

## Women

| 18-10-2014             | North Bay Open 2014 |       |       |       |       |        |        |        |      |       |       |         |        |        |        |       |           |             |                   |
|------------------------|---------------------|-------|-------|-------|-------|--------|--------|--------|------|-------|-------|---------|--------|--------|--------|-------|-----------|-------------|-------------------|
| Name                   | Team                | Div   | Bwt   | WtCla | Age   | SQ-1   | SQ-2   | SQ-3   | BP-1 | BP-2  | BP-3  | S Total | DL-1   | DL-2   | DL-3   | Total | Wilks Pts | Team Points | Pl-Div- WtCls-Evt |
| Sue Thomson            |                     | F-O   | 50.1  | 52.0  | M II  | 95.0   | 100.0  | 102.5  | 65.0 | 70.0  | -72.5 | 172.5   | 110.0  | 115.0  | 117.5  | 290.0 | 371.983   |             | 1-F-O-52-PL       |
| Jessyca Lalumiere      | Iron Works          | F-O-U | 51.0  | 52.0  | Jr    | 92.5   | 102.5  | -110.0 | 50.0 | 55.0  | -60.0 | 157.5   | 102.5  | 115.0  | 122.5  | 280.0 | 354.312   | 12          | 1-F-O-U-52-PL     |
| Shelley Sandiford      |                     | F-O-U | 51.9  | 52.0  | M I   | 52.5   | 60.0   | 70.0   | 47.5 | 50.0  | -52.5 | 120.0   | 105.0  | 115.0  | 125.0  | 245.0 | 305.882   |             | 2-F-O-U-52-PL     |
| Jan Shulman            |                     | F-O-U | 50.4  | 52.0  | M III | -35.0  | 40.0   | 45.0   | 32.5 | -40.0 | -40.0 | 77.5    | 55.0   | 60.0   | 65.0   | 142.5 | 181.958   |             | 3-F-O-U-52-PL     |
| Joanna Marriott        |                     | F-O-U | 54.6  | 57.0  | O     | 82.5   | 87.5   | -90.0  | 50.0 | 52.5  | -55.0 | 140.0   | 110.0  | 122.5  | 127.5  | 267.5 | 321.053   |             | 1-F-O-U-57-PL     |
| Tracey Ringuette       |                     | F-O-U | 52.9  | 57.0  | M II  | 50.0   | -55.0  | 57.5   | 42.5 | 45.0  | -50.0 | 102.5   | 72.5   | 77.5   | -87.5  | 180.0 | 221.436   |             | 2-F-O-U-57-PL     |
| Maya Levin             | Carleton Barbell    | F-O-U | 61.8  | 63.0  | O     | -102.5 | 102.5  | 115.0  | 62.5 | -67.5 | 67.5  | 182.5   | -107.5 | 142.5  | 155.0  | 337.5 | 367.808   | 12          | 1-F-O-U-63-PL     |
| Meana Franco           |                     | F-O-U | 62.4  | 63.0  | Jr    | 115.0  | -122.5 | 122.5  | 75.0 | 77.5  |       | 200.0   | 125.0  | -135.0 | -140.0 | 325.0 | 351.585   |             | 2-F-O-U-63-PL     |
| Caitlin Scott          | Golden Triangle     | F-O-U | 62.5  | 63.0  | O     | 85.0   | 95.0   | -100.0 | 50.0 | -55.0 | -55.0 | 145.0   | 120.0  | 140.0  | 145.0  | 290.0 | 313.345   | 8           | 3-F-O-U-63-PL     |
| Vanessa Giguere        |                     | F-O-U | 62.9  | 63.0  | O     | -72.5  | 72.5   | 80.0   | 52.5 | 55.0  | 57.5  | 137.5   | 112.5  | 120.0  | 122.5  | 260.0 | 279.578   |             | 4-F-O-U-63-PL     |
| Kim Power              | Ultimate Fitness    | F-O-U | 59.5  | 63.0  | M II  | 80.0   | 87.5   | 90.0   | 52.5 | 57.5  | -60.0 | 147.5   | 100.0  | 107.5  | -110.0 | 255.0 | 286.135   | 6           | 5-F-O-U-63-PL     |
