

3/25/2011		Hamilton High School Contest 2011																				
Powerlifting Results Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) PL Total	Wilks Pts	PI-Div-WtCls-Evt	Team Pts
Stephanie Reischl	Cay	F-O	51.2	52	3	60	67.5	-72.5	67.5	37.5	42.5	-45	42.5	110	65	72.5	-77.5	72.5	182.5	230.242	1-F52	12
Sarah Kosacky	West	F-O	52	52	2	37.5	42.5	-50	42.5	30	-35	-35	30	72.5	55	70	-80	70	142.5	177.641	2-F52	9
Adisa Deliovsky	West	F-O	56.8	57	6	42.5	47.5	60	60	37.5	40	-45	40	100	75	85	92.5	92.5	192.5	223.993	1-F57	12
Cassidy Ross	West	F-O	63	63	10	40	45	52.5	52.5	37.5	42.5	-42.5	42.5	95	62.5	70	80	80	175	187.950	1-F63	12
Delaney Barker	West	F-O	63	63	9	42.5	45	50	50	-37.5	37.5	-40	37.5	87.5	67.5	75	82.5	82.5	170	182.580	2-F63	9
Yen Dang	MacD	F-O	57.6	63	5	35	45	47.5	47.5	27.5	-35	-35	27.5	75	-65	65	75	75	150	172.635	3-F63	8
Shelby Ricker	Dunn	F-O	58.4	63	4	37.5	40	45	45	-25	25	-30	25	70	42.5	60	-65	60	130	148.018	4-F63	7
Careena Browne	West	F-O	71.8	72	17	52.5	60	70	70	42.5	50	-55	50	120	112.5	125	140	140	260	254.254	1-F72	12
Mary Ellen Campbell	Cay	F-O	64.4	72	7	52.5	62.5	70	70	35	40	-47.5	40	110	67.5	90	97.5	97.5	207.5	219.203	2-F72	9
Sarah Rashid	West	F-O	71.4	72	18	57.5	62.5	67.5	67.5	32.5	37.5	-47.5	37.5	105	85	97.5	-110	97.5	202.5	198.754	3-F72	8
Heather Shurr	Cay	F-O	66.4	72	8	-25	25	30	30	25	-35	-35	25	55	60	72.5	90	90	145	149.756	4-F72	7
Carissa Browne	West	F-O	77.6	84	12	45	52.5	-67.5	52.5	45	52.5	-57.5	52.5	105	112.5	125	137.5	137.5	242.5	225.792	1-F84	12
Kiera Minor	Dunn	F-O	75.2	84	15	47.5	52.5	60	60	37.5	42.5	-50	42.5	102.5	85	95	110	110	212.5	201.684	3-F84	8
Calli Minor	Dunn	F-O	72.8	84	16	47.5	52.5	60	60	37.5	42.5	-50	42.5	102.5	85	95	110	110	212.5	205.891	2-F84	9
Jessica Edie	Dunn	F-O	78.8	84	11	45	50	55	55	32.5	37.5	-42.5	37.5	92.5	62.5	72.5	75	75	167.5	154.586	4-F84	7
Olivia Cook	West	F-O	82.4	84	13	-52.5	-57.5	-57.5	0				0	0				0	0	0.000		
Courtney McIntee	Dunn	F-O	73	84	14	-45	-45	-45	0				0	0				0	0	0.000		
Michael Din	MacD	M-O	58.3	59	20	110	122.5	-135	122.5	72.5	82.5	-92.5	82.5	205	102.5	120	137.5	137.5	342.5	299.996	1-M59	12
John Finn	Cay	M-O	55.5	59	19	-60	62.5	72.5	72.5	-50	-60	-60	0	0				0	0	0.000		
William Forbes	West	M-O	65.6	66	23	-90	90	100	100	82.5	90	-92.5	90	190	102.5	112.5	120	120	310	244.621	1-M66	12
Lucas Ottaway	Cay	M-O	65.6	66	29	65	77.5	85	85	72.5	85	87.5	87.5	172.5	112.5	127.5	137.5	137.5	310	244.621	2-M66	9
Zachery Miller	Cay	M-O	59.3	66	21	57.5	65	72.5	72.5	-50	57.5	-60	57.5	130	90	105	115	115	245	211.215	3-M66	8
Trevor Green	Cay	M-O	65.9	66	22	52.5	60	67.5	67.5	47.5	57.5	-62.5	57.5	125	70	90	102.5	102.5	227.5	178.860	4-M66	7
