.5	190.0	190.0	515.0	349.7	2-M-Jr-82.5	9	Steel City
Dave Jastrubecki	M-Jr	86.8	90	192.5	-212.5	227.5	227.5	-130.0	-130.0	130.0	130.0	357.5	225.0	-240.0	-240.0	225.0	582.5	379.0	1-M-Jr-90	12	Niagara
Marlon Obratoski	M-Jr	99.0	100	292.5	312.5	320.0	320.0	210.0	-220.0	-220.0	210.0	530.0	267.5	282.5	-297.5	282.5	812.5	496.5	1-M-Jr-100	12	Iron Foundation
Andrew Cameron	M-Jr	99.1	100	247.5	-265.0	275.0	275.0	172.5	-192.5	-192.5	172.5	447.5	242.5	260.0	-272.5	260.0	707.5	432.2	2-M-Jr-100	9	Steel City
Arlen Montrope	M-Jr	107.6	110	250.0	252.5	-260.0	252.5	-155.0	-155.0	-155.0											Lakeside
Justin Burns	M-Jr	123.5	125	-255.0	-255.0	-255.0															Lakeside
Tom Stoffelson	M-Jr	149.0	125+	242.5	-255.0	255.0	255.0	160.0	167.5	172.5	172.5	427.5	257.5	265.0	-277.5	265.0	692.5	383.5	1-M-Jr-125+	12	

24/01/2010	Provincial Championship 2010																				
Name	Div	BWt	WtCls	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	S/T	D/L 1	D/L 2	D/L 3	Best D/L	Total	Wilks	Placing	Tm Pts	Team
Greg Platsko	M-MI	82.4	82.5	-180.0	-180.0	190.0	190.0	160.0	165.0	170.0	170.0	360.0	220.0	-235.0	247.5	247.5	607.5	407.3	1-M-MI-82.5	12	PowerPit
Sandro D'Angelo	M-MI	80.1	82.5	-220.0	220.0	-227.5	220.0	-145.0	145.0	-155.0	145.0	365.0	222.5	230.0	240.0	240.0	605.0	412.7	2-M-MI-82.5	9	Iron Works
Jeff Becker	M-MI	89.2	90	295.0	-305.0	305.0	305.0	187.5	192.5	-197.5	192.5	497.5	280.0	292.5	-297.5	292.5	790.0	506.6	1-M-MI-90	12	Iron Foundation
Hoi Leung	M-MI	89.4	90	250.0	267.5	-275.0	267.5	-170.0	170.0	177.5	177.5	445.0	265.0	280.0	295.0	295.0	740.0	474.0	2-M-MI-90	9	Niagara
Barry McEvoy	M-MI	95.6	100	-250.0	250.0	260.0	260.0	205.0	-212.5	-212.5	205.0	465.0	235.0	250.0	-265.0	250.0	715.0	443.5	1-M-MI-100	12	Lakeside
Dave Pigozzo	M-MI	96.6	100	235.0	245.0	-255.0	245.0	157.5	162.5	170.0	170.0	415.0	255.0	267.5	275.0	275.0	690.0	426.0	2-M-MI-100	9	Iron Foundation
Mark Giffin	M-MI	109.0	110	285.0	297.5	310.0	310.0	205.0	215.0	-227.5	215.0	525.0	247.5	267.5	282.5	282.5	807.5	476.6	1-M-MI-110	12	Iron Foundation
Andy Childs	M-MI	106.1	110	-292.5	305.0	-310.0	305.0	192.5	200.0	205.0	205.0	510.0	250.0	277.5	290.0	290.0	800.0	476.3	2-M-MI-110	9	Phoenix
Sheldon Duncan	M-MI	111.4	125	190.0	200.0	207.5	207.5	145.0	155.0	162.5	162.5	370.0	240.0	255.0	265.0	265.0	635.0	372.3	1-M-MI-125	12	PowerPit
Frank Nadeau	M-MII	72.6	75	-182.5	-200.0	-200.0															Niagara
Walter Urban	M-MII	74.9	75	187.5	197.5	205.0	205.0	115.0	125.0	-132.5	125.0	330.0	205.0	215.0	222.5	222.5	552.5	394.1	1-M-MII-75	12	Iron Foundation
Barry Simms	M-MII	74.8	75	150.0			150.0	100.0				250.0	175.0			175.0	425.0	303.4	2-M-MII-75	9	London
Stan Goss	M-MII	82.1	82.5	127.5	140.0	160.0	160.0	90.0	97.5	-102.5	97.5	257.5	170.0	185.0	-200.0	185.0	442.5	297.3	1-M-MII-82.5	12	London