| Laura Skoblenick       |                     | F-O-U | 62.8  | 63.0  | O     | -70.0  | 82.5   | 85.0   | 50.0 | 55.0  | -57.5 | 140.0   | 85.0   | 100.0  | 102.5  | 242.5 | 261.051   |             | 6-F-O-U-63-PL     |
| Karen Maxwell          | Ultimate Fitness    | F-O-U | 61.4  | 63.0  | M I   | 67.5   | 75.0   | 82.5   | 45.0 | 47.5  | -50.0 | 130.0   | 100.0  | -107.5 | -107.5 | 230.0 | 251.896   | 4           | 7-F-O-U-63-PL     |
| Paula Turcotte         | Ultimate Fitness    | F-O-U | 70.0  | 72.0  | O     | 95.0   | 105.0  | 115.0  | 47.5 | 52.5  | 57.5  | 172.5   | 112.5  | 120.0  | 127.5  | 300.0 | 298.440   | 12          | 1-F-O-U-72-PL     |
| Jenn Dorr              |                     | F-O-U | 73.8  | 84.0  | O     | 125.0  | -137.5 | 137.5  | 57.5 | 62.5  | -65.0 | 200.0   | 152.5  | 162.5  | -172.5 | 362.5 | 348.145   |             | 1-F-O-U-84-PL     |
| Marina Beaulieu-Chabot | Iron Works          | F-O-U | 83.8  | 84.0  | Jr    | 125.0  | 132.5  | -140.0 | 57.5 | 60.0  | -62.5 | 192.5   | 130.0  | 140.0  | 147.5  | 340.0 | 303.552   | 9           | 2-F-O-U-84-PL     |
| Dari Vecchio           |                     | F-O-U | 81.6  | 84.0  | M I   | -92.5  | 92.5   | 112.5  | 52.5 | 57.5  | -62.5 | 170.0   | 102.5  | 120.0  | 125.0  | 295.0 | 267.034   |             | 3-F-O-U-84-PL     |
| Janine Wheeler         |                     | F-O-U | 77.4  | 84.0  | M II  | 75.0   | -85.0  | 90.0   | 52.5 | 57.5  | -62.5 | 147.5   | 95.0   | 110.0  | -115.0 | 257.5 | 240.145   |             | 4-F-O-U-84-PL     |
| Val Gauthier           | Iron Works          | F-O-U | 129.9 | 84+   | O     | 120.0  | 140.0  | -142.5 | 70.0 | -75.0 | 75.0  | 215.0   | 152.5  | 160.0  | 170.0  | 385.0 | 303.534   | 12          | 1-F-O-U-84+-PL    |
| Louisa Vukovic         |                     | F-O-U | 99.7  | 84+   | M I   | -102.5 | 107.5  | 117.5  | 67.5 | 77.5  | 80.0  | 197.5   | 142.5  | 157.5  | -182.5 | 355.0 | 295.821   |             | 2-F-O-U-84+-PL    |
| Miriam Mahfoudhi       | Iron Works          | F-O-U | 84.4  | 84+   | O     | 95.0   | 97.5   | 107.5  | 47.5 | 50.0  | -55.0 | 157.5   | 130.0  | 132.5  | 145.0  | 302.5 | 269.104   | 8           | 3-F-O-U-84+-PL    |
| Karen Wyatt            |                     | F-O-U | 95.4  | 84+   | M II  | -40.0  | -40.0  | -40.0  |      |       |       | 0.0     |        |        |        | 0.0   | 0.000     |             |                   |

## Men

| 18-10-2014        |                       | North Bay Open 2014 |       |       |     |        |        |        |        |        |        |         |       |       |        |       |           |             |                   |
|-------------------|-----------------------|---------------------|-------|-------|-----|--------|--------|--------|--------|--------|--------|---------|-------|-------|--------|-------|-----------|-------------|-------------------|
| Name              | Team                  | Div                 | Bwt   | WtCla | Age | SQ-1   | SQ-2   | SQ-3   | BP-1   | BP-2   | BP-3   | S Total | DL-1  | DL-2  | DL-3   | Total | Wilks Pts | Team Points | PI-Div- WtCls-Evt |
