

3/3/2012	Waterloo Region High School																				
Powerlifting Results Name	Team	Div	Bwt (kg)	WtCls (kg)	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	Total	Wilks Pts	PI-Div- WtCls-Evt	Team Point
Anna Keats	Glenview Park	F-O-U	51.5	52	50.0	-55.0	55.0	55.0	27.5	32.5	35.0	35.0	90.0	62.5	70.0	85.5	85.5	175.5	220.428	1-F-O-U-52-PL	12
Jessica Bastos	St Marys	F-O-U	56.9	57	62.5	65.0	-70.0	65.0	27.5	30.0	32.5	32.5	97.5	82.5	85.0	92.5	92.5	190.0	220.780	1-F-O-U-57-PL	12
Kayla Welch	St Davids	F-O-U	68.0	72	70.0	77.5	87.5	87.5	45.0	50.0	52.5	52.5	140.0	107.5	117.5	127.5	127.5	267.5	271.593	1-F-O-U-72-PL	12
Laura Franco	St Marys	F-O-U	67.1	72	55.0	65.0	-75.0	65.0	42.5	47.5	-50.0	47.5	112.5	100.0	107.5	112.5	112.5	225.0	230.625	2-F-O-U-72-PL	9
Jill Van Damme	BlueVale	F-O-U	85.8	84+	95.0	100.0	105.0	105.0	50.0	60.0	-67.5	60.0	165.0	95.0	110.0	127.5	127.5	292.5	258.161	1-F-O-U-84+-PL	12
Jena Devine	Resurrection	F-O-U	94.4	84+	70.0	80.0	97.5	97.5	42.5	52.5	-62.5	52.5	150.0	115.0	130.0	137.5	137.5	287.5	243.886	2-F-O-U-84+-PL	9
Jasmine Keats	Glenview Park	F-O-U	102.2	84+	85.0	92.5	97.5	97.5	50.0	55.0	57.5	57.5	155.0	92.5	100.0	105.0	105.0	260.0	215.150	3-F-O-U-84+-PL	8
Al Chen	BlueVale	M-O-U	52.5	53	72.5	87.5	95.0	95.0	75.0	85.0	-90.0	85.0	180.0	85.0	102.5	113.0	113.0	293.0	284.649	1-M-O-U-53-PL	12
Nicholas Lewis	Resurrection	M-O-U	49.2	53	42.5	47.5	-52.5	47.5	47.5	-50.0	50.0	50.0	97.5	100.0	105.0	110.0	110.0	207.5	216.070	2-M-O-U-53-PL	9
Saim Tariq	Glenview Park	M-O-U	58.2	59	75.0	-82.5	-82.5	75.0	72.5	77.5	-80.0	77.5	152.5	122.5	127.5	-135.0	127.5	280.0	245.644	1-M-O-U-59-PL	12
Noah Elliott	Waterloo Oxford	M-O-U	57.4	59	60.0	-80.0	82.5	82.5	-72.5	77.5	-82.5	77.5	160.0	-115.0	115.0	-120.0	115.0	275.0	244.447	2-M-O-U-59-PL	9
Samuel Adams	St Davids	M-O-U	56.4	59	-82.5	85.0	-92.5	85.0	60.0	65.0	-72.5	65.0	150.0	97.5	112.5	120.0	120.0	270.0	244.107	3-M-O-U-59-PL	8
Ben Meyer	Waterloo Oxford	M-O-U	64.2	66	132.5	-145.0	-145.0	132.5	-92.5	97.5	-110.0	97.5	230.0	150.0	165.0	175.0	175.0	405.0	325.417	1-M-O-U-66-PL	12
Patrick Hodgson	BlueVale	M-O-U	63.3	66	-80.0	80.0	100.0	100.0	80.0	90.0	-95.0	90.0	190.0	92.5	115.0	140.0	140.0	330.0	268.389	2-M-O-U-66-PL	9
Adam Weiler	St Davids	M-O-U	59.3	66	82.5	100.0	110.0	110.0	65.0	72.5	-77.5	72.5	182.5	120.0	-140.0	140.0	140.0	322.5	278.027	3-M-O-U-66-PL	8
Ian Alishaw	Waterloo Oxford	M-O-U	64.4	66	-85.0	-85.0	-85.0	0.0				0.0	0.0				0.0	0.0	0.000		
Michael Tang	BlueVale	M-O-U	72.0	74	140.0	145.0	152.5	152.5	85.0	90.0	-95.0	90.0	242.5	167.5	175.0	185.0	185.0	427.5	313.657	1-M-O-U-74-PL	12
