

11/04/2011		WATERLOO REGION HIGH SCHOOL POWERLIFTING INVITATIONAL															
Powerlifting Results Name	Team	Div	Bwt (kg)	WtCls (kg)	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	(1) PL Total	Wilks Pts	PI-Div- WtCls-Evt	Team Pts
Yodit Tefagiorgis	RS	F-J	51.9	52	42.5	-52.5	55	35	-40	-40	70	85	-95	175	218.487	1-F-J-52-PL	12
Angel Braun	FH	F-J	47.5	52	32.5	35	-37.5	30	-32.5	32.5	65	70	72.5	140	186.844	2-F-J-52-PL	9
Stephanie Melo	MS	F-J	50.2	52	30	-32.5	-32.5	20	25	27.5	37.5	40	62.5	120	153.696	3-F-J-52-PL	8
Sharlene Amos	RS	F-J	56.5	57	42.5	-52.5	52.5	35	37.5	42.5	52.5	60	70	165	192.786	1-F-J-57-PL	12
Anna Keats	GP	F-J	53.8	57	30	37.5	42.5	-25	27.5	-35	42.5	47.5	55	125	151.763	2-F-J-57-PL	9
Emma Bluemke	BV	F-J	59.9	63	52.5	60	-70	-40	40	42.5	82.5	95	100	202.5	226.051	1-F-J-63-PL	12
Heather Cottingham	SD	F-J	59.5	63	30	35	40	30	35	-40	60	65	75	150	168.315	2-F-J-63-PL	9
Kayla Welch	SD	F-J	68	72	62.5	-70	72.5	42.5	45	-52.5	102.5	110	117.5	235	238.596	1-F-J-72-PL	12
Laura Franco	SM	F-J	67.3	72	52.5	60	70	42.5	-47.5	47.5	85	92.5	100	217.5	222.459	2-F-J-72-PL	9
Cassie Latyn	FH	F-J	69.1	72	47.5	50	55	-45	-45	45	90	105	115	215	215.817	3-F-J-72-PL	8
Shereese Simpson	RS	F-J	73.4	84	-60	72.5	82.5	45	50	-52.5	85	100	110	242.5	233.722	1-F-J-84-PL	12
Chelsi Rodrigues	MS	F-J	76.6	84	30	40	-52.5	35	37.5	-42.5	57.5	85	105	182.5	171.258	2-F-J-84-PL	9
Jasmine Keats	GP	F-J	98.6	84+	62.5	77.5	-85	45	52.5	55	72.5	80	87.5	220	183.942	1-F-J-84+-PL	12
Alen Chen	BV	M-J	49.5	53	65	72.5	82.5	62.5	-72.5	72.5	100	105	112.5	267.5	276.702	1-M-J-53-PL	12
Alex Nguyen	MS	M-J	46.8	53	42.5	52.5	60	42.5	52.5	-57.5	70	97.5	-105	210	231.315	2-M-J-53-PL	9
Eric Armstrong	SD	M-J	49.5	53	42.5	45	-47.5	-42.5	42.5	-45	72.5	77.5	82.5	170	175.848	3-M-J-53-PL	8
Tarek Attia	SJ	M-J	53.5	59	80	87.5	-90	80	-87.5	-87.5	115	127.5	137.5	305	290.604	1-M-J-59-PL	12
Jorge Ortez	MS	M-J	58	59	50	55	70	52.5	62.5	-75	55	97.5	105	237.5	209.048	2-M-J-59-PL	9
Alex Rollinson	SD	M-J	57	59	67.5	72.5	75	45	47.5	-52.5	85	102.5	112.5	235	210.302	3-M-J-59-PL	8
David Houat-Heng	FH	M-J	59.4	66	67.5	75	85	65	72.5	-75	112.5	142.5	147.5	305	262.544	1-M-J-66-PL	12
Steven Mantler	GP	M-J	64.6	66	80	92.5	100	75	-80	80	117.5	125	-130	305	243.787	2-M-J-66-PL	9
Tim Deslauriers	GP	M-J	64.9	66	85	95	102.5	-62.5	-65	65	110	120	125	292.5	232.888	3-M-J-66-PL	8
Sean Harrickui	MS	M-J	60	66	77.5	82.5	87.5	62.5	67.5	-70	92.5	102.5	117.5	272.5	232.415	4-M-J-66-PL	7
Sam Adams	SD	M-J	60.2	66	62.5	70	75	50	55	-60	90	105	112.5	242.5	206.198	5-M-J-66-PL	6
John Pitts	MS	M-J	63.9	66	45	60	-70	-60	62.5	-70	97.5	102.5	-115	225	181.507	6-M-J-66-PL	5