| Darcy Ducharme    |                       | M-O-U               | 56.7  | 59.0  | Sjr | 110.0  | 120.0  | 135.0  | 65.0   | -75.0  | -75.0  | 200.0   | 110.0 | 135.0 | 145.0  | 345.0 | 310.293   |             | 1-M-O-U-59-PL     |
| Luke Homer        | Ultimate Fitness      | M-O-U               | 63.5  | 66.0  | Jr  | 162.5  | 175.0  | 182.5  | 82.5   | 87.5   | -92.5  | 270.0   | 165.0 | 180.0 | 187.5  | 457.5 | 371.078   | 12          | 1-M-O-U-66-PL     |
| Matt McGillvray   | Canadore Panthers     | M-O-U               | 65.5  | 66.0  | Jr  | 140.0  | 150.0  | 160.0  | 80.0   | 90.0   | -100.0 | 250.0   | 180.0 | 190.0 | 192.5  | 442.5 | 349.619   | 9           | 2-M-O-U-66-PL     |
| Blaine Leblond    |                       | M-O-U               | 72.2  | 74.0  | Jr  | 205.0  | -212.5 | 212.5  | -140.0 | 140.0  | -142.5 | 352.5   | 195.0 | 205.0 | 217.5  | 570.0 | 417.354   |             | 1-M-O-U-74-PL     |
| Josh Reyes        | Carleton Barbell      | M-O-U               | 71.4  | 74.0  | Jr  | 180.0  | -187.5 | 187.5  | 100.0  | -107.5 | 107.5  | 295.0   | 190.0 | 202.5 | -212.5 | 497.5 | 367.304   | 9           | 2-M-O-U-74-PL     |
| Andre St.Amour    | Iron Works            | M-O-U               | 70.0  | 74.0  | O   | 142.5  | 152.5  | 162.5  | 112.5  | 120.0  | -122.5 | 282.5   | 160.0 | 167.5 | 172.5  | 455.0 | 340.977   | 8           | 3-M-O-U-74-PL     |
| Will Kosiancic    |                       | M-O-U               | 73.8  | 74.0  | Jr  | -165.0 | -170.0 | -170.0 |        |        |        | 0.0     |       |       |        | 0.0   | 0.000     |             |                   |
| Curtis Hebert     | Canadore Panthers     | M-O-U               | 77.3  | 83.0  | Sjr | 160.0  | 175.0  | 185.0  | 107.5  | 115.0  | -117.5 | 300.0   | 212.5 | 232.5 | -235.0 | 532.5 | 371.738   | 12          | 1-M-O-U-83-PL     |
| Tyler Dorazio     |                       | M-O-U               | 80.0  | 83.0  | Jr  | 150.0  | 167.5  | 172.5  | 100.0  | -112.5 | -112.5 | 272.5   | 212.5 | 235.0 | 240.0  | 512.5 | 349.884   |             | 2-M-O-U-83-PL     |
| Scott Shulman     |                       | M-O-U               | 82.5  | 83.0  | M I | 150.0  | 157.5  | -170.0 | 102.5  | 107.5  | -112.5 | 265.0   | 200.0 | 207.5 | 220.0  | 485.0 | 324.902   |             | 3-M-O-U-83-PL     |
| Kevin Ferris      |                       | M-O-U               | 82.9  | 83.0  | M I | 130.0  | 140.0  | 152.5  | 105.0  | 112.5  | 120.0  | 272.5   | 165.0 | 180.0 | -190.0 | 452.5 | 302.270   |             | 4-M-O-U-83-PL     |
| JD Hughes         |                       | M-O-U               | 91.5  | 93.0  | O   | -195.0 | 195.0  | -200.0 | 152.5  | -155.0 | -155.0 | 347.5   | 232.5 | 235.0 |        | 582.5 | 368.781   |             | 1-M-O-U-93-PL     |
| Kyle Montgomery   | Canadore Panthers     | M-O-U               | 91.9  | 93.0  | Jr  | 170.0  | 182.5  | -187.5 | 100.0  | 107.5  | 110.0  | 292.5   | 220.0 | 235.0 | -242.5 | 527.5 | 333.274   | 9           | 2-M-O-U-93-PL     |
| Jordan Tallis     | Canadore Panthers     | M-O-U               | 89.6  | 93.0  | Jr  | 170.0  | 182.5  | -185.0 | 120.0  | 125.0  | -130.0 | 307.5   | 195.0 | 205.0 | 212.5  | 520.0 | 332.696   | 8           | 3-M-O-U-93-PL     |
