

# 2011 Squat

# 2011 Bench

# 2011 Deadlift

# 2011 Total

Mens Sub Jun, Junior	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	120.0	Andrew	Cameron	330.0	192.2
2	93.0	Kristin	Fischer	260.0	164.9	
3	74.0	Justin	Van Schyndel	217.5	159.9	
4	83.0	Jake	Wood	235.0	159.7	
5	83.0	Brian	Whitworth	232.5	156.4	
6	105.0	Jacobs	Stotesbury	235.0	144.0	
7	74.0	Adrien	Stotesbury	197.5	143.0	
8	74.0	Tyler	Crawford	195.0	142.9	
9	105.0	Justin	Alfante	235.0	142.4	
10	105.0	Kevin	O'Brien	235.0	140.9	

Wt. Class	First Name	Surname	Bench	Wilks
120	Andrew	Cameron	232.5	135.4
93	Kristin	Fischer	190.0	120.2
83	Emilio	Suing	175	117.2
74	Justin	Van Schyndel	155	114.0
74	Mike	Pearl	145	105.5
83.0	Jake	Wood	152.5	105.5
120+	Chad	Farquhar	182.5	104.0
74.0	Blain	Leblond	137.5	99.6
105.0	David	Droeske	165.0	99.4
83.0	Brian	Whitworth	147.5	99.2

Wt. Class	First Name	Surname	D/L	Wilks
83.0	Jake	Wood	282.5	192.0
63.0	Stacey	Jensen	175.0	189.3
105.0	David	Droeske	297.5	179.1
120.0	Andrew	Cameron	287.5	167.5
74.0	Tyler	Crawford	217.5	159.4
93.0	Corey	Persic	237.5	158.4
93.0	Kristin	Fischer	247.5	157.0
105.0	Kevin	O'Brien	260.0	155.8
93.0	Cody	Buchenauer	240.0	155.3
105.0	Justin Alfante	Justin Alfante	255.0	154.5

Wt. Class	First Name	Surname	Total	Wilks
120	Andrew	Cameron	850.0	495.2
83	Jake	Wood	672.5	457.0
93	Kristin	Fischer	687.5	434.8
74	Justin	Van Schyndel	570.0	419.1
105	David	Droeske	690.0	415.5
74	Justin	Van Schyndel	547.5	404.2
83	Brian	Whitworth	592.5	398.7
120+	Chad	Farquhar	682.5	388.9
74	Blain	Leblond	535.0	387.5
74	Tyler	Crawford	527.5	386.6

Mens M1	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	83.0	Jeff	Becker	292.5	196.1
2	93.0	Dave	Walters	307.5	194.4	
3	105.0	Stephen	McKenzie	320.0	191.7	
4	120.0	Mark	Giffin	307.5	178.9	
5	83.0	Hoi	Leung	255.0	170.2	
6	120+	Robert	Fortney	295.0	166.3	
7	105.0	Dave	Pigozzo	257.5	159.8	
8	83.0	Sandro	D'Angelo	230.0	154.9	
9	120.0	Sheldon	Duncan	255.0	150.0	
10	120+	Peter	McGill	260.0	147.2	

Wt. Class	First Name	Surname	Bench	Wilks
93.0	Dave	Walters	250.0	158.0
120.0	Mark	Giffin	250.0	145.5
83.0	Jeff	Becker	190.0	127.4
105.0	Stephen	McKenzie	212.5	127.3
120+	Peter	McGill	205.0	116.0
83.0	Hoi	Leung	172.5	115.1
105.0	Dave	Pigozzo	177.5	110.1
74.0	Donald R.	Francis	147.5	109.7
93.0	Greg	Platsko	172.5	109.3
83.0	Sandro	D'Angelo	157.5	106.1

Wt. Class	First Name	Surname	D/L	Wilks
83.0	Jeff	Becker	295.0	197.8
105.0	Stephen	McKenzie	300.0	179.3
83.0	Sandro	D'Angelo	262.5	176.2
93.0	Dave	Walters	275.0	173.9
83.0	Hoi	Leung	260.0	173.5
93.0	Dave	Walters	272.5	172.3
120.0	Sheldon	Duncan	287.5	169.1
83.0	Sandro	D'Angelo	250.0	168.3
120+	Robert	Fortney	295.0	166.3
105.0	Dave	Pigozzo	267.5	166.0

Wt. Class	First Name	Surname	Total	Wilks
93.0	Dave	Walters	830.0	524.7
83.0	Jeff	Becker	775.0	519.6
105.0	Stephen	McKenzie	827.5	495.6
120.0	Mark	Giffin	840.0	488.8
83.0	Hoi	Leung	687.5	458.9
105.0	Dave	Pigozzo	702.5	435.9
120+	Robert	Fortney	772.5	435.5
83.0	Sandro	D'Angelo	642.5	431.4
120.0	Sheldon	Duncan	700.0	411.7
105.0	Andy	Childs	671.0	402.2

Mens M2, M3	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	105.0	Patrick	Hartwick	297.5	180.1
2	74.0	Glyn	Moore	232.5	167.6	
3	120.0	Ron	Strong	285.0	164.3	
4	83.0	Jerry	Marentette	245.0	164.1	
5	120+	Kari	Suutari	280.0	159.6	
6	74.0	Walter	Urban	215.0	155.0	
7	74.0	Frank	Nadeau	210.0	152.4	
8	105.0	Steve	Chomitz	237.5	142.2	
9	93.0	Laurie	Greenidge	220.0	142.0	
10	105.0	Paul	Francis	232.5	140.2	

Wt. Class	First Name	Surname	Bench	Wilks
120+	Kari	Suutari	230.0	131.1
93.0	Jerry	Marentette	195.0	125.8
74.0	Frank	Nadeau	170.0	123.0
120.0	Ron	Strong	210.0	121.5
105.0	Steve	Chomitz	200.0	119.9
83.0	Jerry	Marentette	175.0	117.2
120+	Mike	Knott	200.0	111.2
120.0	Adrian	Ninaber	185.0	109.7
93.0	Ross	Lattanzio	170.0	107.3
74.0	Glyn	Moore	147.5	106.3

Wt. Class	First Name	Surname	D/L	Wilks
93.0	Jerry	Marentette	282.5	182.2
120.0	Ron	Strong	310.0	179.4
120+	Kari	Suutari	300.0	171.8
120.0	Ron	Strong	290.0	167.2
74.0	Walter	Urban	225.0	162.2
74.0	Glyn	Moore	220.0	158.6
83.0	James	Abraham	235.0	157.9
74.0	Frank	Nadeau	215.0	156.0
120.0	Adrian	Ninaber	250.0	148.2
105.0	Steve	Chomitz	245.0	146.8

Wt. Class	First Name	Surname	Total	Wilks
120.0	Ron	Strong	790.0	457.2
120+	Kari	Suutari	800.0	455.9
83.0	Jerry	Marentette	680.0	455.5
74.0	Glyn	Moore	600.0	432.4
74.0	Frank	Nadeau	585.0	424.5
105.0	Patrick	Hartwick	685.0	423.3
105.0	Steve	Chomitz	680.0	407.6
74.0	Walter	Urban	562.5	405.4
120.0	Adrian	Ninaber	662.5	392.7
105.0	Paul	Francis	637.5	384.4

Mens Open	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	93.0	Brandon	Summers	800.0	511.0
2	120.0	Steve	Magistrale	885.0	508.9	
3	120.0	Michael	Sinclair	862.5	500.2	
4	83.0	Zurab	Dzamukashvil	725.0	491.9	
5	74.0	Jamie	Stephen	657.5	474.8	
6	93.0	Mike	Dickinson	735.0	462.7	
7	93.0	Brandon	Ward	727.5	460.9	
8	120+	Jason	Byrne	785.0	447.5	
9	93.0	Brandon	Ward	710.0	446.9	
10	120+	Stephen	Jesso	827.5	445.5	

Wt. Class	First Name	Surname	Bench	Wilks
93.0	Brandon	Summers	227.5	145.3
120.0	Steve	Magistrale	240.0	138.0
120+	Jason	Byrne	235.0	133.5
120+	Matt	Cuthbert	230.0	129.5
83.0	Steve	Spilak	193.0	129.5
120.0	Michael	Sinclair	215.0	124.7
93.0	Greg	Page	190.0	123.4
120+	Stephen	Jesso	227.5	122.5
93.0	Vincent	Byrne	185.0	118.2
93.0	Brandon	Ward	182.5	115.9

Wt. Class	First Name	Surname	D/L	Wilks
83.0	Zurab	I	320.0	217.1
120.0	Michael	Sinclair	347.5	201.5
74.0	Jamie	Stephen	265.0	191.4
93.0	Brandon	Ward	290.0	184.2
120.0	Steve	Magistrale	320.0	184.0
74.0	Jamie	Stephen	250.0	180.9
120+	Jason	Byrne	315.0	179.6
59.0	Steve	Earl	202.5	176.0
93.0	Mike	Dickinson	270.0	170.0
93.0	Vince	Byrne	260.0	167.2