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Michael Tudose	BV	M-J	67.2	74	112.5	125	137.5	92.5	-102.5	-102.5	157.5	170	180	410	317.258	1-M-J-74-PL	12	
Kyle Clemens	GP	M-J	71.4	74	107.5	117.5	125	82.5	-90	-90	142.5	150	162.5	370	273.171	2-M-J-74-PL	9	
Jimmy Lekkas	SM	M-J	72.9	74	112.5	117.5	122.5	82.5	-87.5	-87.5	140	147.5	165	370	269.027	3-M-J-74-PL	8	
Cassidy Pomeroy	BV	M-J	71.8	74	112.5	-125	-137.5	75	85	-90	142.5	157.5	-182.5	355	260.996	4-M-J-74-PL	7	
Yimeng Li	FH	M-J	72	74	102.5	107.5	-115	80	87.5	-92.5	-125	140	150	345	253.126	5-M-J-74-PL	6	
Santo Garcia	SM	M-J	73.8	74	82.5	90	95	77.5	82.5	-87.5	135	140	152.5	330	237.831	6-M-J-74-PL	5	
Phillip Piper	RS	M-J	69.2	74	82.5	-102.5	-110	82.5	87.5	92.5	102.5	125	-142.5	300	226.830	7-M-J-74-PL	4	
Wade Filiatrault	BV	M-J	82.1	83	125	140	145	102.5	112.5	-117.5	180	192.5	200	457.5	307.394	1-M-J-83-PL	12	
Josh Kowba	BV	M-J	79.2	83	125	-140	140	85	-92.5	-92.5	175	187.5	192.5	417.5	286.864	3-M-J-83-PL	8	
Cody Poultney	FH	M-J	78.2	83	142.5	-152.5	-157.5	85	92.5	-100	172.5	182.5	-192.5	417.5	289.202	2-M-J-83-PL	9	
Konrad Szejber	SM	M-J	81	83	127.5	137.5	-152.5	105	-115	-115	172.5	-192.5	-192.5	415	281.121	4-M-J-83-PL	7	
Robert Thomas	GP	M-J	81.5	83	120	132.5	140	82.5	-92.5	92.5	155	165	175	407.5	275.022	5-M-J-83-PL	6	
Josh Vaudin	GP	M-J	78.2	83	70	82.5	95	75	-80	-80	140	150	165	335	232.055	6-M-J-83-PL	5	
Alex Flamenco	SM	M-J	80.1	83	82.5	87.5	95	82.5	85	-92.5	142.5	145	155	335	228.537	7-M-J-83-PL	4	
Ethan Bresele	SD	M-J	81.6	83	62.5	-85	87.5	67.5	77.5	-85	135	142.5	160	325	219.180	9-M-J-83-PL	2	
Jacob Norcott	SM	M-J	78.4	83	92.5	-95	95	-67.5	70	-77.5	140	150	160	325	224.770	8-M-J-83-PL	3	
Paco Casillas	SM	M-J	79.4	83	85	90	110	70	-75	-75	102.5	140	-147.5	320	219.520	10-M-J-83-PL	1	
Bobby Viau	MS	M-J	76.2	83	65	82.5	-92.5	32.5	47.5	-62.5	80	105	135	265	186.772	11-M-J-83-PL	1	
Darren Lynch	JH	M-J	82.1	83	-145	-145	145	-82.5	-82.5	-82.5	0			0	0.000			
Glorian Ganza	RS	M-J	78.1	83	107.5	120	130	0			0			0	0.000			
Tanner Wideman	SJ	M-J	83.4	93	127.5	-137.5	137.5	102.5	-115	-115	-165	165	-172.5	405	269.568	1-M-J-93-PL	12	
Dalton Roberts	SJ	M-J	84.1	93	120	-147.5	-147.5	82.5	-92.5	-92.5	120	167.5	180	382.5	253.368	2-M-J-93-PL	9	
Keeley Hewton	BV	M-J	84.7	93	102.5	110	122.5	82.5	87.5	92.5	142.5	150	160	375	247.387	3-M-J-93-PL	8	
Kyle Swanson	JH	M-J	101.8	105	-140	152.5	-160	100	107.5	112.5	200	215	-222.5	480	290.112	1-M-J-105-PL	12	
David Shepherd	FH	M-J	93.6	105	135	147.5	152.5	107.5	115	-120	202.5	-227.5	-227.5	470	294.361	2-M-J-105-PL	9	
Mike Roterman	SD	M-J	101.5	105	75	-85	92.5	60	67.5	-72.5	112.5	127.5	135	295	178.475	3-M-J-105-PL	8	
Stephen Crovetto	RS	M-J	101.2	105	-105	52.5	62.5	60	72.5	82.5	80	-100	120	265	160.511	4-M-J-105-PL	7	

Bluevale = 12+12+12+12+8 56
 Forest Heights = 12+9+9+9+8 47
 Glenview Park = 12+9+9+9+8 47
 Resurrection = 12+12+12+7+4 47
 St. Davids = 12+9+8+8+8 45
 Mons. Doyle = 9+9+9+8+7 42
 Sir John A Mac. = 12+12+9 33
 St. Marys = 9+8+7+5+4 33
 Jacob Hespeler = 12 12