| Jordan Franks     | Canadore Panthers     | M-O-U               | 86.9  | 93.0  | Jr  | 180.0  | 187.5  | 192.5  | 100.0  | -107.5 | -107.5 | 292.5   | 200.0 | 210.0 | -227.5 | 502.5 | 326.776   |             | 4-M-O-U-93-PL     |
| Michael Bernstein |                       | M-O-U               | 91.9  | 93.0  | O   | 140.0  | 150.0  | 160.0  | 100.0  | 110.0  | -120.0 | 270.0   | 182.5 | 192.5 | 200.0  | 470.0 | 296.946   |             | 5-M-O-U-93-PL     |
| Jon Murray        | Highland Powerlifting | M-O-U               | 92.8  | 93.0  | M I | 130.0  | 140.0  | -152.5 | 85.0   | 92.5   | 95.0   | 235.0   | 185.0 | 195.0 | 205.0  | 440.0 | 276.672   | 5           | 6-M-O-U-93-PL     |
| Mark Webster      |                       | M-O-U               | 89.7  | 93.0  | O   | -237.5 | 255.0  | -265.0 | -147.5 | 147.5  | -157.5 | 402.5   |       |       |        | 0.0   | 0.000     |             |                   |
| Mohamed El Sherif | Carleton Barbell      | M-O-U               | 102.9 | 105.0 | O   | 197.5  | 210.0  | 220.0  | 155.0  | 162.5  | 170.0  | 390.0   | 260.0 | 272.5 |        | 662.5 | 398.759   | 12          | 1-M-O-U-105-PL    |
| Jackson Spencer   | Carleton Barbell      | M-O-U               | 102.5 | 105.0 | Jr  | 230.0  | 240.0  | 250.0  | 140.0  | -147.5 | -147.5 | 390.0   | 230.0 | 247.5 | -255.0 | 637.5 | 384.285   | 9           | 2-M-O-U-105-PL    |
| Kerry Dennison    | Carleton Barbell      | M-O-U               | 97.2  | 105.0 | Jr  | 180.0  | -197.5 | 197.5  | 145.0  | 155.0  | 157.5  | 355.0   | 270.0 | 280.0 | -290.0 | 635.0 | 391.033   |             | 3-M-O-U-105-PL    |
| Dan Laporte       |                       | M-O-U               | 98.4  | 105.0 | O   | 192.5  | 202.5  | 215.0  | 125.0  | 132.5  | 137.5  | 352.5   | 237.5 | 247.5 | 260.0  | 612.5 | 375.218   |             | 4-M-O-U-105-PL    |
| Erik Willis       | Carleton Barbell      | M-O-U               | 112.9 | 120.0 | O   | 275.0  | 290.0  | 300.0  | 180.0  | -192.5 | -192.5 | 480.0   | 275.0 |       |        | 755.0 | 440.920   | 12          | 1-M-O-U-120-PL    |
| Tyler Wareham     | Canadore Panthers     | M-O-U               | 106.9 | 120.0 | O   | 245.0  | -262.5 | -262.5 | 152.5  | 162.5  | 170.0  | 415.0   | 255.0 | 275.0 | -287.5 | 690.0 | 409.791   | 9           | 2-M-O-U-120-PL    |
| Anthony Singeris  | Carleton Barbell      | M-O-U               | 116.1 | 120.0 | Jr  | -180.0 | 180.0  |        | 100.0  | 107.5  | -117.5 | 287.5   | 205.0 | 212.5 | 225.0  | 512.5 | 297.045   |             | 3-M-O-U-120-PL    |
| Nick Doleman      | Iron Works            | M-O-U               | 107.3 | 120.0 | M I | 160.0  | 172.5  | 185.0  | 92.5   | 100.0  | 105.0  | 290.0   | 170.0 | 185.0 | -197.5 | 475.0 | 281.770   |             | 4-M-O-U-120-PL    |
| Adam Middleton    |                       | M-O-U               | 120.8 | 120+  | O   | 150.0  | 167.5  | 172.5  | 127.5  | 137.5  | 145.0  | 317.5   | 182.5 | 195.0 | 205.0  | 522.5 | 299.915   |             | 1-M-O-U-120+-PL   |