

5/7/2011

Provincial High School Championships

Powerlifting Results Name	Team	Div	Bwt (kg)	WtCls (kg)	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) PL Total	Wilks Pts	PI-Div- WtCls-Evt
Yodit Tesfagiorgis	Resurrection	F-J	52	52	-42.5	45	-50	45	35	-42.5	-42.5	35	80	67.5	75	-85	75	155	193.223	1-F-J-52-PL
Laura Jubenville	Tilbury	F-J	50.6	52	45	47.5	-57.5	47.5	25	27.5	30	30	77.5	60	67.5	75	75	152.5	194.133	2-F-J-52-PL
Adisa Deliovsky	Westdale	F-J	56.4	57	60	70	-80	70	40	-45	-45	40	110	87.5	92.5	-110	92.5	202.5	236.945	1-F-J-57-PL
Sharlene Amos	Resurrection	F-J	56.4	57	45	-52.5	52.5	52.5	37.5	40	-45	40	92.5	60	72.5	80	80	172.5	201.842	2-F-J-57-PL
Emily Kessler	Essex	F-J	60.6	63	-92.5	92.5	-95	92.5	47.5	50	52.5	52.5	145	120	125	127.5	127.5	272.5	301.467	1-F-J-63-PL
Cassidy Ross	Westdale	F-J	62.4	63	47.5	52.5	57.5	57.5	37.5	-45	-45	37.5	95	77.5	90	110	110	205	221.769	2-F-J-63-PL
Emma Bluemke	Bluevale	F-J	59	63	52.5	60	-67.5	60	37.5	42.5	-45	42.5	102.5	85	100	-105	100	202.5	228.724	3-F-J-63-PL
Careena Browne	Westdale	F-J	72	72	70	80	92.5	92.5	50	-55	55	55	147.5	125	140	150	150	297.5	290.360	1-F-J-72-PL
Kayla Welch	St. Davids	F-J	68.2	72	-70	70	77.5	77.5	42.5	-45	-45	42.5	120	112.5	120	125	125	245	248.210	2-F-J-72-PL
Carissa Browne	Westdale	F-J	77.2	84	70	80	92.5	92.5	50	-55	-55	50	142.5	125	140	152.5	152.5	295	275.530	1-F-J-84-PL
Shereese Simpson	Resurrection	F-J	73	84	-52.5	57.5	-70	57.5	42.5	50	52.5	52.5	110	70	95	120	120	230	222.456	2-F-J-84-PL
Jasmine Keats	Glenview Park	F-J	98.6	84+	65	75	-85	75	47.5	52.5	55	55	130	75	85	90	90	220	183.942	1-F-J-84+-PL
Tarek Attia	Sir John A Wat	M-J	53	53	80	87.5	-90	87.5	80	85	-87.5	85	172.5	130	137.5	-140	137.5	310	298.251	1-M-J-53-PL
Alen Chen	Bluevale	M-J	49.8	53	72.5	82.5	-90	82.5	62.5	70	-85	70	152.5	85	105	115	115	267.5	274.883	2-M-J-53-PL
Michael Din	Sir John A Ham	M-J	58.4	59	-110	115	127.5	127.5	72.5	82.5	-92.5	82.5	210	102.5	125	140	140	350	306.075	1-M-J-59-PL
Jeremy Crocker	Central Huron	M-J	56.8	59	82.5	87.5	95	95	65	67.5	70	70	165	125	132.5	142.5	142.5	307.5	276.104	2-M-J-59-PL
Michael Tudose	Bluevale	M-J	65.7	66	112.5	-125	125	125	-92.5	97.5	102.5	102.5	227.5	145	165	-182.5	165	392.5	309.329	1-M-J-66-PL
Marcus Jones	Mother Theresa	M-J	63.2	66	85	97.5	105	105	62.5	67.5	-72.5	67.5	172.5	137.5	150	175	175	347.5	283.004	2-M-J-66-PL
Dustin Court	St Annes	M-J	65.7	66	107.5	-115	115	115	70	75	77.5	77.5	192.5	145	-155	155	155	347.5	273.865	3-M-J-66-PL
Stephen Mantler	Glenview Park	M-J	65.4	66	-90	92.5	100	100	75	80	82.5	82.5	182.5	120	127.5	-132.5	127.5	310	245.241	4-M-J-66-PL
Lucas Ottaway	Cayuga	M-J	65.7	66	75	-90	-90	75	77.5	87.5	-90	87.5	162.5	115	137.5	-147.5	137.5	300	236.430	5-M-J-66-PL
William Forbes	Westdale	M-J	64	66	100	107.5	-115	107.5	-87.5	-87.5	-87.5	0	0				0	0	0.000	
Tyler Walker	Westdale	M-J	72.8	74	125	135	140	140	102.5	107.5	-112.5	107.5	247.5	162.5	175	182.5	182.5	430	312.954	1-M-J-74-PL
Dalton Roberts	Sir John A Wat	M-J	82.5	83	77.5	-120	130	130	87.5	95	97.5	97.5	227.5	167.5	180	190	190	417.5	279.683	1-M-J-83-PL
Lucas St Jean	West Elgin	M-J	79.3	83	120	-132.5	132.5	132.5	92.5	95	-97.5	95	227.5	147.5	-167.5	-167.5	147.5	375	257.438	2-M-J-83-PL
Spencer West	Westdale	M-J	85.6	93	167.5	175	-182.5	175	117.5	125	-130	125	300	200	210	220	220	520	340.964	1-M-J-93-PL
Wade Filiatrault	Bluevale	M-J	83.7	93	130	-140	145	145	100	112.5	120	120	265	182.5	200	212.5	212.5	477.5	317.156	2-M-J-93-PL
Eric Dwyer	St Annes	M-J	84.7	93	127.5	137.5	147.5	147.5	95	102.5	-110	102.5	250	160	182.5	-200	182.5	432.5	285.320	3-M-J-93-PL
Said Zaarour	Essex	M-J	92.8	93	100	110	125	125	-100	110	-117.5	110	235	100	130	142.5	142.5	377.5	237.372	4-M-J-93-PL
Chris Slikboer	Cardinal Carter	M-J	102.2	105	-137.5	155	175	175	110	120	-130	120	295	200	-217.5	217.5	217.5	512.5	309.294	1-M-J-105-PL
Jake Malavolta	Westdale	M-J	97.2	105	170	180	-190	180	110	117.5	-122.5	117.5	297.5	175	187.5	200	200	497.5	306.361	2-M-J-105-PL
Peter Rajacic	Westdale	M-J	111.7	120	92.5	112.5	-137.5	112.5	92.5	102.5	-110	102.5	215	160	182.5	200	200	415	243.107	1-M-J-120-PL
Michael Sandy	Cayuga	M-J	140.6	120+	142.5	155	175	175	90	102.5	112.5	112.5	287.5	170	185	200	200	487.5	272.269	1-M-J-120+-PL

Side Referee

Chief Referee

Side Referee