

Ontario Bench Press

Sep, 2007

Results: Glyn Moore

Class	Name	Club	Bench	Wilks
60	Jason Marentette	PowerPit	50	42.64
67.5	Art Chan	Capital Barbell	165	128.37
75	Harnek Singh Rai	Monster Gym	75	53.95
82.5	Eytan Rip	Ottawa Strong	0	0
82.5	Barry Antoniow	Capital Barbell	200	134.47
90	Dave Walters		182.5	117.04
90	Kevin Stirling	PowerPit	155	98.95
90	Dave Pigozzo	Iron Foundation	145	93.16
90	Vince Byrne	PowerPit	80	51.16
100	Ben Worsell	London	210	129.55
100	Tim Jones	London	172.5	105.67
100	Sheldon Duncan	PowerPit	170	104.06
100	Greg Platsko	PowerPit	122.5	77.77
110	Mark Finnochio	Niagara	205	123.44
110	Tim Ekert	PowerPit	192.5	113.61
110	Luke Skaarup	PowerPit	190	112.1
110	Jody Roemer	Golden Triangle	180	107.81
110	Miroslav Koprnicky		167.5	101.7
110	Fred English		150	89.51
125	Matt Cuthbert	Niagara	202.5	115.58
125	Russell Stocker	Capital Barbell	200	114.35
125	Rick Gazdig	London	185	106.53
125	John Clayton	Golden Triangle	150	87.82
125	Jason Byrne	PowerPit	75	43.17
125.0 +	Shawn O'halloran	PowerPit	295	167.6
125.0 +	Mike Knott	London	190	105.97
125.0 +	Dave Hoffman	Golden Triangle	152.5	82.96

Records Yellow = Provincial

Red = National

Ben Worsell M1. National

Miroslav Koj M2. Provincial