

Ottawa Open

20-Jul-08

AgeClass	Class	Name	Club	M/F	1stSq	2ndSq	3rdSq	1stBen	2ndBen	3rdBen	1stD/L	2ndD/L	3rdD/L	Total	Wilks
M1	48	Odette Michaud	.	Female	90.0	95.0	-98.5	32.5	35.0	-38.5	125.0	-130.0	130.0	260.0	388.3
M1	48	Sue Thomson	Capital Barbell	Female	60.0	65.0	70.0	-42.5	42.5	-47.5	90.0	100.0	105.0	217.5	293.4
Open	52	Trisha Ross	Team Barbarian	Female	72.5	77.5	82.5	47.5	52.5	-55.0	100.0	107.5	115.0	250.0	322.1
M2	56	Janet Warne	.	Female	80.0	85.0	90.0	52.5	-57.5	57.5	87.5	95.0	-100.0	242.5	288.6
Junior	56	Karyne Turcott	.	Female	55.0	-60.0	-60.0	55.0	60.0	-66.0	80.0	90.0	-100.0	205.0	242.9
Junior	56	Christine Greenidge	.	Female	60.0	65.0	-75.0	42.5	47.5	-50.0	75.0	87.5	-90.0	200.0	235.3
M2	60	Althea Flegg	Steel City	Female	75.0	77.5	85.0	47.5	52.5	-60.0	87.5	95.0	102.5	240.0	270.4
Open	67.5	Sarah Leighton	.	Female	125.0	137.5	142.5	75.0	-92.5	92.5	140.0	147.5	150.0	385.0	392.9
Open	67.5	Kacey Baines	.	Female	110.0	115.0	120.0	52.5	55.0	-57.5	130.0	140.0	147.5	322.5	338.0
Open	67.5	Catherine Rohani	.	Female	-100.0	100.0	-120.0	47.5	-50.0	-50.0	115.0	130.0	-142.5	277.5	289.8
Junior	67.5	Ricki-Lee Pitman	Capital Barbell	Female	67.5	72.5	77.5	35.0	40.0	-45.0	85.0	90.0	-100.0	207.5	229.0
Open	75	Sarah Frankel	Defining Strength	Female	150.0	162.5	-172.5	90.0	97.5	-102.5	150.0	-162.5	-162.5	410.0	391.1
M1	75	Jackie Pritchard	Steel City	Female	135.0	145.0	-150.0	82.5	90.0	92.5	147.5	-155.0	-155.0	385.0	390.5
M1	75	Lisa Nigh	Defining Strength	Female	-102.5	105.0	112.5	57.5	-62.5	-62.5	125.0	-132.5	-132.5	295.0	288.7
Junior	67.5	Kyle Vineham	.	Male	142.5	-152.5	152.5	97.5	102.5	-105.0	-142.5	145.0	160.0	415.0	326.3
SubJun	67.5	Anthony Kirkish	.	Male	110.0	-125.0	130.0	100.0	105.0	-110.0	110.0	125.0	140.0	375.0	299.4
SubJun	67.5	Robin Weber	Capital Barbell	Male	-105.0	115.0	122.5	65.0	70.0	-75.0	112.5	122.5	135.0	327.5	277.2
Junior	75	Justin VanSchyndel	Steel City	Male	152.5	170.0	-182.5	130.0	-142.5		-150.0				
SubJun	75	Blaine LeBlond	.	Male	175.0	182.5	195.0	130.0	-135.0	-135.0	180.0	185.0	190.0	515.0	381.0
Open	75	Scott Jen	Capital Barbell	Male	142.5	155.0	165.0	105.0	115.0	-122.5	182.5	190.0	-200.0	470.0	342.4
M2	82.5	Peter Ring	.	Male	-150.0	-150.0	150.0	-130.0	-130.0	-130.0					
Open	82.5	Connor Sheehan	Capital Barbell	Male	-220.0	-230.0	-230.0	140.0	145.0	-152.5	225.0	242.5			
Open	82.5	Eytan Rip	Ottawa Strong	Male	-192.5	-192.5	-192.5								
M1	82.5	Claude Dallaire	.	Male	235.0	250.0	257.5	150.0	155.0	157.5	295.0	305.0	313.5	728.5	489.8
Junior	82.5	Dave Blanchard	Capital Barbell	Male	165.0	-175.0	-175.0	105.0	-115.0	-115.0	185.0	-200.0	-200.0	455.0	315.2
M3	82.5	Richard Sarazin	Capital Barbell	Male	-132.5	132.5	142.5	65.0	75.0	85.0	172.5	182.5	-190.0	410.0	282.9
M2	90	Herb Greenidge	Ottawa Strong	Male	210.0	222.5	225.0	165.0	175.0	185.0	215.0	220.0	225.0	635.0	411.9
M3	90	Laurie Greenidge	.	Male	210.0	220.0	-225.0	135.0	-153.5	-153.5	205.0	215.0	-220.0	570.0	364.1
Junior	90	Luke Johnson	.	Male	175.0	185.0	-195.0	115.0	122.5	-127.5	-192.5	205.0	230.0	537.5	344.5
M3	90	Jack Taylor	Steel City	Male	142.5	155.0	-162.5	107.5	122.5	-127.5	172.5	185.0	-190.0	462.5	296.8
Open	100	Blair Lyon	.	Male	222.5	-237.5	-237.5	-157.5	-157.5	-157.5					
Junior	100	Kade Weber	Capital Barbell	Male	245.0	260.0	-270.0	150.0	157.5	165.0	245.0	265.0	275.0	700.0	434.8
Open	100	Ron Hall	Capital Barbell	Male	220.0	-232.5	-232.5	117.5	122.5	-127.5	205.0	215.0	-220.0	557.5	349.5
Open	100	Chris Gow	.	Male	155.0	172.5	182.5	110.0	125.0	-137.5	205.0	220.0	-227.5	527.5	326.4
Open	110	Shane Church	.	Male	-275.0	295.0	-317.5	200.0	215.0	-230.0	240.0	-277.5	277.5	787.5	467.0
Open	110	Jeff Williams	.	Male	145.0	160.0	-167.5	90.0	100.0	-102.5	200.0	215.0	227.5	487.5	294.8
Junior	125	Nick Heindl	.	Male	-175.0	-175.0	-175.0								
Open	125	Dave Gratton	Iron Foundation	Male	330.0	342.5	-350.0	-255.0	255.0	-262.5	267.5	-280.0	-280.0	865.0	493.6
Open	125	Colin Garnette	.	Male	290.0	307.5	-315.0	192.5	-207.5	207.5	252.5	277.5	-287.5	792.5	458.6

