

April 21, 2018

## Waterloo Region Highschool Invitational

Powerlifting Results Name	Team	Div	Bwt (kg)	WtCls (kg)	Age	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	(1) PL Total	Wilks Pts	Pl-Div- WtCls-Evt	Team Pts.
Kam Ranu	GRCI	F-SJ-U	46.5	47	17	70.0	72.5	75.0	40.0	42.5	-47.5	80.0	82.5	87.5	205.0	277.836	1-F-SJ-U-47-PL	12.0
Sara Abuawad	GRCI	F-SJ-U	50.5	52	17	75.0	80.0	85.0	42.5	-47.5	-47.5	87.5	90.0	95.0	222.5	283.687	1-F-SJ-U-52-PL	12.0
Jerika Chuong	SJAM	F-SJ-U	51.0	52	17	40.0	50.0	-60.0	25.0	27.5	-30.0	0.0			0.0	0.000		
Rose Danen	WO	F-SJ-U	61.5	63	18	60.0	75.0	77.5	37.5	-42.5	-42.5	82.5	90.0	95.0	210.0	229.719	1-F-SJ-U-63-PL	12.0
Jana Wisniewski	GP	F-SJ-U	79.0	84	17	92.5	100.0	105.0	40.0	45.0	-50.5	112.5	120.0	125.0	275.0	253.413	1-F-SJ-U-84-PL	12.0
Tu Le	GRCI	M-SJ-U	58.5	59	17	142.5	152.5	-160.0	80.0	85.0	87.5	177.5	190.0	-195.0	430.0	375.433	1-M-SJ-U-59-PL	12.0
Aidan Williams	WO	M-SJ-U	58.9	59	15	100.0	107.5	110.0	60.0	65.0	-67.5	107.5	117.5	127.5	302.5	262.419	2-M-SJ-U-59-PL	9.0
Quinn Baxter	WO	M-SJ-U	63.8	66	17	150.0	157.5	162.5	97.5	105.0	106.0	165.0	172.5	181.5	450.0	363.510	1-M-SJ-U-66-PL	12.0
Bassil Virk	CHCI	M-SJ-U	65.8	66	16	107.5	120.0	-127.5	65.0	70.0	75.0	130.0	135.0	145.0	340.0	267.648	2-M-SJ-U-66-PL	9.0
Jarrett King	SJAM	M-SJ-U	65.9	66	17	85.0	97.5	100.0	62.5	67.5	-72.5	102.5	125.0	132.5	300.0	235.860	3-M-SJ-U-66-PL	8.0
Dan Huynh	GP	M-SJ-U	66.0	66	15	72.5	82.5	90.0	-72.5	72.5	77.5	112.5	120.0	130.0	297.5	233.597	4-M-SJ-U-66-PL	7.0
Dylan Zhou	SJAM	M-SJ-U	68.5	74	16	102.5	-125.0	125.0	75.0	82.5	-90.0	125.0	142.5	147.5	355.0	270.545	1-M-SJ-U-74-PL	12.0
Caleb Brenn	WO	M-SJ-U	68.8	74	17	92.5	110.0	-122.5	82.5	92.5	95.0	125.0	140.0	-155.0	345.0	262.028	2-M-SJ-U-74-PL	9.0
Will Lennox	SJAM	M-SJ-U	72.6	74	18	-102.5	110.0	117.5	75.0	-82.5	-87.5	137.5	142.5	147.5	340.0	247.962	3-M-SJ-U-74-PL	8.0
Calvin Reid	SSS	M-SJ-U	82.6	83	17	172.5	187.5	192.5	105.0	115.0	120.0	220.0	232.5	-240.5	545.0	364.823	1-M-SJ-U-83-PL	12.0
Roberto Dominguez	CHCI	M-SJ-U	78.9	83	16	142.5	150.0	157.5	102.5	107.5	-110.0	185.0	192.5	197.5	462.5	318.570	2-M-SJ-U-83-PL	9.0
Johnathan Asselstine	GL	M-SJ-U	78.6	83	17	145.0	-152.5	-152.5	-110.0	-112.5	112.5	157.5	167.5	175.0	432.5	298.641	3-M-SJ-U-83-PL	
Teodor Murgovski	CHCI	M-SJ-U	77.6	83	18	135.0	145.0	152.5	92.5	97.5	-100.0	157.5	165.0	172.5	422.5	294.187	4-M-SJ-U-83-PL	7.0
Sebastian Ibanez	GCI	M-SJ-U	81.2	83	17	137.5	-150.0	-150.0	82.5	-90.0	-90.0	160.0	175.0	-187.5	395.0	267.178	5-M-SJ-U-83-PL	8.0
Ryan McCarron	SJAM	M-SJ-U	77.9	83	17	110.0	122.5	-127.5	87.5	-92.5	-92.5	147.5	160.0	-162.5	370.0	256.965	6-M-SJ-U-83-PL	5.0
Reid Schwartzentruber	WO	M-SJ-U	78.1	83	16	105.0	127.5	-132.5	85.0	95.0	-97.5	125.0	132.5	142.5	365.0	253.055	7-M-SJ-U-83-PL	4.0
Alex Morrison	CHCI	M-SJ-U	92.7	93	18	170.0	182.5	-190.0	135.0	140.0	145.0	220.0	235.0	247.5	575.0	361.790	1-M-SJ-U-93-PL	12.0
Edward Boronka	WO	M-SJ-U	91.5	93	16	170.0	182.5	197.5	117.5	122.5	-125.0	205.0	220.0	-227.5	540.0	341.874	2-M-SJ-U-93-PL	9.0
Daniel O'Connell	WO	M-SJ-U	88.1	93	17	155.0	167.5	172.5	92.5	100.0	-102.5	175.0	190.0	-197.5	462.5	298.544	3-M-SJ-U-93-PL	8.0
Anikin Kirkbride	WO	M-SJ-U	103.0	105	15	175.0	193.0	202.5	97.5	105.0	-112.5	202.5	218.0	-227.5	525.5	316.193	1-M-SJ-U-105-PL	12.0
Braxton Vong	GRCI	M-SJ-U	103.7	105	18	175.0	177.5	182.5	110.0	120.0	127.5	197.5	-215.0	-217.5	507.5	304.601	2-M-SJ-U-105-PL	9.0
Curtis Baby	GRCI	M-SJ-U	98.9	105	16	-102.5	102.5	-110.0	75.0	80.0	-92.5	115.0	132.5	137.5	320.0	195.616	3-M-SJ-U-105-PL	8.0
Damian Perisic	GRCI	M-SJ-U	99.3	105	16	110.0	-115.0	115.0	60.0	70.0	-82.5	80.0	85.0	92.5	277.5	169.358	4-M-SJ-U-105-PL	7.0
Nielsen Ngo	SJAM	M-SJ-U	116.4	120	18	215.0	-240.0	-240.0	92.5	102.5	112.5	175.0	0.0		502.5	291.048	1-M-SJ-U-120-PL	12.0

TEAM	POINTS	TOP 5
WO	54	12+12+12+9+9
GRCI	53	12+12+12+9+8
SJAM	45	12+12+8+8+5
CHCI	37	12+9+9+7
GP	19	12+7
SSS	12	12
GCI	8	8
CHCI	Cameron Heights C.I.	
GCI	Galt Collegiate Institute	
GRCI	Grand River C.I.	
SSS	Southwood Secondary School	
WO	Waterloo Oxford D.S.S.	
GP	Glenview Park D.S.S.	
SJAM	Sir John A. MacDonald	
GL	"Guest Lifter"	