

2012 Niagara Open August 18th 2012 St. Catharines

| Classic Equipped | AgeClass | Wt. Class | Name | Club | Bwt. | M/F | 1stSq | 2ndSq | 3rdSq | Squat | 1stBen | 2ndBen | 3rdBen | Bench | Sub Total | 1stD/L | 2ndD/L | 3rdD/L | D/L | Total | Wilks | Place |
|------------------|----------|-----------|------------------------|-----------------------|-------|--------|--------|--------|--------|-------|--------|--------|--------|-------|-----------|--------|--------|--------|-------|-------|---------|-------|
| E | M1 | 57 | Maria Commisso | | 56.8 | Female | 87.5 | 97.5 | -105.0 | 97.5 | 42.5 | 47.5 | -52.5 | 47.5 | 145.0 | 95.0 | 105.0 | 115.0 | 115.0 | 260.0 | 302.5 | 1 |
| C | M2 | 63 | Lynn Lister | | 60.6 | Female | 60.0 | -70.0 | 80.0 | 80.0 | -60.0 | 60.0 | -70.0 | 60.0 | 140.0 | 100.0 | 110.0 | 112.5 | 112.5 | 252.5 | 279.4 | 1 |
| C | Open | 72 | Tannis Waugh | Toronto Rex | 71.9 | Female | -85.0 | -85.0 | -85.0 | | | | | | | | | | | 0 | 0 | |
| C | Open | 72 | Frances Manias | | 66.3 | Female | 110.0 | 117.5 | 120.0 | 120.0 | 65.0 | 70.0 | 75.0 | 75.0 | 195.0 | 130.0 | 140.0 | 147.5 | 147.5 | 342.5 | 354.1 | 1 |
| E | Open | 72 | Susan Abbott | Defining Strength | 71.5 | Female | -107.5 | 107.5 | 115.0 | 115.0 | 92.5 | -97.5 | 97.5 | 97.5 | 212.5 | 115.0 | 125.0 | -135.0 | 125.0 | 337.5 | 331.0 | 2 |
| C | M2 | 72 | Linda Rousseau | Defining Strength | 71.5 | Female | -90.0 | -90.0 | 90.0 | 90.0 | 47.5 | -52.5 | 52.5 | 52.5 | 142.5 | 90.0 | 102.5 | -107.5 | 102.5 | 245.0 | 240.2 | 3 |
| C | M3 | 72 | Lynda Squires | London | 70.8 | Female | 80.0 | 87.5 | -100.5 | 87.5 | 47.5 | 52.5 | -55.0 | 52.5 | 140.0 | 82.5 | 95.0 | 102.5 | 102.5 | 242.5 | 239.4 | 4 |
| C | M2 | 84 | Linda McFeeters | | 80.4 | Female | -67.5 | 67.5 | -70.0 | 67.5 | 57.5 | 60.0 | -62.5 | 60.0 | 127.5 | 102.5 | 107.5 | 112.5 | 112.5 | 240.0 | 219.0 | 1 |
| E | Open | 84+ | Erin Denton | Steel City | 101.3 | Female | -150.0 | -150.0 | -160.0 | | | | | | | | | | | 0 | 0 | |
| C | Open | 74 | Noah Wiles | | 72.4 | Male | -115.0 | -115.0 | -115.0 | | | | | | | | | | | 0 | 0 | |
| C | Open | 74 | Andy McKenzie | Niagara | 72.5 | Male | 157.5 | 170.0 | 177.5 | 177.5 | 110.0 | 115.0 | -120.0 | 115.0 | 292.5 | 202.5 | 215.0 | 227.5 | 227.5 | 520.0 | 379.6 | 1 |
| C | M2 | 74 | Greg Platsko | Power Pit | 73.7 | Male | 135.0 | 145.0 | 150.0 | 150.0 | 115.0 | 125.0 | 130.0 | 130.0 | 280.0 | 202.5 | 212.5 | 220.0 | 220.0 | 500.0 | 360.7 | 2 |
| C | Junior | 83 | Mark Marotta | | 82.7 | Male | -212.5 | 227.5 | -232.5 | 227.5 | -135.0 | 135.0 | -137.5 | 135.0 | 362.5 | 200.0 | 222.5 | -227.5 | 222.5 | 585.0 | 391.3 | 1 |
| C | Open | 83 | Phil Plato | Niagara | 81.3 | Male | 170.0 | 185.0 | 200.0 | 200.0 | 120.0 | 125.0 | 130.0 | 130.0 | 330.0 | 200.0 | 212.5 | 232.5 | 232.5 | 562.5 | 380.2 | 2 |
| E | M1 | 83 | Steve Holden | London | 81.6 | Male | 210.0 | -215.0 | -215.0 | 210.0 | -140.0 | 140.0 | -145.0 | 140.0 | 350.0 | 192.5 | 205.0 | 212.5 | 212.5 | 562.5 | 379.3 | 3 |
| C | Open | 83 | Stathis Theofilopoulos | | 81.0 | Male | 172.5 | 182.5 | -190.0 | 182.5 | -140.0 | 142.5 | -145.0 | 142.5 | 325.0 | 212.5 | -220.0 | 227.5 | 227.5 | 552.5 | 374.3 | 4 |
| C | M1 | 83 | Brian Lawrence | | 82.5 | Male | 185.0 | 195.0 | 200.0 | 200.0 | 102.5 | 110.0 | -112.5 | 110.0 | 310.0 | 215.0 | 227.5 | 232.5 | 232.5 | 542.5 | 363.4 | 5 |