Wt. Class	First Name	Surname	Total	Wilks
93.0	Brandon	Summers	800.0	511.0
120.0	Steve	Magistrale	885.0	508.9
120.0	Michael	Sinclair	862.5	500.2
83.0	Zurab	Dzamukashvil	725.0	491.9
74.0	Jamie	Stephen	657.5	474.8
93.0	Mike	Dickinson	735.0	462.7
93.0	Brandon	Ward	727.5	460.9
120+	Jason	Byrne	785.0	447.5
93.0	Brandon	Ward	710.0	446.9
120+	Stephen	Jesso	827.5	445.5

Womens M1, M2	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	72.0	Ulrike	Kruger	160.0	159.0
2	63.0	Julie	Watkin	140.0	158.1	
3	63.0	Glorianne	Papolis	140.0	151.6	
4	52.0	Jayne	Major	117.5	149.4	
5	84.0	Lisa	Nigh	147.5	143.6	
6	84.0	Jackie	Pritchard	150.0	142.6	
7	47.0	Susan	Thomson	100.0	134.9	
8	63.0	Jane	Lessard	120.0	132.9	
9	57.0	Maria	Commisso	102.5	120.1	
10	84.0	Joanne	Swing	110.0	101.6	

Wt. Class	First Name	Surname	Bench	Wilks
47.0	Susan	Thomson	72.5	97.8
84.0	Jackie	Pritchard	95.0	90.3
63.0	Julie	Watkin	80.0	89.4
52.0	Jayne	Major	70.0	88.0
84.0	Joanne Swing	Joanne Swing	92.5	84.7
72.0	Lisa	Nigh	85.0	84.2
63.0	Glorianne	Papolis	75.0	81.2
63.0	Lynn	Lister	70.0	77.6
63.0	Jane	Lessard	70.0	77.5
72.0	Ulrike	Kruger	77.5	77.0

Wt. Class	First Name	Surname	D/L	Wilks
63.0	Julie	Watkin	165.0	186.4
63.0	Glorianne	Papolis	160.0	173.3
52.0	Jayne	Major	137.5	173.0
72.0	Ulrike	Kruger	165.0	164.0
47.0	Susan	Thomson	117.5	158.5
72.0	Lisa	Nigh	155.0	153.0
84.0	Jackie	Pritchard	150.0	142.6
63.0	Jane	Lessard	125.0	138.5
57.0	Maria	Commisso	112.5	131.8
57.0	Sue	Cornwell	112.5	131.6

Wt. Class	First Name	Surname	Total	Wilks
63.0	Julie	Watkin	380.0	429.2
63.0	Glorianne	Papolis	375.0	406.2
52.0	Jayne	Major	322.5	405.7
72.0	Ulrike	Kruger	402.5	400.0
47.0	Susan	Thomson	290.0	391.2
84.0	Lisa	Nigh	390.0	379.6
84.0	Jackie	Pritchard	395.0	375.5
63.0	Jane	Lessard	315.0	348.9
57.0	Maria	Commisso	257.5	301.7
63.0	Lynn	Lister	257.5	285.6

Womens Open	Ranking	Wt. Class	First Name	Surname	Squat	Wilks	Wt. Class	First Name	Surname	Bench	Wilks	Wt. Class	First Name	Surname	D/L	Wilks	Wt. Class	First Name	Surname	Total	Wilks
	1	72.0	Sarah	Leighton	192.5	192.1	72.0	Sarah	Leighton	125.0	123.0	57.0	Maggie	Rafferty	160.0	188.0	72.0	Leighton	Leighton	502.5	494.6
	2	52.0	Trisha	Boyle	145.0	182.4	63.0	Mary Ann	Kaczor	100.0	107.9	72.0	Sarah	Leighton	180.0	181.8	52.0	Trisha	Boyle	360.5	456.2
	3	63.0	Maggie	Rafferty	150.0	170.6	52.0	Trish	Boyle	80.0	101.5	52.0	Trisha	Boyle	140.5	177.8	57.0	Maggie	Rafferty	382.5	449.4
	4	63.0	Mary Ann	Kaczor	152.5	166.0	63.0	Lynn	Wardle	90.0	96.8	63.0	Mary Ann	Kaczor	165.0	177.6	63.0	Mary Ann	Kaczor	412.5	445.2
	5	63.0	Lynn	Wardle	137.5	147.8	63.0	Maggie	Rafferty	85.0	96.6	63.0	Rebecca	McKeen	155.0	170.0	72.0	Jennifer	Proulx	400.0	393.3
	6	72.0	Jennifer	Proulx	150.0	147.5	72.0	Jennifer	Proulx	85.0	83.6	72.0	Jennifer	Proulx	165.0	162.3	63.0	Lynn	Wardle	357.5	384.4
	7	63.0	McKeen	Fitness	125.0	137.1	63.0	Rebecca	McKeen	70.0	76.8	52.0	Jasneet	Bansal	112.5	144.3	63.0	Rebecca	McKeen	350.0	383.8
	8	52.0	Jasneet	Bansal	80.0	102.6	52.0	Jasneet	Bansal	55.0	70.5	63.0	Lynn	Wardle	130.0	139.8	52.0	Jasneet	Bansal	247.5	317.5
	9	84+	Krista	Miller	107.5	92.2	84+	Erin	Denton	80.0	67.2	84+	Erin	Denton	135.0	113.0	84+	Erin	Denton	322.5	269.9
10	84+	Erin	Denton	107.5	90.0	84+	Krista	Miller	75.0	64.3	84+	Krista	Miller	115.0	98.7	84+	Krista	Miller	297.5	255.2	

# 2010 Squat

# 2010 Bench

# 2010 Deadlift

# 2010 Total

Ranking	Wt.		First Name	Surname	Squat	Wilks
	Class					
1	100.0		Marlon	Obratoski	320.0	195.5
2	110.0		Andrew	Cameron	290.0	174.9
3	82.5		Alex	Benson	255.0	172.4
4	90.0		Matt	Shelvock	262.5	170.1
5	110.0		Dan	Pinkney	285.0	169.6
6	67.5		Dalton	Major	212.5	167.1
7	82.5		Jake	Wood	232.5	159.1
8	90.0		Kristin	Fischer	247.5	158.2
9	82.5		Mike	Wood	222.5	153.9
10	75.0		Justin	Van Schyndel	202.5	151.8

Wt.		First Name	Surname	Bench	Wilks
Class					
100		Marlon	Obratoski	210	128.3
110		Andrew	Cameron	202.5	122.9
82.5		Mike	Wood	167.5	115.8
125+		Chad	Farquhar	190	106.8
75		Justin	VanSchyndel	142.5	106.0
82.5		Jake	Wood	152.5	104.4
67.5		Kyle	Vineham	130.0	100.8
110.0		David	Droeske	165.0	98.7
67.5		Dalton	Major	122.5	97.3
82.5		Brian	Whitworth	142.5	95.8

Wt.		First Name	Surname	D/L	Wilks
Class					
82.5		Jake	Wood	277.5	189.9
67.5		Dalton	Major	227.5	180.4
82.5		Mike	Wood	255.0	176.4
82.5		Alex	Benson	260.0	175.7
100.0		Marlon	Obratoski	282.5	172.6
110.0		David	Droeske	287.5	171.9
60.0		Steve	Earl	200.0	170.6
110.0		Dan	Pinkney	280.0	166.6
82.5		Kevin	Cancian	235.0	162.3
82.5		Kevin	Cancian	235.0	161.9

Wt.		First Name	Surname	Total	Wilks
Class					
100.0		Marlon	Obratoski	812.5	496.5
82.5		Jake	Wood	662.5	453.4
110.0		Andrew	Cameron	742.5	447.7
82.5		Mike	Wood	645.0	446.1
82.5		Alex	Benson	650.0	439.3
67.5		Dalton	Major	550.0	436.2
110.0		Dan	Pinkney	717.5	426.9
110.0		David	Droeske	702.5	420.1
90.0		Matt	Shelvock	637.5	413.0
90.0		Kristin	Fischer	630.0	403.3

Ranking		Wt.		First Name	Surname	Squat	Wilks
		Class					
1		82.5		Jeff	Becker	295.0	198.1
2		110.0		Mark	Giffin	320.0	188.6
3		110.0		Andy	Childs	305.0	181.6
4		90.0		Hoi	Leung	267.5	171.4
5		125.0		Sheldon	Duncan	290.0	170.2
6		100.0		Barry	McEvoy	260.0	161.3
7		82.5		Sandro	D'Angelo	237.5	160.9
8		100.0		Dave	Pigozzo	255.0	158.7
9		100.0		Steve	Janik	252.5	154.5
10		100.0		Roberto	Celio	250.0	153.0

Wt.		First Name	Surname	Bench	Wilks
Class					
110.0		Mark	Giffin	242.5	143.0
125.0		Sheldon	Duncan	217.5	127.6
100.0		Barry	McEvoy	205.0	127.2
90.0		Jeff	Becker	192.5	123.5
110.0		Andy	Childs	205.0	122.1
90.0		Hoi	Leung	185.0	118.2
110.0		Craig	Hirota	197.5	117.7
82.5		Greg	Platsko	170.0	114.0
100.0		Dave	Pigozzo	180.0	112.0
125.0		Peter	McGill	182.5	104.0

