



THREE LIFT CONTEST						
First Name	Last Name	Club Name	Gender	Weight Class	Flight	
1	Tammy	Hua	McMaster Barbell	Female	47	A
2	Rachel	Ng	Western Strength	Female	47	A
3	Ginette	Chan	Seneca College Strength Athletics	Female	52	A
4	Cassandra	Chin		Female	52	A
5	Lucy	Xie		Female	52	A
6	Caryn	Kwai-Pun		Female	52	A
7	Bianca	Garcia		Female	57	A
8	Pearl	Bakhtiari-Shahin	McMaster Barbell	Female	63	A
9	Alex	Marshall	Future Proof Powerlifting	Female	72	A
10	Sarah	McManus		Female	72	A
11	Victoria	Harnett		Female	84+	A
12	Jack	Chen		Male	59	A
13	Hugh	Soong		Male	59	A
14	Matthew	Au		Male	66	A
15	Quentin	Chan		Male	74	C
16	Duy	Le	Brampton Barbell	Male	74	C
17	Ali	Ayoub	Seneca College Strength Athletics	Male	74	C
18	Jerimiah	West	Brampton Barbell	Male	74	C
19	Amiel Klem	Baronia		Male	74	C
20	Davee	Alon		Male	74	C
21	Aditya	Gadgil		Male	74	C
22	Michael	Cheng		Male	74	C
23	Mark	Wasson		Male	83	B
24	Petar	Ivanovic	Brampton Barbell	Male	83	B
25	Justin	Obra	Brampton Barbell	Male	83	B
26	Victor	Romita		Male	83	B
27	Jeffrey Kenneth	Templora		Male	83	B
28	Killian	Hamilton	Brampton Barbell	Male	83	B
29	Jeremiah	Marcelo	Afterburn Barbell Club	Male	83	B
30	George	Gracia		Male	83	B
31	Liam	Murphy		Male	83	B
32	Kareem	Baassiri	McMaster Barbell	Male	83	B
33	Joel	Brtka	Panda Powerlifting	Male	83	B
34	Anoop	Gadhrri	McMaster	Male	83	B
35	Leslie	Zhang	McMaster Barbell	Male	83	B
36	Jang	Tsai		Male	93	D
37	Alejandro	Feo	Band of Barbell	Male	93	D
38	Rohit	Bhardwaj	Brampton Barbell	Male	93	D
39	Jordan	Cruz	Afterburn Barbell Club	Male	93	D
40	Jaysen	Antiochos	Brampton Barbell	Male	93	D
41	Jonah	Ren	Band of Barbells	Male	93	D
42	Ian	Seguin	Niagara powerlifting	Male	93	D
43	Phil	Andrews	Niagara Powerlifting	Male	93	D

## List of Lifters



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First Name	Last Name	Club Name	Gender	Weight Class	Flight
44 Andrew	Mones		Male	93	D
45 Omar	El Yakobi		Male	93	D
46 Daniel	Tran	Band of Barbells	Male	93	D
47 William	Stroud		Male	93	D
48 Steven	Pace	N/A	Male	93	D
49 Jared	Bradley	Brampton Barbell	Male	93	D
50 Jose	Lim	Band of Barbells	Male	105	C
51 John	Faustino	Brampton Barbell	Male	105	C
52 David	Jones		Male	105	C
53 Dennis	Tran	Band Of Barbells	Male	120	B
54 Sharif	Jomaa		Male	120+	C
55 Erik	Bender	Future Proof Performance	Male	120+	C
56 Trevor	Greenwood		Male	120+	C

BENCH ONLY CONTEST					
Name	Last Name	Club	Gender	Weight Class	Flight
1 Neeki	Motabar	Afterburn Barbell Club	Female	57	Bench Only
2 Teresa	Yeung	Afterburn Barbell Club	Female	63	Bench Only
3 Noah	Ripstein		Male	74	Bench Only
4 Josh	Smith	Afterburn Barbell Club	Male	93	Bench Only
5 Jared	Bradley	Brampton Barbell	Male	93	Bench Only
6 Dakota	Unrae		Male	93	Bench Only
7 Ryan	Johnson	Brampton Barbell	Male	120+	Bench Only

WEIGH IN SCHEDULE		
Flight	Weigh in Time	Weight Class
Bench Only	7:00:00 AM	All bench only
A + B	7:30:00 AM	All women, 59kg, 66kg men, 83kg and 120kg men
C + D	12:30:00 PM	74kg, 93kg, 105kg and 120+ kg men