

Act Age Class	Wt. Class	Name	Club	Bwt.	M/F	Squat	Bench	D/L.	Total	Wilks		Champion of Champs
F-J-U	52	Gaby Zhou	University of Toronto	51.4	Female	102.5	45.0	135.0	282.5	355.3	1	
F-J-U	52	Sharon Law	Western University	50.8	Female	100.0	52.5	120.0	272.5	345.9	2	
F-O-U	52	Joy Rho	Western University	47.5	Female	82.5	30.0	100.0	212.5	283.6	3	
F-J-U	63	Abigail Kong	Western University	57.3	Female	117.5	95.0	150.0	362.5	418.9	1	Best Lifter Female
F-O-U	63	Jennifer McConnell	Canadore College	60.0	Female	122.5	75.0	140.0	337.5	376.3	2	
F-J-U	63	Mona Ali-Ahmad	Brock University	59.4	Female	115.0	52.5	145.0	312.5	351.1	3	
F-J-U	63	Chantalle Cheung	Western University	61.1	Female	120.0	62.5	117.5	300.0	329.8		
F-J-U	63	Jessica Angelevski	Brock University	60.4	Female	102.5	47.5	140.0	290.0	321.7		
F-J-U	63	Beverly Lingbaoan	Centennial College	60.3	Female	25.0	52.5	105.0	182.5	202.7		
F-J-U	72	Shea Tough	Western University	65.4	Female	115.0	57.5	142.5	315.0	329.0	1	
F-J-U	72	Madison Walker	Western University	63.3	Female	100.0	42.5	130.0	272.5	291.6	2	
F-J-U	72	Jennifer Ball	Western University	66.7	Female	97.5	55.0	120.0	272.5	280.5	3	
F-J-U	72	Ksenia Kolodka	Western University	65.4	Female	77.5	45.0	112.5	235.0	245.4		
F-J-U	72	Candace-Rose Joiner	Canadore College	71.3	Female	75.0	45.0	100.0	220.0	216.1		
F-O-U	84	Emily Eaton	Western University	75.1	Female	125.0	62.5	155.0	342.5	325.3	1	
F-J-U	84+	Lindsay Nichols	Brock University	89.6	Female	122.5	72.5	145.0	340.0	294.3	1	
M-J-U	66	Tom Nguyen	University of Waterloo	64.8	Male	197.5	102.5	225.0	525.0	418.6	1	Best Lifter Male
M-J-U	66	Collin Roopnarinesingh	Brock University	63.8	Male	165.0	115.0	207.5	487.5	393.8	2	
M-J-U	66	Bernie Lu	Seneca College	64.9	Male	170.0	92.5	210.0	472.5	376.2	3	
M-J-U	66	Kelvin Lam	Western University	63.3	Male	152.5	97.5	195.0	445.0	361.9		
M-J-U	66	Barnabas Chun	Wilfrid Laurier University	61.8	Male	132.5	75.0	160.0	367.5	305.2		
M-J-U	74	Robert Pham	York University	73.2	Male	185.0	105.0	252.5	542.5	393.3	1	
M-J-U	74	Andrew Brown	Brock University	72.2	Male	162.5	102.5	212.5	477.5	349.6	2	
M-J-U	74	Syed Samoor Imam	Seneca College	70.7	Male	130.0	72.5	150.0	352.5	262.2	3	
M-J-U	83	Khang Ha	Western University	81.3	Male	215.0	130.0	267.5	612.5	414.0	1	
M-O-U	83	Corey Hayward	Sheridan College	81.5	Male	187.5	132.5	235.0	555.0	374.6	2	
M-J-U	83	Brendan Martin	Western University	81.4	Male	185.0	160.0	202.5	547.5	369.8	3	
M-J-U	83	Robbie MacNaughton	Canadore College	82.0	Male	182.5	90.0	202.5	475.0	319.4		
M-J-U	83	Aditya Gadgil	University of Toronto	77.8	Male	170.0	100.0	177.5	447.5	311.1		
M-O-U	83	Taimur Shah	Seneca College	83.0	Male	150.0	105.0	187.5	442.5	295.4		
M-J-U	83	Daniel Weigert	Western University	81.0	Male	135.0	105.0	155.0	395.0	267.6		
M-J-U	93	Nicholas Longo	University of Waterloo	90.7	Male	230.0	137.5	287.5	655.0	416.5	1	
M-O-U	93	Julian Pena Sosa	University of Toronto	89.1	Male	212.5	142.5	245.0	600.0	385.0	2	
M-O-U	93	Simon Clarke	Brock University	92.7	Male	227.5	132.5	230.0	590.0	371.2	3	
M-J-U	93	Shawn Brooks	Wilfrid Laurier University	90.9	Male	197.5	127.5	235.0	560.0	355.7		
M-J-U	93	Liam Withers	Brock University	87.9	Male	182.5	137.5	222.5	542.5	350.6		
M-J-U	93	Patrick Lui	University of Toronto	84.4	Male	200.0	112.5	225.0	537.5	355.3		
M-J-U	93	Justin Chiu	Western University	89.8	Male	182.5	117.5	237.5	537.5	343.5		

M-J-U	93	Jason Wang	Western University	90.8	Male	187.5	112.5	230.0	530.0	336.9		
M-J-U	93	Matt Lewis	Brock University	86.8	Male	180.0	117.5	195.0	492.5	320.5		
M-O-U	105	Shahriar Sabri	Western University	94.9	Male	222.5	142.5	255.0	620.0	385.8	1	
M-J-U	105	Thomas Weissflog	Brock University	103.1	Male	220.0	142.5	230.0	592.5	356.4	2	
M-J-U	105	Tyson Slack	Brock University	101.6	Male	207.5	125.0	217.5	550.0	332.6	3	
M-O-U	105	Daniel Roberts	McMaster University	100.1	Male	195.0	125.0	215.0	535.0	325.4		
M-J-U	105	Cameron Cleator	Western University	102.3	Male	140.0	105.0	237.5	482.5	291.0		
M-O-U	120	Wei-Hsiang Su	University of Toronto	114.8	Male	245.0	150.0	262.5	657.5	382.2	1	
M-O-U	120	Jonathan Doering	Western University	108.3	Male	230.0	135.0	265.0	630.0	372.6	2	
M-J-U	120	James Ross	Western University	109.0	Male	175.0	122.5	210.0	507.5	299.5	3	
M-J-U	120	Joshua Janzen	McMaster University	106.1	Male	235.0	0.0	0.0	0.0	0.0		
M-O-U	120+	Tyler Wareham	Western University	124.3	Male	275.0	180.0	277.5	732.5	417.9	1	
M-O-U	120+	Tyler Desplenter	Western University	123.5	Male	237.5	162.5	275.0	675.0	385.6	2	