

17/04/2010

St Thomas Open

Name	Div	BWt	WtCls	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	S/T	D/L 1	D/L 2	D/L 3	Best D/L	Total	Wilks	Placing	Tm Pts	Team
Julie Watkin	F-O	59.75	60	115	-130	130	130	62.5	67.5	70	70	200	135	147.5	160	160	360.0	402.66	1-F-O-60	12	
Lynn Wardle	F-O	58.55	60	82.5	90	95	95	-57.5	-57.5	57.5	57.5	152.5	105	-120	120	120	272.5	309.64	2-F-O-60	9	Iron Foundation
Mark MacWilliams	M-O	74.2	75	172.5	185	-205	185	-117.5	130	-150	130	315	170	-200	-207.5	170	485.0	348.20	1-M-O-75	12	
Steve R Spilak	M-O	79	82.5	187.5	-197.5	197.5	197.5	157.5	162.5	-165	162.5	360	170	175	190	190	550.0	378.50	1-M-O-82.5	12	
James Newton	M-O	79.6	82.5	192.5	202.5	-210	202.5	117.5	-122.5	122.5	122.5	325	192.5	207.5	215	215	540.0	369.83	2-M-O-82.5	9	
Matthew Giesa	M-O	81.6	82.5	200	-210	-210	200	115	-122.5	-122.5	115	315	-210	-210	210	210	525.0	354.04	3-M-O-82.5	8	
Brad Dobbs	M-O	81.6	82.5	150	167.5	-175	167.5	97.5	-105	-105	97.5	265	182.5	195	205	205	470.0	316.95	4-M-O-82.5	7	London Powerlifting
Mike Dickinson	M-O	89.1	90	200	215	222.5	222.5	145	-150	-150	145	367.5	255	-265	265	265	632.5	405.87	1-M-O-90	12	Iron Foundation
Jamie Lavoie	M-O	88.5	90	202.5	210	-220	210	-165	167.5	177.5	177.5	387.5	202.5	215	-227.5	215	602.5	387.99	2-M-O-90	9	
Roberto Celio	M-O	99.5	100	240	260	-275	260	-160	-160	160	160	420	240	262.5	272.5	272.5	692.5	422.30	1-M-O-100	12	
Dan Pinkney	M-O	109.4	110	230	250	260	260	140	155	-165	155	415	250	260	265	265	680.0	400.85	1-M-O-110	12	Iron Foundation
Douglas Block Hansen	M-O	114.4	125	175	185	-200	185	100	-115	-115	100	285	182.5	195	205	205	490.0	285.12	1-M-O-125	12	London Powerlifting