

Three Lift

Act Age Class	Wt. Class	Name	Club	Bwt.	M/F	Squat	Bench	D/L.	Total	Wilks
F-O-U	57	Lee Ann Heffernan		55.4	Female	75	50	112.5	237.5	281.8175
F-O-U	63	Amy Le	London Powerlifting	60	Female	110	52.5	120	282.5	314.9592
F-O-U	72	Liz Vallee		67.6	Female	117.5	75	140	332.5	338.9838
F-O-U	72	Kelley Lauzon		70.6	Female	110	57.5	117.5	285	281.865
F-O-U	84	Kristin Medina		78.4	Female	137.5	70	145	352.5	326.274
F-O-U	84	Jessica St-Onge		82	Female	115	55	137.5	307.5	277.611
F-I-U	84+	Mandy Smith-Grant		89.6	Female	110	47.5	125	282.5	244.5603
M-O-U	66	Jimmy Tran	London Powerlifting	65.8	Male	162.5	115	182.5	460	362.112
M-O-U	66	Marc Gaudette		63.7	Male	115	77.5	172.5	365	295.2485
M-J-U	74	Bryan Tran	Powerpit	73.2	Male	215	148.5	242.5	606	439.2894
M-J-U	74	Bradley Smith		70.4	Male	157.5	90	212.5	460	343.206
M-O-U	83	Joshua Hinch		77.1	Male	227.5	117.5	262.5	607.5	424.8247
M-J-U	83	Derrick Vanevery		81.4	Male	210	120	252.5	582.5	393.4205
M-O-U	83	Chris Juryn		81.9	Male	180	150	227.5	557.5	375.1418
M-J-U	83	Jacob Ritchie	Powerpit	77.6	Male	192.5	125	232.5	550	382.965
M-O-U	83	Bryan Logan		81.4	Male	205	110	235	550	371.47
M-J-U	83	Luke Sedge		80.1	Male	192.5	130	222.5	545	371.799
M-J-U	83	Max Toulouse	Powerpit	80.9	Male	155	117.5	207.5	480	325.392
M-J-U	83	Cole Clark		79.9	Male	165	107.5	197.5	470	321.104
M-SJ-U	83	Steven Rice		77.4	Male	150	85	192.5	427.5	298.1812
M-O-U	83	Robert Greig		79	Male	105	50	115	270	185.814
M-O-U	93	Conor O'Flynn		92.2	Male	205	132.5	262.5	600	378.48
M-J-U	93	Jacob Bender		90.5	Male	205	105	240	550	350.13
M-I-U	93	James Bezaire		92.7	Male	160	150	230	540	339.768
M-J-U	93	Mike Nguyen	Powerpit	90	Male	197.5	95	215	507.5	323.988
M-III-U	93	Kevin Stirling	Powerpit	91.5	Male	155	130	205	490	310.219
M-O-U	105	Kass Bowden		98.1	Male	240	160	267.5	667.5	409.4445
M-O-U	105	Shane Kelly		94	Male	240	157.5	265	662.5	414.0625
M-O-U	105	Nick Pace		104.6	Male	212.5	157.5	265	635	379.984
M-O-U	105	Franco Pompa		103.6	Male	227.5	152.5	252.5	632.5	379.753
M-O-U	105	James Greenwood		104.9	Male	210	140	250	600	358.68
M-II-U	105	Steve Garrett		97	Male	217.5	140	235	592.5	365.1577
M-O-U	105	Neil Marlatt	Powerpit	101.9	Male	190	117.5	242.5	550	332.255
M-O-U	105	Dan Gibson		98.8	Male	135	82.5	147.5	365	223.234
M-O-U	120	Stephen Domacina		110.7	Male	250	200	300	750	440.55
M-O-U	120	Andrew Van Koot		106.9	Male	0	0	0	0	0
M-J-U	120+	Ty Scratch		139.4	Male	340	205	335	880	492.096
M-O-U	120+	Kyle Hendricks	Powerpit	133	Male	305	192.5	302.5	800	450.72
M-O-U	120+	Malcolm Noland		136.1	Male	207.5	145	265	617.5	346.541
M-O-U	120+	Jacob Hyatt		125	Male	205	150	240	595	339.031

Bench Only Results

F-I-U	57	Nikki Maziak		56	Female	77.5	-82.5	-82.5	77.5	91.1865
F-O-U	84+	Ashley Goure		102.4	Female	62.5	67.5	-70	67.5	55.82925
M-III-U	93	Kevin Stirling	Powerpit	91.4	Male	117.5	127.5	135	135	85.5225
M-O-U	105	Vince Bryne	Powerpit	93.8	Male	175	187.5	-197.5	187.5	117.3187
M-O-U	120+	Tim Ekert	Powerpit	129.5	Male	190	200	-207.5	200	113.2