

10/15/2012

Ottawa Oct 3 Lift

Fit	Name	Team	Div	Bwt	WtCls	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	Total	Wilks Pts	Team Points	PI-Div- WtCls-Evt
A	Leicy Dittmar	Ultimate Fitness	F-O-U	45.9	47.0	SJr	55.0	60.0	62.5	60.0	32.5	37.5	40.0	37.5	97.5	65.0	72.5	75.0	72.5	170.0	232.526	12	1-F-O-U-47-PL
A	Jayne Major	Ultimate Fitness	F-O	51.0	52.0	M I	112.5	117.5	122.5	122.5	65.0	65.0	70.0	70.0	192.5	122.5	132.5	140.0	140.0	332.5	420.746	12	1-F-O-52-PL
A	Kinsey Maxwell	Ultimate Fitness	F-O-U	53.5	57.0	SJr	55.0	60.0	67.5	60.0	32.5	37.5	37.5	32.5	92.5	72.5	75.0	77.5	75.0	167.5	204.250	9	2-F-O-U-57-PL
A	Tali Cahill		F-O-U	55.9	57.0	O	57.5	57.5	67.5	67.5	35.0	37.5	42.5	37.5	105.0	82.5	90.0	95.0	95.0	200.0	235.660		1-F-O-U-57-PL
A	Jessica Chard		F-O-U	60.2	63.0	Jr	87.5	95.0	100.0	100.0	47.5	52.5	52.5	47.5	147.5	105.0	115.0	120.0	120.0	267.5	297.460		1-F-O-U-63-PL
A	Karen Maxwell	Ultimate Fitness	F-O-U	62.5	63.0	M I	50.0	57.5	62.5	62.5	40.0	42.5	45.0	45.0	107.5	85.0	92.5	95.0	95.0	202.5	218.801	9	2-F-O-U-63-PL
A	Phillipe Bjerring	Iron Works	M-O-U	65.6	66.0	O	142.5	147.5	147.5	142.5	97.5	105.0	110.0	110.0	252.5	187.5	195.0	202.5	195.0	447.5	353.122	12	1-M-O-U-66-PL
A	Ryan Behnia		M-O-U	65.6	66.0	Jr	135.0	142.5	150.0	150.0	90.0	92.5	97.5	97.5	247.5	150.0	160.0	175.0	175.0	422.5	333.395		2-M-O-U-66-PL
A	Jeffrey Muise		M-O-U	66.0	66.0	SJr	125.0	150.0	185.0	150.0	80.0	100.0	112.5	100.0	250.0	140.0	185.0	197.5	140.0	390.0	306.228		3-M-O-U-66-PL
A	Amy Welcome		F-O-U	68.7	72.0	O	110.0	117.5	122.5	122.5	60.0	65.0	67.5	65.0	187.5	147.5	160.0	165.0	165.0	352.5	355.285		1-F-O-U-72-PL
A	Christine Campbell		F-O-U	89.2	84+	O	112.5	125.0	125.0	125.0	70.0	75.0	82.5	75.0	200.0	125.0	132.5	140.0	132.5	332.5	288.377		1-F-O-U-84+-PL
A	Nicole Gervais		F-O-U	112.7	84+	O	115.0	115.0	122.5	122.5	75.0	80.0	82.5	82.5	205.0	120.0	0.0	0.0	120.0	325.0	262.925		2-F-O-U-84+-PL
A	Cassandra Dionne		F-O-U	115.9	84+	O	100.0	110.0	120.0	0.0	0.0			0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.000		
B	Stephan Lajoie		M-O-U	70.0	74.0	O	142.5	142.5	152.5	152.5	120.0	122.5	127.5	127.5	280.0	192.5	215.0	227.5	215.0	495.0	370.953		2-M-O-U-74-PL
B	Tyler Crawford	Niagara Powerlifting	M-O	71.1	74.0	O	200.0	210.0	215.0	210.0	125.0	132.5	135.0	135.0	345.0	205.0	220.0	220.0	205.0	550.0	407.330	12	1-M-O-74-PL