Wt.		First Name	Surname	D/L	Wilks
Class					
82.5		Jeff	Becker	290.0	194.6
90.0		Hoi	Leung	295.0	189.0
125.0		Sheldon	Duncan	300.0	176.1
110.0		Mark	Giffin	297.5	175.4
82.5		Sandro	D'Angelo	255.0	173.1
100.0		Craig	Hirota	282.5	172.8
100.0		Dave	Pigozzo	277.5	172.7
110.0		Andy	Childs	290.0	172.7
100.0		Roberto	Celio	277.5	169.9
82.5		Greg	Platsko	247.5	165.9

Wt.		First Name	Surname	Total	Wilks
Class					
82.5		Jeff	Becker	770.0	516.6
110.0		Mark	Giffin	860.0	507.0
110.0		Andy	Childs	800.0	476.3
90.0		Hoi	Leung	740.0	474.0
125.0		Sheldon	Duncan	807.5	473.9
100.0		Barry	McEvoy	715.0	443.5
100.0		Dave	Pigozzo	712.5	443.4
82.5		Sandro	D'Angelo	635.0	430.2
110.0		Craig	Hirota	720.0	429.1
100.0		Roberto	Celio	692.5	423.9

Ranking		Wt.		First Name	Surname	Squat	Wilks
		Class					
1		110.0		Patrick	Hartwick	290.0	174.6
2		125.0		Ron	Strong	297.5	172.2
3		100.0		Jerry	Marentette	265.0	169.0
4		75.0		Glyn	Moore	232.5	166.1
5		75.0		Walter	Urban	222.5	158.8
6		75.0		Frank	Nadeau	220.0	156.8
7		90.0		Herb	Greenidge	230.0	147.8
8		100.0		Steve	Chomitz	237.5	144.9
9		110.0		Adrian	Ninaber	242.5	143.2
10		90.0		Kevin	Stirling	215.0	138.0

Wt.		First Name	Surname	Bench	Wilks
Class					
75.0		Frank	Nadeau	167.5	119.4
100.0		Steve	Chomitz	194.0	118.2
100.0		Jerry	Marentette	182.5	116.4
125.0		Ron	Strong	200.0	115.4
110.0		Adrian	Ninaber	192.5	113.7
75.0		Glyn	Moore	155.0	110.8
100.0		Miroslav	Koprnicky	180.0	109.9
125+		Mike	Knott	192.5	107.0
90.0		Kevin	Stirling	157.5	101.1
100.0		Paul	Francis	160.0	97.7

Wt.		First Name	Surname	D/L	Wilks
Class					
125.0		Ron	Strong	320.5	185.5
100.0		Jerry	Marentette	267.5	170.6
75.0		Walter	Urban	230.0	164.2
75.0		Glyn	Moore	222.5	159.0
75.0		Walter	Urban	222.5	158.7
100.0		Steve	Chomitz	260.0	158.4
82.5		John	Cahill	225.0	152.2
75.0		Frank	Nadeau	212.5	151.4
110.0		Adrian	Ninaber	256.0	151.1
110.0		Patrick	Hartwick	235.0	141.5

Wt.		First Name	Surname	Total	Wilks
Class					
125.0		Ron	Strong	803.0	464.8
100.0		Jerry	Marentette	715.0	455.9
75.0		Glyn	Moore	610.0	435.9
75.0		Frank	Nadeau	600.0	427.5
100.0		Steve	Chomitz	680.5	415.1
75.0		Walter	Urban	577.5	412.3
110.0		Patrick	Hartwick	675.0	406.4
110.0		Adrian	Ninaber	683.5	403.5
110.0		Patrick	Hartwick	632.5	379.6
90.0		Herb	Greenidge	582.5	374.4

Ranking		Wt.		First Name	Surname	Squat	Wilks
		Class					
1		125.0		Kelly	Branton	367.5	209.9
2		82.5		Jeff	Becker	295.0	198.1
3		100.0		Marlon	Obratoski	320.0	195.5
4		125.0		Jason	Byrne	342.5	195.4
5		125.0		Steve	Magistrale	335.0	191.2
6		125+		Stephen	Jesso	350.0	189.3
7		110.0		Mark	Giffin	320.0	188.6
8		90.0		Dave	Walters	287.5	183.7
9		90.0		Mike	Dickinson	285.0	182.7
10		90.0		Dave	Walters	285.0	182.6

Wt.		First Name	Surname	Bench	Wilks
Class					
90.0		Dave	Walters	240.0	153.7
90.0		Barry	Antoniow	235.0	151.2
125.0		Kelly	Branton	255.0	145.7
110.0		Mark	Giffin	242.5	143.0
67.5		Art	Chan	182.5	141.2
125.0		Steve	Magistrale	245.0	139.8
125.0		Jason	Byrne	237.5	135.5
125+		Stephen	Jesso	245.0	132.5
100.0		Marlon	Obratoski	210.0	128.3
125.0		Sheldon	Duncan	217.5	127.6

Wt.		First Name	Surname	D/L	Wilks
Class					
82.5		Jeff	Becker	290.0	194.6
67.5		Art	Chan	250.0	193.4
90.0		Brandon	Ward	297.5	190.6
82.5		Jake	Wood	277.5	189.9
90.0		Dave	Bolton	295.0	189.6
67.5		Jamie	Stephen	245.0	189.1
82.5		Jake	Wood	275.5	189.0
90.0		Hoi	Leung	295.0	189.0
125.0		Ron	Strong	320.5	185.5
125.0		Steve	Magistrale	325.0	185.5

Wt.		First Name	Surname	Total	Wilks
Class					
125.0		Kelly	Branton	937.5	535.6
82.5		Jeff	Becker	770.0	516.6
125.0		Steve	Magistrale	905.0	516.5
125.0		Jason	Byrne	900.0	513.4
110.0		Mark	Giffin	860.0	507.0
90.0		Dave	Walters	785.0	502.9
67.5		Art	Chan	647.5	501.0
100.0		Marlon	Obratoski	812.5	496.5
125+		Stephen	Jesso	895.0	484.0
110.0		Andy	Childs	800.0	476.3

Ranking		Wt.		First Name	Surname	Squat	Wilks
		Class					
1		67.5		Glorianne	Papolis	152.5	161.5
2		60.0		Julie	Watkin	140.0	159.0
3		82.5		Ulrike	Kruger	165.0	156.5
4		75.0		Jackie	Pritchard	150.0	145.2
5		52.0		Jayne	Major	110.0	141.5
6		67.5		Althea	Flegg	125.0	139.0
7		82.5		Karen	Allison	147.5	135.2
8		67.5		Lisa	Nigh	132.5	135.2
9		48.0		Sue	Thomson	100.0	133.1
		60.0		Jane	Lessard	115.0	129.0

Wt.		First Name	Surname	Bench	Wilks
Class					
75.0		Jackie	Pritchard	103.0	99.6
48.0		Sue	Thomson	70.0	93.1
75.0		Lisa	Nigh	85.0	83.4
56.0		Grace	Bartel	67.5	81.8
60.0		Julie	Watkin	70.0	79.5
67.5		Glorianne	Papolis	75.0	79.4
52.0		Jayne	Major	60.0	77.2
90.0		Tracy	Dunning	85.0	76.0
60.0		Jane	Lessard	67.5	75.7
75.0		Ulrike	Kruger	77.5	

Womens Open	Ranking	Wt. Class	First Name	Surname	Squat	Wilks	Wt. Class	First Name	Surname	Bench	Wilks	Wt. Class	First Name	Surname	D/L	Wilks	Wt. Class	First Name	Surname	Total	Wilks
	1	67.5	Sarah	Leighton	187.5	192.4	67.5	Sarah	Leighton	115.0	118.9	67.5	Sarah	Leighton	175.0	179.6	67.5	Sarah	Leighton	477.5	490.0
	2	52.0	Trisha	Boyle	141.5	180.7	82.5	Susan	Abbott	110.0	100.2	60.0	Julie	Watkin	160.0	179.1	52.0	Trisha	Boyle	356.5	455.2
	3	67.5	Stacy	Jenson	167.5	178.6	75.0	Jackie	Pritchard	103.0	99.6	52.0	Trisha	Boyle	137.5	175.6	67.5	Stacy	Jenson	415.0	442.5
	4	67.5	Mary Ann	Kaczor	157.5	163.8	52.0	Trisha	Boyle	77.5	99.0	67.5	Mary Ann	Kaczor	167.5	174.1	67.5	Mary Ann	Kaczor	415.0	431.5
	5	75.0	Sarah	Frankel	167.5	162.7	67.5	Stacy	Jenson	92.5	98.6	56.0	Grace	Bartel	137.5	166.7	60.0	Julie	Watkin	362.5	411.6
	6	67.5	Glorianne	Papolis	152.5	161.5	67.5	Mary Ann	Kaczor	92.5	96.3	67.5	Rebecca	MeKeen	150.0	165.3	75.0	Sarah	Frankel	415.0	403.2
	7	60.0	Julie	Watkin	140.0	159.0	48.0	Sue	Thomson	70.0	93.1	67.5	Stacy	Jenson	155.0	165.3	67.5	Glorianne	Papolis	377.5	399.7
	8	82.5	Ulrike	Kruger	165.0	156.5	67.5	Stacey	Jensen	87.5	92.5	60.0	Maggie	Rafferty	142.5	164.9	60.0	Maggie	Rafferty	342.5	396.3
	9	60.0	Maggie	Rafferty	135.0	156.2	75.0	Sarah	Frankel	95.0	92.3	52.0	Trisha	Boyle	130.0	162.8	67.5	Ashley	Werner	372.5	394.4
10	75.0	Anita	Santos	152.5	151.7	56.0	Maggie	Rafferty	77.5	92.0	75.0	Ulrike	Kruger	167.5	161.0	75.0	Jackie	Pritchard	403.0	389.8	

