

17/07/2010		Ottawa Open																		
Name	Div	BWt	WtCls	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	S/T	D/L 1	D/L 2	D/L 3	Best D/L	Total	Wilks	Placing	
Sue Thomson	F-MII	47.7	48	92.5	97.5	100.0	100.0	62.5	67.5	70.0	70.0	170.0	107.5	112.5		112.5	282.5	375.9	1	
Jayne Major	F-MII	49.1	52	97.5	-107.5	-107.5		-52.5	-52.5	-52.5										
Maggie Rafferty	F-O	57.2	60	125.0	135.0	-142.5	135.0	60.0	-65.0	65.0	65.0	200.0	125.0	137.5	142.5	142.5	342.5	396.3	1	
Elizabeth Munn	F-MII	59.7	60	-25.0	25.0	27.5	27.5	30.0	35.0	-40.0	35.0	62.5	40.0	45.0	65.0	65.0	127.5	142.7	2	
Sarah Leighton	F-O	66.3	67.5	-175.0	175.0	183.0	183.0	110.0	112.5	115.0	115.0	298.0	157.5	170.0	-175.0	170.0	468.0	483.9	1	
Stacey Jensen	F-Jr	64.3	67.5	137.5	147.5	157.5	157.5	60.0	82.5	87.5	87.5	245.0	137.5	142.5	150.0	150.0	395.0	417.7	2	
Mary Ann Klaczor	F-O	64.9	67.5	-137.5	137.5	-147.5	137.5	-85.0	-85.0	85.0	85.0	222.5	145.0	155.0	165.0	165.0	387.5	407.0	3	
Angela Burgess	F-O	64.5	67.5	102.5	110.0	117.5	117.5	57.5	-60.0	-62.5	57.5	175.0	127.5	137.5	-142.5	137.5	312.5	329.7	4	
Hilda Siegel	F-O	65.7	67.5	60.0	-65.0	77.5	77.5	52.5	55.0	-60.0	55.0	132.5	102.5	110.0	115.0	115.0	247.5	257.6	5	
Alyssa Smith	F-SJr	74.1	75	-135.0	-140.0	140.0	140.0	55.0	-62.5	-62.5	55.0	195.0	125.0	135.0	-145.0	135.0	330.0	316.1	1	
Tracey Alf	F-O	90.6	90+	-75.0	75.0	82.5	82.5	50.0	-55.0	-55.0	50.0	132.5	115.0	122.5	130.0	130.0	262.5	226.2	1	
Farbod Farhang	M-SJr	58.2	60	102.5	112.5	117.5	117.5	60.0	82.5	90.0	90.0	207.5	127.5	152.5	160.0	160.0	367.5	322.4	1	
Callum Schjerning	M-SJr	67.4	67.5	102.5	112.5	117.5	117.5	62.5	75.0	-80.0	75.0	192.5	102.5	127.5	137.5	137.5	330.0	254.7	1	
Chris Fudge	M-O	74.0	75	165.0	177.5	-182.5		-125.0	-125.0	-125.0										
Jamie Desjardins	M-Jr	74.2	75	-185.0	185.0	-195.0	185.0	107.5	-110.0	-110.0	107.5	292.5	215.0	-227.5	-227.5	215.0	507.5	364.4	2	
Graeme Bean	M-Jr	73.3	75	142.5	160.0	170.0	170.0	-102.5	-107.5	107.5	107.5	277.5	202.5	210.0	-220.0	210.0	487.5	353.1	3	
Brendan Williamson	M-SJr	73.7	75	115.0	142.5	155.0	155.0	62.5	80.0	87.5	87.5	242.5	165.0	190.0	200.0	200.0	442.5	319.2	4	
Corey Tsang	M-Jr	73.0	75	140.0	150.0	155.0	155.0	67.5	82.5	-87.5	82.5	237.5	175.0	180.0	-187.5	180.0	417.5	303.3	5	
Richard Sarazin	M-MIII	74.3	75	125.0	-142.5	-142.5	125.0	77.5	85.0	87.5	87.5	212.5	142.5	175.0	-185.0	175.0	387.5	277.9	6	
Eytan Rip	M-O	81.6	82.5	205.0	207.5	-210.0		-150.0	-150.0	-150.0							0	0		
Matt Shelvoek	M-Jr	80.0	82.5	205.0	215.0	-220.0	215.0	115.0	-122.5	-122.5	115.0	330.0	-225.0	225.0		225.0	555.0	378.9	1	
Kevin Cancian	M-Jr	78.9	82.5	175.0	-185.0	195.0	195.0	110.0	-115.0	-115.0	110.0	305.0	185.0	210.0	235.0	235.0	540.0	371.9	2	
Laurie Greenidge	M-MIII	82.0	82.5	185.0	195.0	202.5	202.5	120.0	-130.0	-130.0	120.0	322.5	185.0	195.0	-200.0	195.0	517.5	347.9	3	