B	Gary Lacoursiere		M-O-U	73.1	74.0	M I	120.0	130.0	150.0	130.0	105.0	115.0	120.0	120.0	250.0	170.0	190.0	205.0	205.0	455.0	330.148		3-M-O-U-74-PL
B	Benjamin Butty		M-O-U	74.0	74.0	O	187.5	205.0	215.0	205.0	105.0	115.0	122.5	115.0	320.0	237.5	252.5	260.0	252.5	572.5	411.799		1-M-O-U-74-PL
B	Jamie Stephen		M-O-U	74.5	83.0	O	185.0	200.0	205.0	200.0	117.5	122.5	125.0	125.0	325.0	220.0	230.0	0.0	230.0	555.0	397.325		1-M-O-U-83-PL
B	Nello Miele	Niagara Powerlifting	M-O	80.4	83.0	O	215.0	230.0	230.0	230.0	147.5	147.5	155.0	147.5	377.5	220.0	237.5	245.0	245.0	622.5	423.673	12	1-M-O-83-PL
B	Tomasz Deren		M-O-U	82.1	83.0	O	140.0	147.5	160.0	160.0	117.5	125.0	130.0	130.0	290.0	200.0	215.0	222.5	215.0	505.0	339.309		4-M-O-U-83-PL
B	Adrien Stotesbury		M-O-U	82.7	83.0	O	205.0	215.0	225.0	215.0	107.5	112.5	112.5	112.5	327.5	205.0	220.0	227.5	227.5	555.0	371.240		2-M-O-U-83-PL
B	Stathis Theofilopoulos		M-O	82.8	83.0	O	180.0	190.0	197.5	197.5	147.5	157.5	162.5	157.5	355.0	220.0	227.5	232.5	227.5	582.5	389.401		2-M-O-83-PL
B	Eytan Rip		M-O-U	83.0	83.0	O	170.0	177.5	187.5	170.0	120.0	125.0	127.5	120.0	290.0	205.0	215.0	225.0	225.0	515.0	343.763		3-M-O-U-83-PL
B	Vito Francone		M-O-U	83.0	83.0	O	150.0	162.5	170.0	170.0	105.0	112.5	117.5	117.5	287.5	187.5	195.0	215.0	195.0	482.5	322.069		5-M-O-U-83-PL
B	Brendan Wood	Ultimate Fitness	M-O-U	80.2	83.0	SJr	125.0	137.5	152.5	152.5	80.0	87.5	95.0	80.0	232.5	170.0	182.5	195.0	182.5	415.0	282.864	4	7-M-O-U-83-PL
B	Noah Wiles		M-O-U	80.5	83.0	O	112.5	130.0	140.0	130.0	102.5	112.5	120.0	112.5	242.5	165.0	175.0	185.0	185.0	427.5	290.700		6-M-O-U-83-PL
C	Brian Whitworth	Steel City	M-O-U	88.7	93.0	O	187.5	195.0	200.0	200.0	132.5	142.5	142.5	132.5	332.5	182.5	192.5	200.0	200.0	532.5	342.504	7	4-M-O-U-93-PL
C	Daniel Laporte		M-O-U	90.9	93.0	O	182.5	192.5	205.0	205.0	110.0	122.5	127.5	127.5	332.5	190.0	247.5	247.5	190.0	522.5	331.892		5-M-O-U-93-PL
C	Jake Warrington		M-O-U	91.4	93.0	O	220.0	222.5	230.0	222.5	145.0	145.0	150.0	145.0	367.5	265.0	270.0	275.0	275.0	642.5	407.024		2-M-O-U-93-PL
C	Erik Willis		M-O-U	91.4	93.0	Jr	160.0	160.0	182.5	182.5	107.5	107.5	115.0	115.0	297.5	215.0	230.0	240.0	215.0	512.5	324.669		6-M-O-U-93-PL
C	Frank Butty		M-O-U	92.8	93.0	O	245.0	265.0	275.0	265.0	150.0	160.0		150.0	415.0	280.0	300.0	305.0	300.0	715.0	449.592		1-M-O-U-93-PL