# 2009 Squat

# 2009 Bench

# 2009 Deadlift

# 2009 Total

Mens Sub Junior	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	67.5	Dalton Major	Major	202.5	161.2
2	75.0	Blaine LeBlond	LeBlond	207.5	151.5	
3	82.5	Ryan Gutterman	Gutterman	200.0	134.0	
4	90.0	Cody Dyson	Dyson	200.0	127.7	
5	125+	Chad Farquhar	Farquhar	212.5	119.9	
6	125.0	Arlen Montrope	Montrope	200.0	117.1	
7	82.5	Mark Whitworth	Whitworth	167.5	113.0	
8	75.0	Theodore Lim	Lim	150.0	108.2	
9	125+	Shaun McFadden	McFadden	192.5	107.4	
10	82.5	Philip Tofflemire	Tofflemire	125.0	87.5	

Wt. Class	First Name	Surname	Bench	Wilks
75	Blaine	LeBlond	142.5	104.0
67.5	Dalton Major	Major	120	95.5
90	Cody	Dyson	145	92.6
125+	Chad	Farquhar	157.5	88.8
125	Arlen	Montrope	135	79.1
82.5	Mark	Whitworth	115	77.6
125+	Shaun	McFadden	135	75.3
82.5	Ryan	Gutterman	110	73.7
82.5	Philip	Tofflemire	90	63.0
75	Theodore	Lim	77.5	55.9

Wt. Class	First Name	Surname	D/L	Wilks
67.5	Dalton	Major	215.0	174.6
75.0	Blaine	LeBlond	195.0	142.3
90.0	Cody	Dyson	220.0	140.4
75.0	Theodore	Lim	192.5	138.9
125.0	Arlen	Montrope	235.0	137.6
82.5	Mark	Whitworth	202.5	136.7
82.5	Philip	Tofflemire	195.0	136.5
82.5	Ryan	Gutterman	195.0	130.6
125+	Chad	Farquhar	210.0	118.5
125+	Shaun	McFadden	205.0	114.4

Wt. Class	First Name	Surname	Total	Wilks
67.5	Dalton	Major	538.5	428.8
75.0	Blaine	LeBlond	545.0	397.8
90.0	Cody	Dyson	565.0	360.7
82.5	Ryan	Gutterman	505.0	338.3
125.0	Arlen	Montrope	570.0	333.8
82.5	Mark	Whitworth	485.0	327.3
125+	Chad	Farquhar	580.0	327.2
75.0	Theodore	Lim	420.0	303.0
125+	Shaun	McFadden	532.5	297.2
82.5	Philip	Tofflemire	410.0	286.9

Mens Junior	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	125.0	Kelly Branton	Branton	335.0	194.6
2	82.5	Daniel Young	Young	270.0	182.8	
3	100.0	Kade Weber	Weber	295.0	180.0	
4	100.0	Marlon Obratoski	Obratoski	290.0	177.3	
5	75.0	Yves Brousseau	Brousseau	240.0	174.0	
6	82.5	Phil Plato	Plato	240.0	162.3	
7	90.0	Alex Benson	Benson	242.5	158.6	
8	100.0	Andrew Cameron	Cameron	255.0	155.2	
9	90.0	Rowan Neufeld	Neufeld	230.0	148.2	
10	67.5	Kyle Vieham	Vieham	190.0	146.7	

Wt. Class	First Name	Surname	Squat	Wilks
125	Kelly	Branton	242.5	140.8
75	Yves	Brousseau	192.5	139.5
100	Marlon	Obratoski	210	128.4
100	Andrew	Cameron	190	115.6
82.5	Daniel	Young	165	111.7
82.5	Mike	Wood	160.0	110.2
75.0	Justin	Van Schyndel	145.0	109.6
82.5	Greg	Page	160.0	107.4
82.5	Philip	Plato	155.0	104.3
82.5	Marc	Morris	152.5	103.5

Wt. Class	First Name	Surname	D/L	Wilks
82.5	Jake	Wood	262.5	183.1
125.0	Kelly	Branton	313.0	181.8
82.5	Daniel	Young	265.0	179.4
82.5	Phil	Plato	265.0	179.2
82.5	Mike	Wood	250.0	172.2
56.0	Steven	Earl	185.0	170.5
100.0	Marlon	Obratoski	277.5	169.6
82.5	Mike	Wood	240.0	162.7
100.0	Randall	Trusscott	265.0	162.3
60.0	Steve	Earl	185.0	162.0

Wt. Class	First Name	Surname	Total	Wilks
125.0	Kelly	Branton	890.5	517.2
100.0	Marlon	Obratoski	777.5	475.3
82.5	Daniel	Young	700.0	473.8
75.0	Yves	Brousseau	650.0	471.2
82.5	Phil	Plato	645.0	436.3
82.5	Mike	Wood	610.0	420.1
100.0	Andrew	Cameron	677.5	412.3
82.5	Jake	Wood	590.0	411.5
82.5	Greg	Page	585.0	392.8
90.0	Alex	Benson	587.5	391.3

Mens M1	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	90.0	Jeff Becker	Becker	307.5	197.7
2	90.0	Eric Gagnon	Gagnon	307.5	196.6	
3	100.0	Andy Childs	Childs	295.0	179.8	
4	90.0	Dave Walters	Walters	280.0	178.9	
5	110.0	Mark Giffen	Giffen	302.5	178.2	
6	90.0	Hoi Leung	Leung	260.0	166.4	
7	110.0	Sheldon Duncan	Duncan	275.0	163.7	
8	100.0	Steve Garrett	Garrett	262.5	162.2	
9	110.0	Pedro Tondo	Tondo	270.0	160.1	
10	82.5	Sandro D'Angelo	D'Angelo	225.0	152.5	

Wt. Class	First Name	Surname	Bench	Wilks
90.0	Dave	Walters	242.5	154.9
90.0	Jeff	Becker	200.0	128.6
110.0	Mark	Giffen	215.0	126.7
110.0	Sheldon	Duncan	207.5	123.5
100.0	Barry	McEvoy	192.5	120.9
100.0	Andy	Childs	197.5	120.4
90.0	Eric	Gagnon	185.0	118.3
110.0	Craig	Hirota	190.0	112.3
90.0	Hoi	Leung	175.0	112.0
125+	Larry	Davis	190.0	106.7

Wt. Class	First Name	Surname	D/L	Wilks
90.0	Jeff	Becker	292.5	188.2
90.0	Hoi	Leung	287.5	184.0
100.0	Andy	Childs	290.0	176.7
110.0	Sheldon	Duncan	292.5	174.2
100.0	Dave	Piggozzo	272.5	168.3
90.0	Eric	Gagnon	262.5	167.9
90.0	Dave	Walters	262.5	167.7
100.0	Barry	McEvoy	265.0	166.4
82.5	Sandro	D'Angelo	242.5	164.4
110.0	Craig	Hirota	272.5	161.1

Wt. Class	First Name	Surname	Total	Wilks
90.0	Jeff	Becker	800.0	514.3
90.0	Dave	Walters	785.0	501.4
90.0	Eric	Gagnon	755.0	482.8
100.0	Andy	Childs	772.5	470.7
90.0	Hoi	Leung	722.5	462.3
110.0	Sheldon	Duncan	775.0	461.4
110.0	Mark	Giffen	782.5	461.0
90.0	Hoi	Leung	697.5	445.5
100.0	Barry	McEvoy	687.5	431.7
110.0	Craig	Craig Hirota	712.5	421.2

Mens M2	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	75.0	Glyn Moore	Moore	250.0	178.1
2	90.0	Jerry Marentette	Marentette	272.5	174.9	
3	125.0	Ron Strong	Strong	290.0	167.4	
4	100.0	Steve Chomitz	Chomitz	255.0	155.6	
5	125.0	Kari Suutari	Suutari	272.5	155.4	
6	82.5	Frank Naudeau	Naudeau	220.0	152.8	
7	75.0	Walter Urban	Urban	212.5	151.8	
8	90.0	Herb Greenidge	Greenidge	227.5	145.7	
9	125+	Mike Knott	Knott	250.0	139.3	
10	125.0	Rick Gazdig	Gazdig	230.0	131.5	

Wt. Class	First Name	Surname	Bench	Wilks
125.0	Kari	Suutari	236.0	134.6
90.0	Jerry	Marentette	200.0	128.3
75.0	Frank	Naudeau	166.0	119.5
125.0	Ron	Strong	200.0	115.6
125.0	Adrian	Ninaber	190.0	111.7
125+	Michael	Knott	195.0	109.0
90.0	Herb	Greenidge	170.0	108.9
125.0	Rick	Gazdig	190.0	108.6
100.0	Steve	Chomitz	177.5	108.3
75.0	Glyn	Moore	150.0	107.1

