

2013 Niagara Open August 17th 2013 St. Catharines

Classic Equipped	AgeClass	Wt. Class	Name	Club	Bwt.	M/F	1stSq	2ndSq	3rdSq	Squat	1stBen	2ndBen	3rdBen	Bench	Sub Total	1stD/L	2ndD/L	3rdD/L	D/L	Total	Wilks	Place
C	Open	52	Joanna Rieber	Dundas Valley Power	50.1	Female	70.0	75.0	-82.5	75.0	70.0	-75.0	-75.0	70.0	145.0	110.0	-120.0		110.0	255.0	327.1	1
C	Junior	52	Olivia Chubey		51.2	Female	85.0	-92.5	-92.5	85.0	42.5	47.5	-52.5	47.5	132.5	100.0	110.0	120.0	120.0	252.5	318.6	2
C	Junior	52	Mae Lehmann		52.0	Female	60.0	65.0	70.0	70.0	30.0	35.0	-37.5	35.0	105.0	105.0	115.0	120.0	120.0	225.0	280.5	3
C	M1	63	Frances Manias	Dundas Valley Power	62.1	Female	112.5	117.5	-122.5	117.5	70.0	-75.0	-75.0	70.0	187.5	140.0	150.0	-160.0	150.0	337.5	366.4	1
C	M1	63	Gisele White	Highland Powerlifting	61.1	Female	77.5	87.5	95.0	95.0	42.5	52.5	55.0	55.0	150.0	122.5	-132.5	142.5	142.5	292.5	321.6	2
C	Open	63	Joanne Alfante	StrenghtWod	63.0	Female	45.0	-102.5	102.5	102.5	45.0	47.5	52.5	52.5	155.0	120.0	-130.0	-130.0	120.0	275.0	295.3	3
E	M1	63	Maria Commisso		57.6	Female	95.0	102.5	-107.5	102.5	47.5	-52.5	-52.5	47.5	150.0	110.0	117.5	-125.0	117.5	267.5	307.9	4
E	Open	72	Mary Ann Kaczor		66.4	Female	162.5	172.5	-182.5	172.5	102.5	107.5	112.5	112.5	285.0	162.5	172.5	180.0	180.0	465.0	480.3	1
C	Junior	72	Sarah Clark		71.1	Female	120.0	127.5	-137.5	127.5	47.5	-52.5	52.5	52.5	180.0	125.0	135.0	145.0	145.0	325.0	319.9	2
C	Junior	72	Nancy Zhang		71.9	Female	-95.0	95.0	105.0	105.0	65.0	70.0	-75.0	70.0	175.0	100.0	125.0	135.0	135.0	310.0	302.9	3
C	Open	72	Jacquie Fleet		71.3	Female	75.0	-85.0	87.5	87.5	35.0	45.0	-47.5	45.0	132.5	95.0	107.5	115.0	115.0	247.5	243.2	4
C	M2	84	Linda McFeeters	Dundas Valley Power	80.1	Female	70.0	-75.0	75.0	75.0	57.5	-60.0	-60.0	57.5	132.5	120.0	132.5		132.5	265.0	242.3	1
C	Open	84	Kendra Fleck	Dundas Valley Power	77.0	Female	-82.5	82.5	90.0	90.0	42.5	45.0	-47.5	45.0	135.0	85.0	95.0	102.5	102.5	237.5	222.2	2
C	Junior	74	Lucas Franchuk	Iron Athletics	73.5	Male	155.0	160.0	-165.0	160.0	105.0	112.5	-115.0	112.5	272.5	180.0	192.5	200.0	200.0	472.5	341.5	1
C	M2	83	Steve Holden	London Powerlifting	82.4	Male	-192.5	-192.5	-192.5											0	0	
C	M1	83	Brian Lawerance		82.4	Male	192.5	202.5	207.5	207.5	107.5	112.5	115.0	115.0	322.5	225.0	240.0	-242.5	240.0	562.5	377.1	1
C	M1	83	Mike Lamble		81.1	Male	110.0	122.5	132.5	132.5	-107.5	110.0	120.0	120.0	252.5	182.5	200.0	220.0	220.0	472.5	319.8	2
E	M2	83	Peter Ring		80.5	Male	140.0	-150.0	150.0	150.0	125.0	-132.5	-132.5	125.0	275.0	170.0	-180.0	-180.0	170.0	445.0	302.6	3
C	M2	83	John Noguera		82.2	Male	125.0	135.0	-137.5	135.0	105.0	107.5	-110.5	107.5	242.5	145.0	-150.0	-150.0	145.0	387.5	260.2	4
C	Junior	83	Matt Goldsmith	Steel City	81.5	Male	125.0	132.5	137.5	137.5	80.0	87.5	92.5	92.5	230.0	127.5	137.5	142.5	142.5	372.5	251.4	5
C	Open	93	Daniel Laporte		90.1	Male	195.0	205.0	-210.0	205.0	-120.0	127.5	130.0	130.0	335.0	-245.0	-245.0	-245.0		0	0	
C	Junior	93	Jesse Foster		92.4	Male	225.0	-247.5	-247.5	225.0	-135.0	-135.0	135.0	135.0	360.0	265.0	287.5	307.5	307.5	667.5	420.6	1
E	Open	93	Travis Graham		91.6	Male	215.0	225.0	-235.0	225.0	147.5	155.0	162.5	162.5	387.5	245.0	257.5	270.0	270.0	657.5	416.1	2
C	Open	93	Shane Katsios		91.6	Male	157.5	-182.5	182.5	182.5	137.5	-170.0	-170.0	137.5	320.0	-182.5	182.5	227.5	227.5	547.5	346.5	3
C	Open	93	Aaron Valenta		89.7	Male	175.0	-182.5		175.0	-117.5	-125.0	125.0	125.0	300.0	227.5	237.5	-242.5	237.5	537.5	343.7	4
C	Junior	93	Kenneth Stitthikorn		91.7	Male	180.0	185.0	-190.0	185.0	95.0	100.0	-107.5	100.0	285.0	210.0	215.0	220.0	220.0	505.0	319.4	5
C	Junior	93	Nick Pace		90.1	Male	142.5	152.5	165.0	165.0	105.0	117.5	-132.5	117.5	282.5	170.0	185.0	200.0	200.0	482.5	307.9	6
C	Open	93	Travis Derouin		88.2	Male	152.5	165.0	-180.0	165.0	97.5	107.5	-115.0	107.5	272.5	152.5	165.0	182.5	182.5	455.0	293.5	7
C	M1	105	Andy Childs		102.5	Male	190.0	210.0	227.5	227.5	150.0	160.0	165.0	165.0	392.5	250.0	270.0	-280.0	270.0	662.5	399.4	1
C	Open	105	Jeff Dawson		98.6	Male	197.5	202.5	210.0	210.0	150.0	-160.0	-160.0	150.0	360.0	242.5	247.5	-255.0	247.5	607.5	371.8	2
C	M2	105	Jim Godden	Iron Works	104.0	Male	127.5	-165.0	-165.0	127.5	115.0	120.0	137.5	137.5	265.0	-145.0	145.0	175.0	175.0	440.0	263.8	3
C	M2	120	Tony Bunce		118.5	Male	147.5	157.5	160.0	160.0	112.5	115.0	117.5	117.5	277.5	187.5	197.5	207.5	207.5	485.0	279.7	1