Bench Press

AgeClass	Class	Name	Club	M/F				1stBen	2ndBen	3rdBen				Total	Wilks
Junior	56	Christine Greenidge	.	Female				37.5	45.0	47.5				47.5	55.9
M1	75	Jackie Pritchard	Steel City	Female				80.0	90.0	-92.5				90.0	91.2
M3	82.5	George Lebrecque	.	Male				-137.5	137.5	140.0				140.0	99.1
M2	90	Herb Greenidge	Ottawa Strong	Male				165.0	172.5	180.0				180.0	117.1
M3	90	Laurie Greenidge	.	Male				135.0	145.0	150.0				150.0	95.8
SubJun	100	Daniel Donnelly	.	Male				142.5	147.5	152.5				152.5	93.2
Open	110	Eric Nantel	.	Male				-210.0	-210.0						
M2	125	Fred English	.	Male				-172.5	172.5	175.0				175.0	102.7
M3	125	George Flikas	.	Male				-150.0	160.0	-165.0				160.0	92.2
Open	125+	Ryan Silversen	.	Male				-235.0	-242.5	-242.5					
M1	125+	Curd Hos	.	Male				250.0	-262.5	-262.5				250.0	136.3
M1	125+	Russel Stocker	Capital Barbell	Male				165.0	185.0	-195.0				185.0	105.1