Wt. Class	First Name	Surname	D/L	Wilks
90.0	Jerry	Marentette	282.5	181.3
125.0	Ron	Strong	310.0	178.9
125.0	Kari	Suutari	300.0	171.0
75.0	Walter	Urban	227.5	162.7
75.0	Glyn	Moore	225.0	160.3
100.0	Steve	Chomitz	262.5	160.2
75.0	Barry	Simms	210.0	149.8
82.5	Frank	Naudeau	210.0	145.8
90.0	Herb	Greenidge	227.5	145.7
82.5	John	Cahill	212.5	144.1

Wt. Class	First Name	Surname	Total	Wilks
90.0	Jerry	Marentette	755.0	484.5
125.0	Ron	Strong	800.0	461.7
125.0	Kari	Suutari	800.0	456.1
75.0	Glyn	Moore	625.0	445.4
100.0	Steve	Chomitz	695.0	424.2
75.0	Frank	Naudeau	576.0	414.7
75.0	Walter	Urban	562.5	402.3
90.0	Herb	Greenidge	625.0	400.4
125.0	Rick	Gazdig	670.0	383.1
125.0	Adrian	Ninaber	635.0	373.4

Mens Open	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	82.5	Brandon Summers	Summers	300.0	201.7
2	90.0	Jeff Becker	Becker	307.5	197.7	
3	90.0	Eric Gagnon	Gagnon	307.5	196.6	
4	125.0	Kelly Branton	Branton	335.0	194.6	
5	125.0	Jason Byrne	Byrne	340.0	194.0	
6	125+	Steve Magistrale	Magistrale	340.0	192.8	
7	125.0	Colin Garnett	Garnett	330.0	189.9	
8	90.0	Vincent Byrne	Byrne	295.0	188.9	
9	60.0	David Heisel	Heisel	215.0	185.1	
10	100.0	Alex Drolc	Drolc	300.0	183.2	

Wt. Class	First Name	Surname	Bench	Wilks
90.0	Dave	Walters	242.5	154.9
67.5	Art	Chan	195.0	151.8
125+	Steve	Magistrale	260.0	147.5
90.0	Vincent	Byrne	222.5	142.4
110.0	Mike	Schin	237.5	141.5
125.0	Kelly	Branton	242.5	140.8
75.0	Yves	Brousseau	192.5	139.5
125.0	Kari	Suutari	236.0	134.6
82.5	Brandon	Summers	195.0	131.1
125.0	Colin	Garnett	227.5	130.9

Wt. Class	First Name	Surname	D/L	Wilks
60.0	David	Heisel	227.5	195.8
75.0	Art	Chan	265.0	191.5
90.0	Jeff	Becker	292.5	188.2
125.0	Chris	Chris Yantha	322.5	184.5
90.0	Hoi	Leung	287.5	184.0
125.0	Steve	Magistrale	320.0	183.4
82.5	Jake	Wood	262.5	183.1
90.0	Vincent	Byrne	285.0	182.5
125.0	Kelly	Branton	313.0	181.8
90.0	Jerry	Marentette	282.5	181.3

Wt. Class	First Name	Surname	Total	Wilks
125.0	Steve	Magistrale	905.0	518.6
125.0	Kelly	Branton	890.5	517.2
90.0	Jeff	Becker	800.0	514.3
90.0	Vincent	Byrne	802.5	513.8
82.5	Brandon	Summers	760.0	511.0
82.5	Brandon	Summers	760.0	511.0
67.5	Art	Chan	645.0	502.1
90.0	Dave	Walters	785.0	501.4
125.0	Jason	Byrne	860.0	490.7
60.0	David	Heisel	567.5	488.5

Womens M1	Ranking	Wt. Class	First Name	Surname	Squat	Wilks	Wt. Class	First Name	Surname	Bench	Wilks	Wt. Class	First Name	Surname	D/L	Wilks	Wt. Class	First Name	Surname	Total	Wilks
	1	75.0	Jackie	Pritchard	162.5	163.3	56.0	Anita	Marcinko	82.5	97.2	56.0	Sandra	Huerter	137.5	161.8	75.0	Jackie	Pritchard	397.5	399.4
2	56.0	Maureen	Laporte	117.5	141.6	75.0	Jackie	Pritchard	90.0	90.4	56.0	Maureen	Laporte	136.0	160.5	56.0	Maureen	Laporte	326.0	384.7	
3	56.0	Sandra	Huerter	120.0	141.2	56.0	Maureen	Laporte	75.0	88.5	56.0	Anita	Marcinko	135.0	160.2	56.0	Anita	Marcinko	322.5	382.7	
4	75.0	Karen	Allison	145.0	139.1	75.0	Karen	Allison	85.0	81.6	56.0	Julie	Watkin	130.0	155.1	56.0	Sandra	Huerter	322.5	379.5	
5	56.0	Julie	Watkin	115.0	137.8	56.0	Sandra	Huerter	65.0	76.5	56.0	Maureen	Laporte	128.0	154.3	56.0	Julie	Watkin	302.5	362.5	
6	75.0	Ulrike	Kruger	142.5	135.5	75.0	Lisa	Nigh	75.0	73.1	56.0	Maureen	Laporte	128.0	154.3	75.0	Karen	Allison	360.0	345.4	
7	56.0	Anita	Marcinko	107.5	127.6	56.0	Julie	Watkin	60.0	71.9	48.0	Sue	Thomson	112.5	152.0	48.0	Sue	Thomson	250.0	337.8	
8	48.0	Sue	Thomson	85.0	114.8	90.0	Tracy	Dunning	80.0	71.2	75.0	Jackie	Pritchard	145.0	145.7	75.0	Ulrike	Kruger	347.5	330.3	
9	75.0	Lisa	Nigh	102.5	99.9	48.0	Sue	Thomson	52.5	70.9	90.0	Tracy	Dunning	160.0	142.3	52.0	Jayne	Major	232.5	297.8	
	52.0	Jayne	Major	77.5	99.3	67.5	Tammy	Coles	62.5	66.9	52.0	Jayne	Major	110.0	140.9	75.0	Lisa	Nigh	302.5	294.7	

  

Womens Open	Ranking	Wt. Class	First Name	Surname	Squat	Wilks	Wt. Class	First Name	Surname	Bench	Wilks	Wt. Class	First Name	Surname	D/L	Wilks	Wt. Class	First Name	Surname	Total	Wilks
	1	60.0	Krista	Schaus	150.0	167.2	75.0	Shany	Gilbert	110.0	105.3	67.5	Sarah	Leighton	162.5	167.5	60.0	Krista	Schaus	390.0	434.8
2	75.0	Sarah	Frankel	175.0	167.2	67.5	Sarah	Leighton	100.0	102.8	60.0	Krista	Schaus	150.0	167.2	67.5	Sarah	Leighton	420.0	431.9	
3	52.0	Trisha	Boyle	130.0	165.7	60.0	Krista	Schaus	90.0	100.3	52.0	Trisha	Boyle	130.0	165.7	52.0	Trisha	Boyle	335.0	427.1	
4	67.5	Sarah	Leighton	160.0	164.5	56.0	Anita	Marcinko	82.5	97.2	67.5	Mary Ann	Kazor	157.5	165.6	75.0	Sarah	Frankel	432.5	413.2	
5	75.0	Jackie	Pritchard	162.5	163.3	52.0	Trisha	Boyle	75.5	97.1	67.5	Sarah	Leighton	160.0	164.5	75.0	Jackie	Pritchard	397.5	399.4	
6	75.0	Courtney	Watts	150.0	144.8	82.5	Susan	Abbott	105.0	95.9	75.0	Catherine	Rohani	160.0	162.4	75.0	Shany	Gilbert	402.5	385.2	
7	67.5	Anita	Santos	140.0	142.9	75.0	Sarah	Frankel	95.0	90.8	56.0	Glendy	Randall	137.5	162.2	56.0	Maureen	Laporte	326.0	384.7	
8	56.0	Maureen	Laporte	117.5	141.6	75.0	Jackie	Pritchard	90.0	90.4	56.0	Sandra	Huerter	137.5	161.8	56.0	Anita	Marcinko	322.5	382.7	
9	56.0	Sandra	Huerter	120.0	141.2	56.0	Maureen	Laporte	75.0	88.5	52.0	Trisha	Boyle	125.0	160.8	56.0	Sandra	Huerter	322.5	379.5	
10	75.0	Karen	Allison	145.0	139.1	75.0	Karen	Allison	85.0	81.6	56.0	Maureen	Laporte	136.0	160.5	67.5	Mary Ann	Kazor	350.0	368.0	

# 2008 Squat

# 2008 Bench

# 2008 Deadlift

# 2008 Total

Mens Sub Junior	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	75.0	Blaine	LeBlond	195.0	144.3
2	60.0	Dalton	Major	160.0	136.7	
3	82.5	Kurtis	Strong	200.0	134.4	
4	110.0	Geoffrey	Yee	220.0	131.9	
5	67.5	Ryan	Watchorn	157.5	122.0	
6	67.5	Anthony	Kirkish	150.0	117.8	
7	82.5	Jake	Wood	160.0	111.5	
8	67.5	Robin	Weber	122.5	103.7	
9	110.0	Robert	Hoffman	165.0	97.1	
10	125.0	Shaun	Mcfadden	165.0	94.4	

