



## 2016 Niagara Open

May 14 - 15, 2016

Age	Wt.																
Class	Class	Name	Club	Bwt.	M/F	1stSq	2ndSq	3rdSq	1stBen	2ndBer	3rdBen	Sub Total	1stD/L	2ndD/L	3rdD/L	Total	Wilks
F-O-U	52	Jessica Smuck	Iron Foundation	51.7	F	75	-80	80	40	45	50	130	102.5	112.5	115	245	306.789
F-O-U	52	Heather Bigham	Maximum Barbell	49.9	F	67.5	75	-80	32.5	-40	40	115	75	80	-85	195	250.887
F-I-U	52	Jodie Wallis		51.7	F	-85	-85	-85				0				0	0
F-O-U	57	Julie Ditzend	Dundas Valley	53.7	F	112.5	120	125	67.5	72.5	-77.5	197.5	130	137.5	-142.5	335	407.32648
F-I-U	57	Juanita Koo	Maximum Barbell	55	F	92.5	-97.5	97.5	57.5	60	-62.5	157.5	125	135	140	297.5	355.00675
F-II-U	57	Julie Watkin		56.4	F	100	105	-107.5	50	-52.5	52.5	157.5	132.5	140	-147.5	297.5	348.10474
F-O-U	57	Cassie Peralta		55.7	F	90	95	102.5	52.5	55	-62.5	157.5	107.5	117.5	125	282.5	333.80199
F-J-U	57	Jennifer Wilkinson		55.4	F	85	90	92.5	45	50	-52.5	142.5	120	127.5	135	277.5	329.28149
F-I-U	57	Fatema Mullan	Maximum Barbell	55.8	F	82.5	-87.5	87.5	40	42.5	45	132.5	102.5	110	112.5	245	289.07551
F-O-U	57	Andrea Moore	Niagara Powerlifting	56.6	F	65	72.5	77.5	32.5	37.5	42.5	120	77.5	85	92.5	212.5	247.945
F-O-U	63	Megan Daza		62.2	F	115	127.5	-135	72.5	82.5	-87.5	210	155	167.5	175	385	417.49402
F-O-U	63	Rebecca Sinclair		61.8	F	122.5	127.5	-132.5	72.5	80	-82.5	207.5	122.5	132.5	140	347.5	378.7055
F-O-U	63	Tracey Shillum	Iron Foundation	61.8	F	112.5	-120	-120	57.5	62.5	65	177.5	145	-155	155	332.5	362.3585
F-O-U	63	Vanna Trinh		57.6	F	87.5	97.5	105	-45	55	-60	160	115	132.5	140	300	345.27
F-II	63	Maria Commisso	Functional Strength	60.8	F	-90	-97.5	100	40	45	-50	145	92.5	102.5	115	260	286.91
F-I-U	63	Taran Dhanju		62.2	F	-75	75	77.5	52.5	55	-57.5	132.5	105	112.5	115	247.5	268.38901
F-SJ-U	63	Tori Matthews	Niagara Powerlifting	61.1	F	80	82.5	-95	47.5	50	-55	132.5	92.5	95	105	237.5	261.10751
F-O-U	63	Jean George	Maximum Barbell	61.5	F	-70	70	-80	35	-40	-40	105	82.5	92.5	-102.5	197.5	216.04524
F-O-U	72	Christine Douglas	Power Plant	70.7	F	115.0	120.0	-125.0	70.0	75.0	-77.5	195.0	140.0	-147.5	152.5	347.5	343.4
F-O-U	72	Jordan Armstrong	Niagara Powerlifting	70.4	F	60.0	72.5	92.5	40.0	45.0	47.5	140.0	70.0	87.5	102.5	242.5	240.3
F-O-U	72	Annie Champagne	Maximum Barbell	67.0	F	75.0	80.0	-97.5	32.5	42.5	-47.5	122.5	87.5	102.5	-112.5	225.0	230.9
F-O-U	84	Diana Croll	Power Plant	77.1	F	77.5	85.0	-87.5	40.0	-45.0	45.0	130.0	92.5	97.5	102.5	232.5	217.3