| C | Open | 83 | Mark Boyle | Toronto Rex | 78.1 | Male | 155.0 | 162.5 | 167.5 | 167.5 | 112.5 | 117.5 | -120.0 | 117.5 | 285.0 | 200.0 | 207.5 | 215.0 | 215.0 | 500.0 | 346.7 | 6 |
| C | Open | 83 | Aaron Valenta | | 82.8 | Male | 165.0 | 170.0 | -172.5 | 170.0 | 102.5 | -107.5 | -107.5 | 102.5 | 272.5 | 210.0 | 220.0 | 227.5 | 227.5 | 500.0 | 334.2 | 7 |
| C | Junior | 83 | Dominick Farrell | | 79.3 | Male | 155.0 | 167.5 | 175.0 | 175.0 | -102.5 | 102.5 | -115.0 | 102.5 | 277.5 | 170.0 | 185.0 | 192.5 | 192.5 | 470.0 | 322.7 | 8 |
| C | M2 | 83 | Stan Goss | London | 82.5 | Male | 140.0 | 155.0 | -160.0 | 155.0 | 92.5 | 97.5 | 100.0 | 100.0 | 255.0 | 182.5 | 200.0 | -212.5 | 200.0 | 455.0 | 304.8 | 9 |
| C | M2 | 83 | David O'Riley | | 80.9 | Male | -140.0 | 155.0 | -167.5 | 155.0 | 120.0 | 127.5 | -132.5 | 127.5 | 282.5 | 150.0 | 170.0 | -182.5 | 170.0 | 452.5 | 306.8 | 10 |
| C | M1 | 83 | Jon Murray | | 80.9 | Male | 100.0 | 110.0 | 120.0 | 120.0 | 60.0 | 70.0 | -80.0 | 70.0 | 190.0 | 155.0 | 170.0 | -177.5 | 170.0 | 360.0 | 244.1 | 11 |
| C | M2 | 83 | John Noguera | | 81.9 | Male | -82.5 | 100.0 | 105.0 | 105.0 | 82.5 | 100.0 | 102.5 | 102.5 | 207.5 | 112.5 | 127.5 | 135.0 | 135.0 | 342.5 | 230.5 | 12 |
| E | M1 | 93 | Andrew Irons | Highland Powerlifting | 86.9 | Male | 152.5 | -160.0 | -160.0 | | -102.5 | -102.5 | -102.5 | | | | | | | 0 | 0 | |
| C | M1 | 93 | Paul Mathews | | 91.5 | Male | -212.5 | -212.5 | -212.5 | | | | | | | | | | | 0 | 0 | |
| E | Open | 93 | Travis Graham | | 91.4 | Male | 215.0 | -222.5 | 227.5 | 227.5 | 145.0 | 152.5 | -155.0 | 152.5 | 380.0 | 240.0 | 250.0 | 260.0 | 260.0 | 640.0 | 405.4 | 1 |
| E | M3 | 93 | Miroslav Koprnicky | | 92.8 | Male | 170.0 | -180.0 | 180.0 | 180.0 | 142.5 | 151.0 | -157.5 | 151.0 | 331.0 | 190.0 | 200.0 | 210.0 | 210.0 | 541.0 | 340.2 | 2 |
| C | Open | 105 | Daniel Schultz | | 100.0 | Male | 215.0 | 227.5 | 235.0 | 235.0 | 135.0 | -142.5 | 142.5 | 142.5 | 377.5 | 215.0 | 235.0 | -245.0 | 235.0 | 612.5 | 372.8 | 1 |
| C | M1 | 105 | Steve Janik | London | 103.2 | Male | 175.0 | 190.0 | 200.0 | 200.0 | 125.0 | 132.5 | -137.5 | 132.5 | 332.5 | 215.0 | 240.0 | 250.0 | 250.0 | 582.5 | 350.2 | 2 |
| C | Open | 105 | Joel Alain | | 100.8 | Male | 110.0 | 120.0 | 135.0 | 135.0 | 95.0 | 105.0 | -110.0 | 105.0 | 240.0 | 155.0 | 170.0 | 185.0 | 185.0 | 425.0 | 257.8 | 3 |
| C | Junior | 105 | Zachary Maguire | | 97.7 | Male | 220.0 | 227.5 | -230.0 | 227.5 | | | | 0.0 | 227.5 | | | | 0.0 | 227.5 | 139.8 | 4 |
| C | Open | 120 | Jason Byrne | Power Pit | 119.9 | Male | 260.0 | 272.5 | 280.0 | 280.0 | 185.0 | 195.0 | 202.5 | 202.5 | 482.5 | 280.0 | 300.0 | -317.5 | 300.0 | 783 | 449.963 | 1 |
| C | Open | 120 | Nick Pape | | 118.5 | Male | 155.0 | 165.0 | 175.0 | 175.0 | 120.0 | 132.5 | -140.0 | 132.5 | 307.5 | 170.0 | 185.0 | 195.0 | 195.0 | 503 | 289.761 | 2 |
| C | Open | 120+ | Michael Zivanovich | Steel City | 133.2 | Male | 235.0 | -245.0 | 252.5 | 252.5 | 187.5 | 195.0 | 205.0 | 205.0 | 457.5 | 227.5 | 237.5 | 245.0 | 245.0 | 703 | 395.658 | 1 |
| C | Open | 120+ | Matthew Elliot | | 134.5 | Male | 185.0 | 200.0 | -217.5 | 200.0 | 102.5 | 120.0 | -132.5 | 120.0 | 320.0 | 227.5 | 250.0 | -272.5 | 250.0 | 570 | 320.517 | 2 |