Wt. Class	First Name	Surname	Bench	Wilks
67.5	Blaine	LeBlond	125.0	97.9
82.5	Kurtis	Strong	135.0	90.9
67.5	Anthony	Kirkish	112.5	88.3
110.0	Geoffrey	Yee	140.0	83.9
60.0	Dalton	Major	97.5	83.3
125.0	Shaun	Mcfadden	135.0	77.3
82.5	Jake	Wood	110.0	76.7
67.5	Ryan	Watchorn	97.5	75.5
110.0	Robert	Hoffman	105.0	61.8
67.5	Robin	Weber	70.0	59.3

Wt. Class	First Name	Surname	D/L	Wilks
82.5	Jake	Wood	252.5	176.0
82.5	Kurtis	Strong	240.0	161.6
60.0	Dalton	Major	187.5	160.2
67.5	Ryan	Watchorn	190.0	147.2
67.5	Blaine	LeBlond	180.0	141.0
110.0	Geoffrey	Yee	210.0	125.9
67.5	Anthony	Kirkish	152.5	119.7
67.5	Robin	Weber	135.0	114.3
110.0	Robert	Hoffman	182.5	107.4
125.0	Shaun	Mcfadden	170.0	97.3

Wt. Class	First Name	Surname	Total	Wilks
82.5	Kurtis	Strong	570.0	383.8
75.0	Blaine	LeBlond	515.0	381.0
60.0	Dalton	Major	445.0	380.1
82.5	Jake	Wood	522.5	364.1
67.5	Ryan	Watchorn	445.0	344.7
110.0	Geoffrey	Yee	570.0	341.8
67.5	Anthony	Kirkish	415.0	325.9
67.5	Robin	Weber	327.5	277.2
125.0	Shaun	Mcfadden	470.0	269.0
110.0	Robert	Hoffman	452.5	266.3

Mens Junior	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	110.0	Stephen	Mackie	267.5	159.8
2	110.0	Kelly	Branton	260.0	153.2	
3	100.0	Marlon	Obratoski	287.5	175.8	
4	100.0	Kade	Weber	260.0	161.5	
5	90.0	Frank	Butty	232.5	149.1	
6	90.0	Kade	Weber	232.5	148.8	
7	90.0	Josh	Koptie	225.0	146.9	
8	82.5	Philip	Plato	252.5	170.3	
9	67.5	Jason	Marentette	192.5	154.3	
10	60.0	David	Heisel	212.5	183.8	

Wt. Class	First Name	Surname	Bench	Wilks
110.0	Kelly	Branton	207.5	122.2
100.0	Marlon	Obratoski	197.5	120.7
60.0	Dave	Heisel	137.5	118.2
110.0	Stephen	Mackie	195.0	116.5
90.0	Ryan	Chan	167.5	110.5
75.0	Justin	Van Schyndel	140.0	105.4
82.5	Mike	Wood	150.0	103.0
100.0	Kade	Weber	165.0	102.5
90.0	Ryan	Chan	152.5	101.1
100.0	Philip	Hawkyard	162.5	100.9

Wt. Class	First Name	Surname	D/L	Wilks
60.0	David	Heisel	220.0	190.3
67.5	Jason	Marentette	235.0	184.5
90.0	Frank	Butty	275.0	177.6
82.5	Philip	Plato	262.5	177.0
82.5	Nathan	Coleman	255.0	171.0
100.0	Kade	Weber	275.0	170.8
90.0	Marlon	Obratoski	265.0	169.2
82.5	Mike	Wood	240.0	164.8
110.0	Stephen	Mackie	270.0	161.3
90.0	Josh	Koptie	242.5	158.3

Wt. Class	First Name	Surname	Total	Wilks
60.0	David	Heisel	565.0	488.6
90.0	Marlon	Obratoski	720.0	459.6
82.5	Philip	Plato	662.5	446.8
110.0	Stephen	Mackie	732.5	437.7
100.0	Kade	Weber	700.0	434.8
110.0	Kelly	Branton	732.5	431.6
67.5	Jason	Marentette	535.0	420.1
90.0	Frank	Butty	645.0	416.6
100.0	Stephen	Mackie	672.5	411.5
90.0	Ryan	Chan	607.5	400.7

Mens M1	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	90.0	Eric	Gagnon	320.0	204.5
2	90.0	Jeff	Becker	315.0	202.5	
3	125.0	Shawn	O'Halloran	335.0	191.0	
4	100.0	Andy	Childs	285.0	173.5	
5	110.0	Pedro	Tondo	276.0	162.4	
6	100.0	Steve	Garrett	260.0	161.7	
7	125+	Scott	Anderson	277.5	157.6	
8	90.0	David	Pigozzo	230.0	147.2	
9	125+	Mike	Knott	245.0	137.2	
10	90.0	Greg	Platsko	190.0	121.8	

Wt. Class	First Name	Surname	Bench	Wilks
125.0	Shawn	O'Halloran	290.0	165.3
100.0	Ben	Worsell	220.0	134.1
100.0	Jeff	Becker	205.0	130.5
100.0	Andy	Childs	200.0	121.8
90.0	Eric	Gagnon	190.0	121.4
125+	Mike	Knott	200.0	112.0
125+	Scott	Anderson	190.0	107.9
90.0	Greg	Platsko	165.0	105.8
100.0	Steve	Garret	165.0	102.4
100.0	Dave	Pigozzo	157.5	99.9

Wt. Class	First Name	Surname	D/L	Wilks
90.0	Jeff	Becker	300.0	192.8
90.0	Eric	Gagnon	290.0	185.3
100.0	Andy	Childs	280.0	170.5
90.0	David	Pigozzo	257.5	164.8
110.0	Pedro	Tondo	265.0	157.1
125.0	Shawn	O'Halloran	275.0	156.8
100.0	Steve	Garret	250.0	155.1
90.0	Greg	Platsko	230.0	147.4
125+	Scott	Anderson	245.0	139.2
100.0	Ben	Worsell	215.0	131.1

Wt. Class	First Name	Surname	Total	Wilks
90.0	Jeff	Becker	817.5	525.5
125.0	Shawn	O'Halloran	900.0	513.0
90.0	Eric	Gagnon	800.0	511.3
100.0	Andy	Childs	765.0	465.8
100.0	Steve	Garret	675.0	418.9
90.0	David	Pigozzo	640.0	409.5
125+	Scott	Anderson	712.5	404.6
110.0	Pedro	Tondo	678.5	399.3
90.0	Greg	Platsko	585.0	375.0
125.0+	Michael	Knott	645.0	367.0

Mens M2	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	125.0	Ron	Strong	296.0	170.8
2	90.0	Jerry	Marentette	260.0	168.6	
3	100.0	Patrick	Hartwick	272.5	165.8	
4	75.0	Glyn	Moore	225.0	160.5	
5	75.0	Walter	Urban	220.0	156.9	
6	100.0	Steve	Chomitz	252.5	156.8	
7	125.0	Kari	Suutari	270.0	154.3	
8	100.0	Scott	Seguin	250.0	153.8	
9	75.0	Frank	Nadeau	210.0	151.3	
10	90.0	Herb	Greenidge	227.5	151.0	

Wt. Class	First Name	Surname	Bench	Wilks
90.0	Jerry	Marentette	192.5	124.5
90.0	Herbert	Greenidge	185.0	120.3
125.0	Kari	Suutari	205.0	117.2
75.0	Frank	Nadeau	160.0	115.1
125.0	Adrian	Ninaber	195.0	111.1
100.0	Steve	Chomitz	181.0	111.0
125.0	Ron	Strong	190.0	109.6
125.0	Rick	Gazdig	187.5	108.3
100.0	Kevin	Stirling	162.5	102.5
75.0	Glyn	Moore	142.5	101.6

Wt. Class	First Name	Surname	D/L	Wilks
82.5	Jerry	Marentette	280.0	188.1
125.0	Ron	Strong	310.0	180.1
100.0	Steve	Chomitz	272.5	167.1
75.0	Walter	Urban	227.5	162.3
100.0	Steve	Chomitz	260.0	159.1
75.0	Glyn	Moore	220.0	156.9
100.0	Scott	Seguin	255.0	156.9
75.0	Frank	Nadeau	210.0	151.3
90.0	Herb	Greenidge	227.5	151.0
125.0	Adrian	Ninaber	260.0	150.5

Wt. Class	First Name	Surname	Total	Wilks
90.0	Jerry	Marentette	732.5	474.9
125.0	Ron	Strong	797.0	459.8
100.0	Steve	Chomitz	695.0	431.7
75.0	Glyn	Moore	587.5	419.0
90.0	Herb	Greenidge	630.0	418.2
75.0	Frank	Nadeau	580.0	417.2
125.0	Kari	Suutari	715.0	408.7
75.0	Walter	Urban	570.0	406.5
100.0	Scott	Seguin	655.0	403.0
100.0	Patrick	Hartwick	650.0	395.6