Patrick Beldam	West	M-O	65.9	66	26	-92.5	-92.5	92.5	92.5	55	-65	65	65	157.5	-145	-145	-145	0	0	0.000		
Tyler Walker	West	M-O	73.9	74	37	-127.5	127.5	135	135	95	102.5	107.5	107.5	242.5	140	152.5	175	175	417.5	300.600	1-M74	12
Donavan Saunders	Del	M-O	67.2	74	31	115	120	132.5	132.5	77.5	85	90	90	222.5	142.5	152.5	160	160	382.5	295.979	2-M74	9
Eric Kingori	West	M-O	67.5	74	36	85	97.5	107.5	107.5	85	90	-95	90	197.5	147.5	160	177.5	177.5	375	289.125	3-M74	8
Danny McGrath	MacD	M-O	72.3	74	35	107.5	120	-132.5	120	82.5	90	-92.5	90	210	122.5	145	160	160	370	270.655	4-M74	7
Carter Whyte	Cay	M-O	72.7	74	27	95	107.5	-115	107.5	82.5	90	-92.5	90	197.5	117.5	130	140	140	337.5	245.869	5-M74	6
Haidar Abbas	MacD	M-O	71.3	74	34	87.5	102.5	107.5	107.5	67.5	75	-82.5	75	182.5	120	132.5	-145	132.5	315	232.785	6-M74	5
John Oakes	Cay	M-O	73.8	74	28	75	-85	85	85	-72.5	75	-80	75	160	120	130	140	140	300	216.210	7-M74	4
Will Alley	West	M-O	68.2	74	24	95	97.5	100	100	-75	-75	-75	0	0				0	0	0.000		
Tanner Kennedy	West	M-O	67.7	74	25	102.5	107.5	112.5	112.5	-85	-85	-85	0	0				0	0	0.000		
Mathew Ladniak	Del	M-O	66.4	74	30	-100	-100	-100	0				0	0				0	0	0.000		
Kobi Andrews-Chinton	H P	M-O	71.5	74	44	75	85	-97.5	85	62.5	-72.5	-72.5	62.5	147.5				0	0	0.000		
Paul Hensman	Cay	M-O	82	83	52	102.5	115	127.5	127.5	102.5	120	-127.5	120	247.5	102.5	150	175	175	422.5	284.089	1-M83	12
Mac Sutton	West	M-O	79.9	83	46	-112.5	-112.5	112.5	112.5	102.5	115	125	125	237.5	135	145	160	160	397.5	271.572	2-M83	9
Cody Riley	Cay	M-O	81.1	83	48	77.5	95	107.5	107.5	90	100	-110	100	207.5	122.5	145	182.5	182.5	390	263.991	3-M83	8
Spencer West	West	M-O	88.1	93	50	167.5	-172.5	172.5	172.5	115	120	122.5	122.5	295	192.5	200	205	205	500	322.750	1-M93	12
Jeff Francis	West	M-O	89.7	93	51	135	147.5	165	165	102.5	115	125	125	290	140	162.5	182.5	182.5	472.5	302.164	2-M93	9
Pablo Vallve	West	M-O	84.5	93	47	127.5	-135	142.5	142.5	92.5	97.5	-100	97.5	240	-130	142.5	160	160	400	264.240	3-M93	8
Jesse Lahaise	Dunn	M-O	85.5	93	45	97.5	110	122.5	122.5	97.5	102.5	-107.5	102.5	225	142.5	155	172.5	172.5	397.5	260.839	4-M93	7
Jake Malavolta	West	M-O	97.5	105	40	150	167.5	180	180	102.5	115	-125	115	295	170	187.5	-200	187.5	482.5	296.738	1-M105	12
Khleed Najak	West	M-O	95	105	39	100	110	-125	110	-77.5	77.5	82.5	82.5	192.5	132.5	150	-165	150	342.5	213.035	2-M105	9

Inzaman Haniff	HP	M-O	95	105	49	-92.5	102.5	-115	102.5	70	77.5	-85	77.5	180	115	137.5	142.5	142.5	322.5	200.595	3-M105	8
Peter Rajacic	West	M-O	108.9	120	41	-112.5	-112.5	112.5	112.5	82.5	95	-105	95	207.5	160	182.5	-200	182.5	390	230.217	1-M120	12
Michael Sandy	Cay	M-O	141.3	120+	42	142.5	-157.5	-172.5	142.5	85	97.5	107.5	107.5	250	170	185	187.5	187.5	437.5	244.125	1-M120+	12