Jimmy Lekkas	St Marys	M-O-U	73.1	74	115.0	122.5	-132.5	122.5	87.5	92.5	-95.0	92.5	215.0	165.0	177.5	187.5	187.5	402.5	292.054	2-M-O-U-74-PL	9
Matt Saechao	Waterloo Collegiate	M-O-U	67.1	74	107.5	117.5	130.0	130.0	75.0	85.0	90.0	90.0	220.0	142.5	150.0	160.0	160.0	380.0	294.386	3-M-O-U-74-PL	8
Jordan Fleet	St Marys	M-O-U	73.3	74	90.0	-107.5	107.5	107.5	95.0	100.0	-102.5	100.0	207.5	145.0	155.0	167.5	167.5	375.0	271.575	4-M-O-U-74-PL	7
Scott Davison	Waterloo Oxford	M-O-U	71.5	74	112.5	-135.0	-140.0	112.5	80.0	85.0	-87.5	85.0	197.5	135.0	147.5	160.0	160.0	357.5	263.656	5-M-O-U-74-PL	6
Robert Dungey	Huron Heights	M-O-U	71.9	74	110.0	125.0	-135.0	125.0	-65.0	70.0	-72.5	70.0	195.0	142.5	155.0	-170.0	155.0	350.0	257.075	6-M-O-U-74-PL	5
Bobby Howatt	Southwood	M-O-U	69.0	74	-105.0	105.0	110.0	110.0	75.0	-77.5	-77.5	75.0	185.0	125.0	127.5	130.0	130.0	315.0	238.707	7-M-O-U-74-PL	4
Zameer Arfeen	St Marys	M-O-U	67.2	74	60.0	67.5	75.0	75.0	50.0	52.5	-57.5	52.5	127.5	102.5	112.5	122.5	122.5	250.0	193.450	8-M-O-U-74-PL	3
Matt Mason	Waterloo Oxford	M-O-U	77.5	83	145.0	150.0	-162.5	150.0	102.5	-105.0	105.0	105.0	255.0	185.0	190.0	-195.0	190.0	445.0	310.121	1-M-O-U-83-PL	12
Tim Sattler	Waterloo Oxford	M-O-U	77.6	83	142.5	-150.0	-152.5	142.5	115.0	-117.5	-117.5	115.0	257.5	160.0	-185.0	-185.0	160.0	417.5	290.705	2-M-O-U-83-PL	9
Greg Vanigasooriyar	Sir John A MacDonald	M-O-U	78.9	83	120.0			120.0	85.0	95.0	102.5	102.5	222.5	125.0			125.0	347.5	239.358	3-M-O-U-83-PL	8
Keeley Hewton	BlueVale	M-O-U	87.8	93	117.5	-140.0	140.0	140.0	97.5	107.5	112.5	112.5	252.5	162.5	172.5	-177.5	172.5	425.0	274.848	1-M-O-U-93-PL	12
Bobby Viau	Monsingor Doyle	M-O-U	83.2	93	-115.0	115.0	-125.0	115.0	70.0	82.5	-92.5	82.5	197.5	130.0	140.0	160.0	160.0	357.5	238.309	2-M-O-U-93-PL	9
Jacob Fillakes	St Marys	M-O-U	83.3	93	-92.5	-92.5	-92.5	0.0				0.0	0.0				0.0	0.0	0.000		
Jake Francis	BlueVale	M-O-U	94.9	105	102.5	-120.0	-130.0	102.5	110.0	-115.0	-120.0	110.0	212.5	155.0	-160.0	-165.0	155.0	367.5	228.695	1-M-O-U-105-PL	12
Mike Rotermann	St Davids	M-O-U	95.1	105	90.0	107.5	115.0	115.0	67.5	72.5	-80.0	72.5	187.5	122.5	135.0	-142.5	135.0	322.5	200.498	2-M-O-U-105-PL	9
Andrew McWhinnie	Sir John A MacDonald	M-O-U	107.2	120	145.0	160.0	175.0	175.0	-102.5	120.0	-132.5	120.0	295.0	185.0	227.5	237.5	237.5	532.5	315.932	1-M-O-U-120-PL	12
Clayton Best	Waterloo Oxford	M-O-U	107.6	120	-65.0	-100.0	100.0	100.0	77.5	85.0	92.5	92.5	192.5	140.0	172.5	-175.0	172.5	365.0	216.299	2-M-O-U-120-PL	9