Mens Open	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	110.0	Jamie	Emberley	365.0	214.8
2	90.0	Eric	Gagnon	320.0	204.5	
3	90.0	Jeff	Becker	315.0	202.5	
4	82.5	Brandon	Summers	298.5	201.0	
5	100.0	Alex	Drolc	322.5	197.2	
6	110.0	Stephen	McKenzie	327.5	195.6	
7	125.0	Dave	Gratton	342.5	195.5	
8	125.0	Jason	Byrne	340.0	194.0	
9	82.5	Willie	Albert	282.5	191.2	
10	125.0	Shawn	O'Halloran	335.0	191.2	

Wt. Class	First Name	Surname	Bench	Wilks
125.0	Shawn	O'Halloran	290.0	165.3
90.0	Dave	Walters	238.5	152.5
110.0	Jamie	Emberley	257.5	151.5
110.0	Sean	Fogg	257.5	151.5
67.5	Art	Chan	190.0	147.2
125.0	Steve	Magistrale	255.0	146.5
125.0	Dave	Gratton	255.0	145.5
90.0	Vince	Byrne	215.0	137.6
110.0	Stephen	McKenzie	227.5	135.9
82.5	Brandon	Summers	200.0	134.7

Wt. Class	First Name	Surname	D/L	Wilks
82.5	Willie	Albert	300.0	203.1
110.0	Stephen	McKenzie	330.0	197.2
60.0	David	Heisel	228.5	194.9
67.5	Art	Chan	250.0	193.7
90.0	Jeff	Becker	300.0	192.8
110.0	Jamie	Emberley	322.5	189.9
82.5	Jerry	Marentette	280.0	188.1
100.0	Alex	Drolc	305.0	186.5
90.0	Eric	Gagnon	290.0	185.3
82.5	Brandon	Summers	275.0	185.2

Wt. Class	First Name	Surname	Total	Wilks
110.0	Jamie	Emberley	907.5	534.4
90.0	Jeff	Becker	817.5	525.5
110.0	Stephen	McKenzie	877.5	524.4
82.5	Brandon	Summers	773.5	520.8
125.0	Shawn	O'Halloran	900.0	513.0
82.5	Willie	Albert	757.5	512.8
90.0	Eric	Gagnon	800.0	511.3
100.0	Alex	Drolc	832.5	509.1
125.0	Steve	Magistrale	885.0	508.6
67.5	Art	Chan	655.0	507.4

Womens M1	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	67.5	Jackie	Pritchard	157.5	162.0
2	75.0	Glorianne	Papolis	155.0	149.1	
3	52.0	Paula	Wright	110.0	140.2	
4	75.0	Karen	Allison	142.5	137.0	
5	56.0	Maureen	Laporte	102.5	122.8	
6	56.0	Julie	Watkin	97.5	116.8	
7	56.0	Anita	Marcinko	95.0	112.1	
8	75.0	Lisa	Nigh	112.5	111.7	
9	48.0	Sue	Thomson	80.0	106.1	

Wt. Class	First Name	Surname	Bench	Wilks
56.0	Anita	Marcinko	80.0	95.9
67.5	Jackie	Pritchard	92.5	95.1
52.0	Paula	Wright	62.5	79.7
75.0	Glorianne	Papolis	80.0	77.0
56.0	Maureen	Laporte	62.5	75.3
75.0	Karen	Allison	75.0	72.3
48.0	Sue	Thomson	47.5	63.2
75.0	Lisa	Nigh	62.5	62.1
56.0	Julie	Watkin	47.5	56.9

Wt. Class	First Name	Surname	D/L	Wilks
67.5	Jackie	Pritchard	155.0	158.2
75.0	Glorianne	Papolis	160.0	153.9
52.0	Paula	Wright	120.0	153.0
56.0	Maureen	Laporte	127.5	152.8
56.0	Anita	Marcinko	127.5	152.8
48.0	Sue	Thomson	115.0	152.5
75.0	Karen	Allison	145.0	139.4
75.0	Lisa	Nigh	140.0	139.0

Wt. Class	First Name	Surname	Total	Wilks
67.5	Jackie	Pritchard	397.5	408.8
75.0	Glorianne	Papolis	395.0	380.0
52.0	Paula	Wright	292.5	372.9
56.0	Anita	Marcinko	302.5	356.9
75.0	Karen	Allison	362.5	348.5
56.0	Maureen	Laporte	290.0	347.6
48.0	Sue	Thomson	242.5	321.7
75.0	Lisa	Nigh	315.0	312.8
56.0	Julie	Watkin	260.0	311.6

Womens Open	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	67.5	Jennifer	Porter	172.5	180.4
2	75.0	Sarah	Frankel	170.0	162.8	
3	67.5	Jackie	Pritchard	157.5	162.0	
4	67.5	Sarah	Leighton	145.0	149.9	
5	75.0	Glorianne	Papolis	155.0	149.1	
6	52.0	Paula	Wright	110.0	140.2	
7	75.0	Karen	Allison	142.5	137.0	
8	60.0	Jane	Lessard	120.0	135.7	
9	67.5	Lynda	Squires	127.5	131.4	
10	60.0	Krista	Schaus	115.0	129.4	

Wt. Class	First Name	Surname	Bench	Wilks
56.0	Anita	Marcinko	82.5	97.3
67.5	Jackie	Pritchard	95.0	97.2
75.0	Sarah	Frankel	100.0	95.8
67.5	Sarah	Leighton	92.5	95.6
67.5	Jennifer	Porter	90.0	94.1
60.0	Krista	Schaus	80.0	90.0
67.5	Samantha	Haralampous	82.5	86.8
60.0	Jane	Lessard	75.0	84.1
52.0	Paula	Wright	62.5	79.7
75.0	Glorianne	Papolis	80.0	77.0

Wt. Class	First Name	Surname	D/L	Wilks
60.0	Krista	Schaus	146.0	164.3
67.5	Jackie	Pritchard	155.0	158.2
67.5	Jennifer	Porter	152.5	156.5
67.5	Kacey	Baines	147.5	154.6
75.0	Glorianne	Papolis	160.0	153.9
75.0	Sarah	Frankel	160.0	153.3
52.0	Trisha	Ross	120.0	153.2
67.5	Sarah	Leighton	150.0	153.1
52.0	Paula	Wright	120.0	153.0
56.0	Maureen	Laporte	127.5	152.8

Wt. Class	First Name	Surname	Total	Wilks
67.5	Jennifer	Porter	415.0	433.9
75.0	Sarah	Frankel	430.0	411.9
67.5	Jackie	Pritchard	397.5	408.8
67.5	Sarah	Leighton	392.5	405.8
60.0	Krista	Schaus	341.0	383.7
75.0	Glorianne	Papolis	395.0	380.0
67.5	Samantha	Haralampous	355.0	373.7
52.0	Paula	Wright	292.5	372.9
60.0	Jane	Lessard	320.0	358.6
56.0	Anita	Marcinko	302.5	356.9



# 2007 Squat

# 2007 Bench

# 2007 Deadlift

# 2007 Total

Men Sub Junior	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	90.0	Kade	Weber	227.5	145.2
2	100.0	Russell	Schweitzer	227.5	138.5	
3	82.5	Kurtis	Strong	200.0	134.8	
4	110.0	Randell	Truscott	210.0	123.6	
5	67.5	Ryan	Watchorn	157.5	121.4	
6	67.5	Blaine	LeBlond	152.5	117.6	
7	75.0	Justin	Van-Schyndel	150.0	106.9	
8	90.0	Erick	Armstrong	130.0	83.0	
9	52.0	Marcus	Jones	50.0	57.7	

Wt. Class	First Name	Surname	Bench	Wilks
75.0	Justin	Van-Schyndel	130.0	92.6
82.5	Kurtis	Strong	125.0	84.2
100.0	Russell	Schweitzer	127.5	77.6
90.0	Kade	Weber	120.0	76.6
110.0	Randell	Truscott	130.0	76.5
67.5	Ryan	Watchorn	92.5	71.3
67.5	Blaine	LeBlond	92.5	71.3
90.0	Erick	Armstrong	110.0	70.2
52.0	Marcus	Jones	30.0	29.4

Wt. Class	First Name	Surname	D/L	Wilks
82.5	Kurtis	Strong	235.0	158.4
100.0	Russell	Schweitzer	241.0	146.7
67.5	Ryan	Watchorn	190.0	146.5
90.0	Kade	Weber	225.0	145.2
67.5	Blaine	LeBlond	165.0	127.2
110.0	Randell	Truscott	200.0	117.7
75.0	Justin	Van-Schyndel	157.5	112.2
90.0	Erick	Armstrong	165.0	105.3
67.5	Ryan	Watchorn	120.0	95.7

Wt. Class	First Name	Surname	Total	Wilks
82.5	Kurtis	Strong	560.0	377.4
100.0	Russell	Schweitzer	596.0	362.7
90.0	Kade	Weber	562.5	359.1
67.5	Ryan	Watchorn	440.0	339.2
110.0	Randell	Truscott	540.0	317.8
67.5	Blaine	LeBlond	410.0	316.1
75.0	Justin	Van-Schyndel	437.5	311.7
90.0	Erick	Armstrong	405.0	258.5
52.0	Marcus	Jones	140.0	161.4