F-O-U	84	Sandra Barnhart		82.0	F	77.5	-82.5	-82.5	35.0	42.5	45.0	122.5	92.5	100.0	107.5	230.0	207.6
F-O-U	84+	Ann-Marie Brissett	Power Plant	101.6	F	132.5	140.0	145.0	62.5	67.5	-75.0	212.5	140.0	150.0	155.0	367.5	304.6
F-I-U	84+	Melanie Christou	Maximum Barbell	109.1	F	115.0	122.5	-130.0	47.5	55.0	62.5	185.0	130.0	147.5	155.0	340.0	276.9
M-J-U	53	John Pineda	Band of Barbells	52	M	110	122.5	-132.5	92.5	100	-102.5	222.5	145	157.5	162.5	385	377.8005
M-O-U	66	Andrew Carnovale	Highland Powerlifting	63.9	M	150	162.5	-175	115	-125	-127.5	277.5	180	195	-197.5	472.5	381.16575
M-J-U	66	Raphael Hanna		63.7	M	105	-120	122.5	85	-92.5	-92.5	207.5	145	160	-170	367.5	297.27075
M-O-U	74	Daniel Remulla	Band of Barbells	67.3	M	205	215	220	147.5	152.5	155	375	215	225	235	610	471.46899
M-O-U	74	Dale Stewart		73.5	M	185	195	-205	120	130	135	330	195	205	220	550	397.54001
M-J-U	74	Cameron Young		73.6	M	-180	190	192.5	112.5	-115	-115	305	202.5	212.5	225	530	382.71301
M-II-U	74	Frank Nadeau		73.8	M	165	175	-187.5	100	120	-135	295	182.5	195	-205	490	353.14301
M-O-U	74	Jeff McLeod	Golden Triangle	68.6	M	165	180	-190	-110	110	-122.5	290	165	185	192.5	482.5	367.27901
M-I-U	74	Todd Matthews		72.7	M	145	152.5	157.5	90	95	100	257.5	157.5	167.5	172.5	430	313.255
M-II-U	74	Walter Urban	Iron Foundation	73.9	M	125	135	-137.5	82.5	87.5	-92.5	222.5	182.5	195	200	422.5	304.20001
M-O-U	74	Patrick Banh		73.9	M	-183	-198	-197.5				0				0	0
M-J-U	83	Jamie Hamilton		82.5	M	175	190	192.5	95	102.5	-105	295	200	215	217.5	512.5	343.32375
M-SJ-U	83	Ben Sheahan		80.4	M	175	195	205	92.5	102.5	105	310	170	190	200	510	347.10599
M-O-U	83	Thomas Kiess	Maximum Barbell	81.1	M	167.5	-175	-175	100	105	-110	272.5	205	217.5	227.5	500	338.45001
M-J-U	83	Winston Kelly-Camp	Iron Foundation	76.6	M	160	170	182.5	85	92.5	-97.5	275	190	205	212.5	487.5	342.37126
M-J-U	83	Cam Leclerc		77	M	165	-175	175	85	87.5	90	265	175	187.5	197.5	462.5	323.70374
M-O-U	83	Martin Abuyuan	Grunt Performance	79.7	M	160	-163	-162.5	107.5	112.5	-120	272.5	175	185	-202.5	457.5	313.06725
M-J-U	83	Douglas Alexander		78	M	152.5	160	167.5	95	102.5	-110	270	172.5	177.5	185	455	315.7245
M-O-U	83	Samuel Perez		75.6	M	125	137.5	150	85	95	-100	245	150	172.5	-190	417.5	295.84049
M-O-U	83	Chris Bernier		75.7	M	-128	135	-137.5	75	80	82.5	217.5	145	152.5	155	372.5	263.73
M-O-U	93	Mike Dickinson	Iron Foundation	92.4	M	-245	255	265	145	150	155	420	260	275	282.5	702.5	442.64526
M-O-U	93	Shane Kelly	Golden Triangle	91.2	M	205	222.5	-235	137.5	147.5	-152.5	370	227.5	245	252.5	622.5	394.78949
M-O-U	93	Zachary Peckham	Niagara Powerlifting	92.2	M	200	210	-220	155	160	162.5	372.5	220	-232.5	232.5	605	381.63401
M-I	93	Travis Graham	Functional Strength	88.3	M	185	200	215	110	-118		325	235	255	272.5	597.5	385.20824
M-II-U	93	Craig Hirota	Toronto Rex	92.4	M	180.0	190.0	200.0	130.0	140.0	-145.0	340.0	220.0	245.0	-267.5	585.0	368.6
M-O-U	93	Bryan Logan		87.4	M	200.0	-215.0	215.0	110.0	117.5	-120.0	332.5	215.0	230.0	240.0	572.5	371.2