Rohan Kembhavi	M-O	78.9	82.5	110.0	132.5	-140.0	132.5	-110.0	-110.0	110.0	110.0	242.5	160.0	-172.5	180.0	180.0	422.5	291.0	4	
Greg Page	M-O	88.9	90	-225.0	235.0	-250.0	235.0	180.0	185.0	190.0	190.0	425.0	225.0	-235.0	-235.0	225.0	650.0	417.6	2	
Herb Greenidge	M-MII	88.8	90	200.0	220.0	230.0	230.0	-140.0	-140.0	140.0	140.0	370.0	190.0	202.5	212.5	212.5	582.5	374.4	3	
Kristin Fischer	M-Jr	87.7	90	185.0	195.0	212.5	212.5	125.0	-145.0	-147.5	125.0	337.5	190.0	205.0	225.0	225.0	562.5	364.0	4	
Andrew Wilson	M-Jr	85.5	90	-130.0	130.0	137.5	137.5	102.5	-110.0	117.5	117.5	255.0	175.0	182.5	195.0	195.0	450.0	295.3	5	
Dane Blimkie	M-O	97.9	100	215.0	-232.5	-232.5	215.0	115.0	125.0	-137.5	125.0	340.0	222.5	242.5	-250.0	242.5	582.5	357.6	1	
Raymond White	M-MII	96.8	100	185.0	205.0	-215.0	205.0	-142.5	142.5	145.0	145.0	350.0	-145.0	145.0	160.0	160.0	510.0	314.6	2	
Ashwin Juneja	M-O	98.2	100	130.0	-145.0	145.0	145.0	90.0	-100.0	-100.0	90.0	235.0	170.0	185.0	-197.5	185.0	420.0	257.5	3	
David Droeske	M-Jr	104.8	110	220.0	235.0	250.0	250.0	155.0	165.0	-175.0	165.0	415.0	267.5	-287.5	287.5	287.5	702.5	420.1	1	
Patrick Hartwick	M-MIII	103.7	110	-250.0	-250.0	250.0	250.0	137.5	150.0	155.0	155.0	405.0	185.0	227.5	-235.0	227.5	632.5	379.6	2	
Matt Wiens	M-O	119.2	125	247.5	252.5	-260.0	252.5	192.5	-197.5	197.5	197.5	450.0	262.5	275.0	-300.0	275.0	725.0	417.5	1	
Chris Yantha	M-O	122.8	125	227.5	242.5	255.0	255.0	150.0	160.0	-165.0	160.0	415.0	272.5	300.0	-310.0	300.0	715.0	409.0	2	
Phillipe Landry	M-O	121.8	125	-250.0	-250.0	250.0	250.0	-185.0	185.0	-197.5	185.0	435.0	242.5	247.5	255.0	255.0	690.0	395.4	3	

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Name	Div	BWt	WtCls	Bench 1	Bench 2	Bench 3	Best Bench	Wilks	Placing	Team	
Maggie Rafferty	F-O	57.2	60	55.0			55.0	63.6	1	Iron Works	
Karyne Turcotte	F-O	64.4	67.5	72.5	83.0	-85.0	83.0	87.7	1		
Laurie Yade	F-MI	92.9	90+	85.0	87.5	90.0	90.0	76.8	1	London	
Ellynn Dickson	F-MII	111.4	90+	85.0	87.5	-90.0	87.5	71.0	2	Ultimate Fitness	
Justin VanSchyndel	M-Jr	73.3	75	130.0	142.5	150.0	150.0	108.6	1	Iron Foundation	
Chris Fudge	M-O	74.0	75	125.0	-130.0		125.0	89.9	2	Iron Works	
Jon Stewart	M-O	73.3	75	100.0	115.0	-125.0	115.0	83.3	3		
Blaine LeBlond	M-Jr	76.6	82.5	-125.0	125.0	-130.0	125.0	87.8	1		
Rosario Lattanzio	M-MII	89.2	90	165.0	-185.0	-185.0	165.0	105.8	1	Iron Works	
Serge Leduc	M-O	97.4	100	197.5	-212.5	212.5	212.5	130.7	1	Iron Works	
Barry McEvoy	M-MII	95.6	100	192.5	-200.0	-200.0	192.5	119.4	2	Lakeside	
Frank Mayer	M-O	95.3	100	-175.0	-175.0	175.0	175.0	108.7	3		
George Flikas	M-MIII	119.5	125	175.0	-182.5	182.5	182.5	105.0	1		
James Harmsworth	M-O	112.0	125	165.0	175.0	-225.0	175.0	102.4	2		