Mens Junior	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	125+	Jason	Byrne	330.0	187.7
2	60.0	David	Heisel	190.0	162.0	
3	100.0	Marlon	Obratoski	255.0	155.2	
4	125.0	Colin	Garnett	265.0	151.0	
5	82.5	Conner	Sheehan	220.0	147.4	
6	100.0	Stephen	Mackie	237.5	144.5	
7	90.0	Ron	Hall	215.0	137.3	
8	90.0	Frank	Butty	202.5	129.3	
9	67.5	Jason	Marentette	155.0	125.2	
10	82.5	Connor	Sheehan	185.0	123.9	

Wt. Class	First Name	Surname	Bench	Wilks
125+	Jason	Byrne	230.0	130.9
82.5	Connor	Sheehan	150.0	100.5
100.0	Stephen	Mackie	162.5	98.9
60.0	David	Heisel	115.0	98.1
125.0	Colin	Garnett	170.0	96.9
100.0	Marlon	Obratoski	155.0	94.3
110.0	Patrick	Battaglia	150.0	88.3
67.5	Jason	Marentette	102.5	82.8
90.0	Frank	Butty	125.0	79.8
82.5	Paul	Behne	107.5	73.4

Wt. Class	First Name	Surname	D/L	Wilks
125+	Jason	Byrne	311.0	176.9
60.0	Dave	Heisel	206.0	175.7
82.5	Connor	Sheehan	235.0	163.3
90.0	Frank	Butty	245.0	156.4
67.5	Jason	Marentette	200.0	154.2
100.0	Stephen	Mackie	250.0	152.4
100.0	Marlon	Obratoski	250.0	152.1
125.0	Colin	Garnett	250.0	142.5
82.5	Paul	Behne	205.0	140.0
110.0	Patrick	Battaglia	235.0	138.3

Wt. Class	First Name	Surname	Total	Wilks
125+	Jason	Byrne	871.0	495.5
60.0	David	Heisel	505.0	430.7
82.5	Connor	Sheehan	600.0	401.9
100.0	Marlon	Obratoski	660.0	401.7
100.0	Stephen	Mackie	642.5	391.0
125.0	Colin	Garnett	685.0	390.3
90.0	Frank	Butty	572.5	365.5
67.5	Jason	Marentette	442.5	357.5
110.0	Patrick	Battaglia	592.5	348.7
90.0	Ron	Hall	540.0	344.7

Mens M1	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	90.0	Jeff	Becker	312.5	200.8
2	125.0	Shawn	O'Halloran	335.0	191.2	
3	125.0	Mark	Giffin	332.5	189.5	
4	100.0	Andy	Childs	301.0	183.2	
5	110.0	Ron	Strong	275.0	161.8	
6	75.0	Frank	Nadeau	215.0	153.2	
7	100.0	Steve	Garrett	250.0	152.1	
8	75.0	Walter	Urban	212.5	151.4	
9	125.0	Scott	Anderson	262.5	149.6	
10	100.0	Steve	Garnett	240.0	146.1	

Wt. Class	First Name	Surname	Bench	Wilks
125+	Shawn	O'Halloran	320.0	180.7
125.0	Mark	Giffin	272.5	155.3
90.0	Jeff	Becker	205.0	131.7
100.0	Andy	Childs	187.5	114.6
125+	Michael	Knott	185.0	105.3
75.0	Frank	Nadeau	147.5	105.1
110.0	Ron	Strong	175.0	103.0
125.0	Pat	Mercier	175.0	101.9
100.0	Tim	Jones	165.0	100.4
125.0	Scott	Anderson	172.5	98.3

Wt. Class	First Name	Surname	D/L	Wilks
90.0	Jeff	Becker	305.0	195.9
125.0	Ron	Strong	305.0	177.3
100.0	Andy	Childs	287.5	175.8
125.0	Mark	Giffin	305.0	173.8
125.0	Shawn	O'Halloran	275.0	156.9
75.0	Walter	Urban	217.5	155.0
100.0	Steve	Garrett	247.5	150.6
75.0	Frank	Nadeau	200.0	142.5
125.0	Pat	Mercier	242.5	141.2
90.0	Greg	Platsko	210.0	134.1

Wt. Class	First Name	Surname	Total	Wilks
90.0	Jeff	Becker	822.5	528.4
125.0	Mark	Giffin	910.0	518.6
125.0	Shawn	O'Halloran	895.0	510.8
100.0	Andy	Childs	770.0	469.8
110.0	Ron	Strong	750.0	441.4
75.0	Frank	Nadeau	562.5	400.8
100.0	Steve	Garrett	645.0	392.5
75.0	Walter	Urban	545.0	388.3
125.0	Scott	Anderson	662.5	377.5
125.0	Pat	Mercier	647.5	377.0

Mens M2	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	82.5	Jerry	Marentette	247.5	166.4
2	75.0	Glyn	Moore	232.5	165.7	
3	110.0	Patrick	Hartwick	272.5	160.4	
4	100.0	Scott	Seguin	260.0	160.2	
5	90.0	Herbert	Greenidge	220.0	140.4	
6	100.0	Steve	Chomitz	227.5	138.5	
7	100.0	Laurie	Greenidge	225.0	136.9	
8	82.5	Stan	Goss	160.0	107.2	
9	100.0	Scot	Seguin	142.5	86.7	
10	82.5	Harne	Singh Rai	75.0	53.2	

Wt. Class	First Name	Surname	Bench	Wilks
90.0	Jerry	Marentette	183.5	120.1
90.0	Herb	Greenidge	175.0	111.7
100.0	Steve	Chomitz	170.0	103.5
75.0	Glyn	Moore	143.5	102.3
100.0	Scott	Seguin	157.5	97.1
100.0	Laurie	Greenidge	150.0	91.3
110.0	Patrick	Hartwick	152.5	89.7
82.5	Harne	Singh Rai	125.0	88.7
82.5	Stan	Goss	112.5	75.4

Wt. Class	First Name	Surname	D/L	Wilks
82.5	Jerry	Marentette	272.5	183.2
75.0	Glyn	Moore	230.0	163.9
100.0	Scott	Seguin	260.0	160.2
100.0	Steve	Chomitz	257.5	156.7
90.0	Herb	Greenidge	225.0	143.6
110.0	Patrick	Hartwick	237.5	139.8
110.0	Patrick	Hartwick	235.0	138.3
82.5	Stan	Goss	205.0	137.3
90.0	Laurie	Greenidge	205.0	130.9
82.5	Harne	Singh Rai	125.0	88.7

Wt. Class	First Name	Surname	Total	Wilks
82.5	Jerry	Marentette	697.5	469.0
75.0	Glyn	Moore	606.0	431.8
100.0	Scott	Seguin	677.5	417.6
100.0	Steve	Chomitz	655.0	398.6
90.0	Herb	Greenidge	620.0	395.8
110.0	Patrick	Hartwick	657.5	386.9
100.0	Laurie	Greenidge	590.0	359.1
82.5	Stan	Goss	477.5	319.9
82.5	Harne	Singh Rai	325.0	230.5

Womens Open	Ranking	Wt. Class	First Name	Surname	Squat	Wilks
	1	67.5	Jennifer	Porter	160.0	163.3
2	60.0	Krista	Schaus	122.5	136.6	
3	75.0	Sarah	Frankel	135.0	129.5	
4	60.0	Jane	Lessard	115.0	128.2	
5	75.0	Kristina	Hopp-Schaus	127.5	121.2	
6	75.0	Jackie	Pritchard	125.0	118.8	
7	75.0	Ulrike	Kruger	125.0	118.8	
8	56.0	Sandra	Huerter	97.5	114.7	
9	75.0	Karen	Allison	117.5	111.7	
10	67.5	Doreen	Bonnell	107.5	111.0	

Wt. Class	First Name	Surname	Bench	Wilks
75.0	Sarah	Frankel	100.0	96.0
60.0	Krista	Schaus	72.5	80.8
60.0	Jane	Lessard	72.5	80.8
67.5	Jennifer	Porter	77.5	79.1
75.0	Jackie	Pritchard	80.0	76.1
56.0	Sandra	Huerter	62.5	74.2
75.0	Karen	Allison	75.0	72.3
75.0	Ulrike	Kruger	72.5	68.9
67.5	Jody	Brown	65.0	67.4
67.5	Doreen	Bonnell	65.0	67.1

Wt. Class	First Name	Surname	D/L	Wilks
60.0	Krista	Schaus	142.5	158.9
56.0	Sandra	Huerter	130.0	154.3
67.5	Jennifer	Porter	145.0	148.0
75.0	Sarah	Frankel	150.0	143.9
56.0	Sandra	Huerter	115.0	135.3
52.0	Paula	Wright	107.5	134.0
60.0	Jane	Lessard	120.0	133.8
75.0	Jackie	Pritchard	140.0	133.1
75.0	Karen	Allison	130.0	125.4
75.0	Ulrike	Kruger	130.0	123.6

Wt. Class	First Name	Surname	Total	Wilks
67.5	Jennifer	Porter	382.5	390.4
60.0	Krista	Schaus	337.5	376.3
75.0	Sarah	Frankel	385.0	369.4
60.0	Jane	Lessard	307.5	342.8
56.0	Sandra	Huerter	287.5	341.1
75.0	Jackie	Pritchard	345.0	328.0
56.0	Sandra	Huerter	267.5	314.7
75.0	Ulrike	Kruger	327.5	311.3
75.0	Jackie	Pritchard	317.5	301.8
75.0	Karen	Allison	312.5	301.4