C	Jason Platts		M-O-U	92.9	93.0	O	185.0	195.0	205.0	205.0	152.5	160.0	165.0	160.0	365.0	230.0	250.0	270.0	270.0	635.0	399.097		3-M-O-U-93-PL
C	Charles Albert Asselin		M-O-U	91.2	93.0	SJr	135.0	142.5	150.0	150.0	72.5	77.5	82.5	82.5	232.5	160.0	167.5	177.5	177.5	410.0	260.022		7-M-O-U-93-PL
D	Mark Razon		M-O-U	95.9	105.0	O	195.0	205.0	220.0	195.0	125.0	135.0	145.0	135.0	330.0	190.0	200.0	220.0	200.0	530.0	328.282		1-M-O-U-105-PL
D	Ashwin Juneja	Iron Works	M-O-U	101.5	105.0	O	140.0	150.0	152.5	150.0	100.0	100.0	100.0	0.0	0.0				0.0	0.0	0.000		
D	Patrick Hartwick	PoweReach	M-O	102.4	105.0	M III	227.5	250.0	272.5	272.5	145.0	145.0	150.0	145.0	417.5	182.5	227.5	235.0	227.5	645.0	388.935	12	1-M-O-105-PL
D	Nick Doelman	Iron Works	M-O-U	103.6	105.0	M I	125.0	135.0	147.5	135.0	82.5	90.0	90.0	90.0	225.0	155.0	167.5	182.5	182.5	407.5	244.663	9	2-M-O-U-105-PL
D	Coleman Thomas		M-O-U	105.4	120.0	Jr	152.5	165.0	182.5	182.5	107.5	120.0	137.5	120.0	302.5	207.5	227.5	237.5	227.5	530.0	316.304		3-M-O-U-120-PL
D	Sebastien Robert	Iron Works	M-O-U	105.6	120.0	SJr	80.0	80.0	85.0	80.0	52.5	57.5	62.5	62.5	142.5	100.0	107.5	117.5	117.5	260.0	155.064	6	5-M-O-U-120-PL
D	Donnie Snyder		M-O-U	107.5	120.0	O	172.5	182.5	190.0	182.5	112.5	117.5	122.5	122.5	305.0	205.0	215.0	227.5	215.0	520.0	308.256		4-M-O-U-120-PL
D	Kevin O'Brien	Limestone	M-O-U	113.6	120.0	Jr	180.0	200.0	200.0	200.0	105.0	115.0	125.0	125.0	325.0	225.0	250.0	275.0	275.0	600.0	349.800	9	2-M-O-U-120-PL
D	Phillippe Landry		M-O-U	118.2	120.0	O	200.0	210.0	215.0	215.0	167.5	170.0	175.0	175.0	390.0	260.0	262.5	265.0	265.0	655.0	377.935		1-M-O-U-120-PL
D	Matt Cuthbert	Niagara Powerlifting	M-O	135.1	120+	O	265.0	275.0	280.0	280.0	215.0	215.0	220.0	215.0	495.0	215.0	235.0	247.5	247.5	742.5	417.211	12	1-M-O-120+-PL

	Best Lifter	
355.285	Amy Welcome	Female
449.592	Frank Butty	Male

10/15/2012**Ottawa Bench Oct 2012**

Name	Team	Div	Bwt (kg)	WtCls (kg)	Age	BP-1	BP-2	BP-3	Best BP	Wilks Pts	Team Points	PI-Div- WtCls-Evt
Donald Carrieres	Iron Works	M-O	81.3	83	M III	137.5	145.0	150.0	145.0	98.005	12	1-M-O-83-BP
Fred English		M-O	116.4	120	M II	182.5	187.5	195.0	195.0	112.944		1-M-O-120-BP
Patrick Farkas	Limestone	M-O-U	116.5	120	Jr	165.0	180.0	180.0	0.0	0.000		
Jordan D'Souza		M-O-U	130.7	120+	SJr	155.0	155.0	155.0	0.0	0.000		