M-O-U	93	Andrew McAlorum		91.8	M	190.0	-200.0	200.0	147.5	157.5	-167.5	357.5	-207.5	-207.5	212.5	570.0	360.3
M-O-U	93	Garrett Lee		92.1	M	-172.5	172.5	-177.5	115.0	120.0	-125.0	292.5	255.0	265.0	272.5	565.0	356.6
M-SJ-U	93	Christian Hernandez	Niagara Powerlifting	87.7	M	150.0	160.0	182.5	102.5	110.0	112.5	295.0	165.0	200.0	215.0	510.0	330.0
M-J-U	93	Justin Koscak		91.7	M	-155.0	160.0	167.5	-85.0	85.0	-87.5	252.5	217.5	225.0	237.5	490.0	309.9
M-O-U	93	Matthew Goldsmith	Battlefield Strength	91.8	M	167.5	177.5	-185.0	112.5	120.0	122.5	300.0	180.0	190.0	-192.5	490.0	309.7
M-O-U	93	Anthony Carreira		90.4	M	-110.0	110.0	117.5	-75.0	80.0	85.0	202.5	125.0	137.5	150.0	352.5	224.5
M-J-U	105	Ben Dietze		95.2	M	235.0	255.0	260.0	145.0	155.0	-162.5	415.0	272.5	-295.0		687.5	427.2
M-O-U	105	Steven Botts	Battlefield Strength	96.7	M	207.5	222.5	230.0	117.5	125.0	127.5	357.5	260.0	277.5		635.0	391.9
M-O-U	105	James Newton	Highland Powerlifting	95.5	M	220.0	-230.0	-230.0	137.5	-142.5	142.5	362.5	237.5	250.0	-255.0	612.5	380.1
M-O-U	105	Nick Pace		104.2	M	185.0	202.5	210.0	137.5	145.0	152.5	362.5	227.5	250.0	-272.5	612.5	367.0
M-II-U	105	Steve Garrett	London Powerlifting	98.8	M	215.0	-225.0	225.0	132.5	140.0	145.0	370.0	225.0	235.0	-245.0	605.0	370.0
M-J-U	105	Sebastian Soccio-M	Brock Barbell	105.0	M	210.0	220.0	-222.5	140.0	150.0	-157.5	370.0	210.0	220.0	230.0	600.0	358.6
M-O-U	105	Robert Cilia	Power Plant	104.3	M	200.0	-215.0	-215.0	117.5	122.5	127.5	327.5	232.5	240.0	-250.0	567.5	339.9
M-J-U	105	Cameron Cleator		99.0	M	165.0	177.5	185.0	97.5	102.5	-107.5	287.5	205.0	220.0	227.5	515.0	314.7
M-II-U	105	Peter McGill	Battlefield Strength	104.4	M	182.5	-192.5	-192.5	132.5	140.0	145.0	327.5	175.0	182.5	-190.0	510.0	305.4
M-II-U	105	Ron Kilpatrick	Functional Strength	95.5	M	170.0	185.0	-200.0	87.5	95.0	102.5	287.5	170.0	192.5	207.5	495.0	307.2
M-J-U	105	Alex Naccarato	Functional Strength	96.0	M	145.0	152.5	172.5	82.5	92.5	-97.5	265.0	200.0	212.5	227.5	492.5	304.9
M-O-U	105	Oliver Robles		97.9	M	167.5	175.0	-180.0	97.5	100.0	102.5	277.5	185.0	197.5	205.0	482.5	296.2
M-O-U	105	Matt Diquattro	Power Plant	95.4	M	155.0	165.0	-172.5	80.0	85.0	90.0	255.0	162.5	-172.5	-172.5	417.5	259.2
M-J-U	120	Josh Derchia		118.7	M	237.5	-242.5	247.5	165.0	175.0	187.5	435.0	285.0	295.0	305.0	740.0	426.5
M-I-U	120	Andy Childs		109.2	M	240.0	252.5	260.0	150.0	157.5	-162.5	417.5	250.0	275.0	282.5	700.0	412.9
M-O-U	120	Jordan Foley		106.8	M	250.0	-270.0	270.0	140.0	152.5	-155.0	422.5	260.0	275.0	-280.0	697.5	414.4
M-J-U	120	Jarrett Elliott		107.6	M	215.0	232.5	-245.0	145.0	155.0	160.0	392.5	260.0	280.0	290.0	682.5	404.4
M-O-U	120	Jordon Haley	Maximum Barbell	117.2	M	145.0	165.0	-185.0	105.0	115.0	-122.5	280.0	180.0	202.5	-220.0	482.5	279.0
M-O-U	120	Sean Robb	Power Plant	116.6	M	137.5	145.0	-155.0	82.5	87.5	92.5	237.5	157.5	172.5	182.5	420.0	243.2
M-O-U	120+	Michael Zivanovich		151.5	M	270.0	277.5	295.0	197.5	210.0	220.0	515.0	275.0	287.5	300.0	815.0	450.3
M-O-U	120+	Matthew Cuthbert		143.9	M	200.0	212.5	225.0	160.0	170.0	-180.0	395.0	235.0	252.5	265.0	660.0	367.4
M-J-U	120+	Brandon Morris		131.3	M	177.5	190.0	-200.0	125.0	135.0	-140.0	325.0	200.0	217.5	-222.5	542.5	306.3