Steve Chomitz	M-MII	99.4	100	237.5	-245.0		237.5	182.5	193.0	-195.0	193.0	430.5	227.5	250.0	-262.5	250.0	680.5	415.1	1-M-MII-100	12	Golden Triangle
Paul Francis	M-MII	99.3	100	175.0	185.0	190.0	190.0	150.0	157.5	160.0	160.0	350.0	175.0	190.0	205.0	205.0	555.0	338.7	2-M-MII-100	9	London
Adrian Ninaber	M-MII	108.1	110	207.5	215.0	-227.5	215.0	-177.5	177.5	-185.0	177.5	392.5	220.0	237.5	-252.5	237.5	630.0	372.8	1-M-MII-110	12	PowerPit
Miroslav Koprnický	M-MII	100.5	110	160.0	175.0	185.0	185.0	172.5	177.5	-180.0	177.5	362.5	180.0	190.0	202.5	202.5	565.0	343.2	2-M-MII-110	9	
Blake Giberson	M-MII	108.8	110	165.0	-177.5	182.5	182.5	142.5	152.5	-160.0	152.5	335.0	-207.5	-207.5	207.5	207.5	542.5	320.4	3-M-MII-110	8	PowerPit
Ron Strong	M-MII	118.4	125	-280.0	280.0	-290.0	280.0	180.0	195.0	-202.5	195.0	475.0	290.0	305.0	-312.5	305.0	780.0	449.9	1-M-MII-125	12	PowerPit
Mike Knott	M-MII	143.8	125+	-240.0	-240.0	-240.0															London
Marvin Kelso	M-MIII	89.0	90	177.5	192.5	205.0	205.0	132.5	-150.0	-150.0	132.5	337.5	170.0	180.0	200.0	200.0	537.5	345.1	1-M-MIII-90	12	
Jack Taylor	M-MIII	94.0	100	-160.0	-170.0	-180.0															Niagara
Jamie Stephen	M-O	69.1	75	185.0	195.0	-200.0	195.0	125.0	-130.0	-130.0	125.0	320.0	-205.0	217.5	225.0	225.0	545.0	412.5	1-M-O-75	12	
Dave Walters	M-O	89.4	90	275.0	-285.0	285.0	285.0	230.0	240.0	-245.0	240.0	525.0	240.0	-265.0	-265.0	240.0	765.0	490.0	1-M-O-90	12	Phoenix
Dave Bolton	M-O	88.8	90	245.0	255.0	-262.5	255.0	155.0	160.0	167.5	167.5	422.5	265.0	275.0	295.0	295.0	717.5	461.2	2-M-O-90	9	Iron Foundation
Mike Dickinson	M-O	89.1	90	265.0	275.0	-282.5	275.0	165.0	-172.5	172.5	172.5	447.5	260.0	-267.5	-267.5	260.0	707.5	454.0	3-M-O-90	8	Iron Foundation
Vince Byrne	M-O	89.8	90	225.0	237.5	-245.0	237.5	175.0	182.5	-187.5	182.5	420.0	245.0	257.5	-267.5	257.5	677.5	433.0	4-M-O-90	7	PowerPit
Barry Antoniow	M-O	88.7	90	210.0	227.5	-242.5	227.5	205.0	235.0	-250.0	235.0	462.5	-182.5	182.5		182.5	645.0	414.9	5-M-O-90	6	Iron Works
Brandon Ward	M-O	98.9	100	250.0	260.0	265.0	265.0	190.0	-195.0	195.0	195.0	460.0	260.0	275.0	282.5	282.5	742.5	453.9	1-M-O-100	12	Golden Triangle
Tim Ekert	M-O	109.5	110	225.0	-247.5	-247.5	225.0	205.0	215.0	-227.5	215.0	440.0	240.0	250.0	262.5	262.5	702.5	414.0	1-M-O-110	12	PowerPit
Jason Byrne	M-O	125.0	125	260.0	275.0	280.0	280.0	185.0	195.0	200.0	200.0	480.0	280.0	302.5	320.0	320.0	800.0	455.9	1-M-O-125	12	PowerPit
Kelly Branton	M-O	123.9	125	250.0	270.0	295.0	295.0	175.0	185.0	192.5	192.5	487.5	235.0	265.0	275.0	275.0	762.5	435.3	2-M-O-125	9	PowerPit
Stephen Jesso	M-O	174.6	125+	-335.0	335.0	350.0	350.0	245.0	-252.5	-252.5	245.0	595.0	275.0	300.0		300.0	895.0	484.0	1-M-O-125+	12	Lakeside